

 中国轻工业出版社

CHINA  
LIGHT INDUSTRY  
PRESS



图书目录

2018

CATALOGUE

科学  
SCIENTIFIC

有益  
USEFUL

实用  
PRACTICAL

时尚  
FASHIONABLE



为了生活更美好

为了行业科技与教育发展服务

国家一级出版社

全国百佳图书出版单位

北京市新闻出版（版权创意成果奖）

十佳版权单位

全国首批数字出版转型示范单位

## 2018年中国轻工业出版社简介

中国轻工业出版社（以下简称“轻工出版社”）成立于1954年10月。建社64年来，轻工出版社坚持正确的出版方向，坚持社会效益第一、社会价值优先的原则，坚持“立足轻工，专注生活”的总定位，秉承“为行业科技与教育发展服务”、“为了生活更美好”的办社宗旨，出版了一大批深受我国轻工行业企业科研、教学和从业人员以及广大人民群众欢迎的各种形态的出版物。据不完全统计：我社累计出版图书、期刊、音像制品电子出版物、数字出版产品近3万种，荣获国家级、省部级等各级各类奖项近400项。

轻工出版社在首次全国经营性图书出版单位等级评估中，被评为科技类一级，全国百佳图书出版单位。

轻工出版社先后培育了食品、轻化工、艺术设计、美食、大众健康、孕产育儿、旅游、休闲生活、“万千教育”和“万千心理”等图书品牌。《中国茶叶大辞典》获第五届国家图书奖提名奖、第四届国家辞书奖一等奖，《区域经济学原理》获精神文明建设“五个一工程”第八届“入选作品奖”，《非典型肺炎不可怕》获第六届国家图书奖特别奖，《中国湘菜大典》入选第二届“三个一百”原创图书出版工程，《汉麻籽综合利用加工技术》入选第三届“三个一百”原创图书出版工程，《中国清真饮食文化》获第二届中国出版政府奖图书奖并入选首届面向全国推荐百种优秀民族图书，《酶工程手册》获第四届中华优秀出版物奖图书提名奖，《中国饮食文化史（十卷本）》获第五届中华优秀出版物图书提名奖、第四届中国出版政府奖图书提名奖。《近代汉族民间服饰全集》、《中国清真饮食文化》列入“经典中国国际出版工程”资助项目。

期刊出版是轻工出版社的一大特色。轻工业出版社主办的期刊群由瑞丽系列期刊《瑞丽》《瑞丽伊人风尚》《瑞丽家居设计》《男人风尚》《国企管理》《宠物世界》《创新世界周刊》组成。

自1995年9月《瑞丽》创立以来，瑞丽系列期刊从无到有，从单本杂志的出版发行发展成为“四刊一网”、传统媒体和新媒体融合发展的大型出版机构和传播平台。在“媒体整合，品牌延伸”的战略指导



下，“瑞丽”已成为以时尚期刊出版，同时开展全媒体出版、整合营销、品牌经营、教育培训、市场活动、模特经纪等综合业务，成为国内一流时尚期刊出版传媒企业。北京《瑞丽》杂志社、《瑞丽》系列期刊荣获各级各类奖项300余项。北京《瑞丽》杂志社荣获第二届、第四届中国出版政府奖先进出版单位奖，《瑞丽》荣获第二届中国出版政府奖期刊奖提名奖，瑞丽电子杂志《瑞丽·裳》《瑞丽·妆》《瑞丽·家》荣获第三届中国出版政府奖音像电子网络出版物提名奖，《瑞丽》系列期刊多次入选国家新闻出版广电总局“百强报刊”。“瑞丽”作为中国时尚民族品牌，具有较高的品牌价值和市场影响力。

作为国家第一批享有网络出版权的50家出版社之一，轻工出版社数字出版、新媒体业务继续快速增长，转型升级步伐加快。产品涉及电子书、电子杂志、手机阅读、iPAD游戏终端、手机动漫和科技数据库开发。轻工出版社入选首批数字出版转型示范单位，轻工出版社官网、瑞丽网连续多年荣膺全国新闻出版业网站百强。

坚持“走出去”战略是轻工出版社发展战略之一。轻工出版社是国内改革开放后，最早一批开展版权贸易、对外合作出版的出版单位。30多年来，我社先后与香港特别行政区、台湾地区以及日本、法国、英国、德国、美国、韩国等国家的出版机构建立了长期的合作关系。在版权引进的同时，注重“走出去”战略的实施。近年来，轻工出版社图书输出品种、版权输出收入逐年增长。轻工出版社被评为北京市新闻出版（版权）创意成果奖—十佳版权单位。轻工出版社连续多年被评为中央国家机关文明单位标兵，首都文明单位。

展望未来，轻工出版社将继续坚持“社会效益第一”的原则，坚持总定位、出版宗旨和出版理念，坚持“五大发展理念”，实现全面协调可持续发展，在新时代为创造美好生活做出新贡献。

## About Us

China Light Industry Press (hereinafter referred to as CHLIP) was established on October 1954. In the past 63 years, we have insisted on serving the development of education and light industry, and promoted healthy lifestyles and high quality life. We have provided a great number of distinctive books, periodicals, audio-visual and networked electronic publications for the development of China's publishing industry and light industry.

CHLIP received "the Best Works Award" prize by the Publicity Department of the CPC Central Committee, "The Chinese Government Award for Publishing" and "The Chinese Outstanding Publication Award". In addition, there are nearly 400 awards for books, over 300 awards for periodical and numerous awards for audiovisual products and electronic publications, advanced unit and excellent people. Brief Discussion of Heart Health by Dr Hu Dayi won the "Good Book Award of China" in 2016. History of Chinese Cuisine Culture (Ten Volumes) was the winner of a Nomination for the 4th Chinese Government Award for Publishing and Beijing Rayli Magazine the "Advanced Publishing Unit Award".

CHLIP was named national first class publishing press, the publishing unit of One Hundred Best Books and the model unit of the first national digital publishing transformation. The style of "being scientific, beneficial, practical and fashionable" is popular with readers and receives universal recognition and praise in the industry. CHLIP successively wins the title of civilized-model unit of Chinese central government departments. The year of 2016 has seen the stable development of CHLIP and sound foundations for its further growth.

In book publishing, CHLIP has completed many national key books planning projects, such as Polymer Blending Modified Principle and Application, Papermaking Technology--Papermaking and Equipment Technology Series(8 volumes), Chinese Muslim Diet Culture. Core projects of Bailey's Industrial Oil & Fat Products(6 volumes), Molecular Genetics of Bacteria (Third Edition), The Second Industry and Circular Economy Series and Enzyme Engineering Manual obtained the subsidization of national press foundation. As the funded project of "China Classics International Publishing Project", Complete Works of Folk Costume of Han Nationality in modern China and Chinese Muslim Diet Culture have their English version published. As one of the National Dictionary Publication Planning projects, the Dictionary of Nutrition Sciences was officially published. A number of national planning materials on education were published. In recent years, a number of books on life, science and technology realized the output of copyright and had a positive impact on going out. Furthermore, book brands of "delicious food", "healthy life", "fashion" "tourism and leisure", "food science and technology", "art design", "light chemical industrial technology", "basic education" and "psychology" have made a great influence on readers.

Periodical publishing is another characteristics of CHLIP. Rayli has a profound impact on contemporary Chinese urban fashion for its concepts of "designing life and beauty". With 21 years of development, Rayli Fashion and Beauty, Rayli Beauty Style, Rayli Home Design, Leon and other excellent magazines constituted a branding periodical group. Under the strategic guidance of "media integration and brand extension", Rayli has already become a three-dimensional enterprise which takes high-end periodical publishing as core business and develops network, book publishing, wireless mobile media and other media as well as advertising, publishing, integrated marketing and model agency. Pet World and Innovative World Weekly published by CHLIP have broken the new ground.

CHLIP, as one of the first 50 publishers with the rights of online publication, achieved continuously rapid growth of digital publishing, new media, and accelerated transformation and upgrading. It explored business areas of e-book publishing, mobile reading, iPad game terminal, mobile phone animation and development of database. Multiple multi-media interactive platform projects are funded by the country. The websites of CHLIP ([www.chlip.com.cn](http://www.chlip.com.cn)) and Rayli ([www.rayli.com.cn](http://www.rayli.com.cn)) have been awarded "Top 100 Website in China's Press and Publishing Industry" for consecutive years.

Actively carrying out exchanges and cooperation with foreign counterparts is one of CHLIP's strategies to achieve brand effect. To strengthen the international cooperation and exchanges, CHLIP develops the copyrights trade widely all over the world and has established long-term, friendly and stable relationships with large publishing groups from USA, Germany, Britain, Japan, and publishers in Taiwan and Hong Kong SAR. In recent years, CHLIP focuses on copyrights export while maintaining introduction, and has carried forward Chinese traditional cultures in the international market.

In new times, CHLIP is light industry and life-oriented. Under the entrepreneurship of responsibility, innovation, efficiency and value, all the staff will further promote the harmonious, orderly and sustainable development of books, periodicals, audio-visual, electronic publications and new media to contribute more to Chinese and international publishing industry.

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Copyright

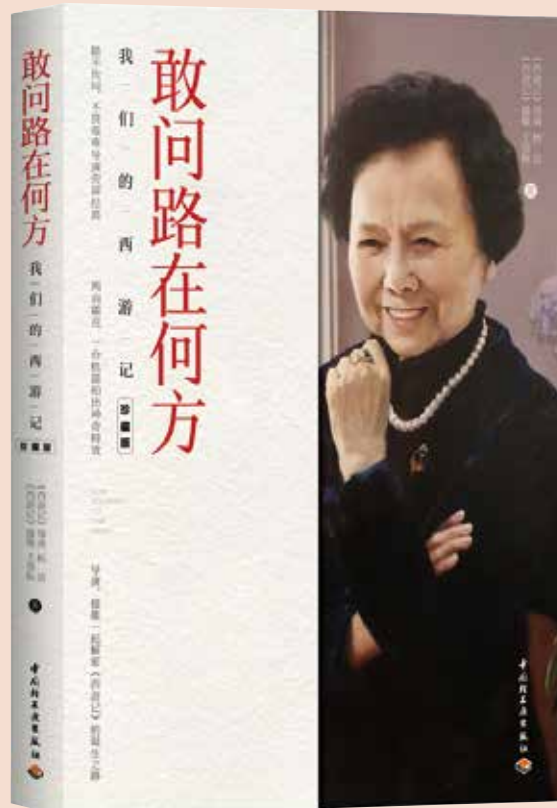


# 重点推荐

Key Recommendation

## 敢問路在何方——我們的西遊記

開本：185mm×260mm  
ISBN 978-7-5184-2008-7  
出版日期：2018.8  
作者：楊潔 王崇秋 著



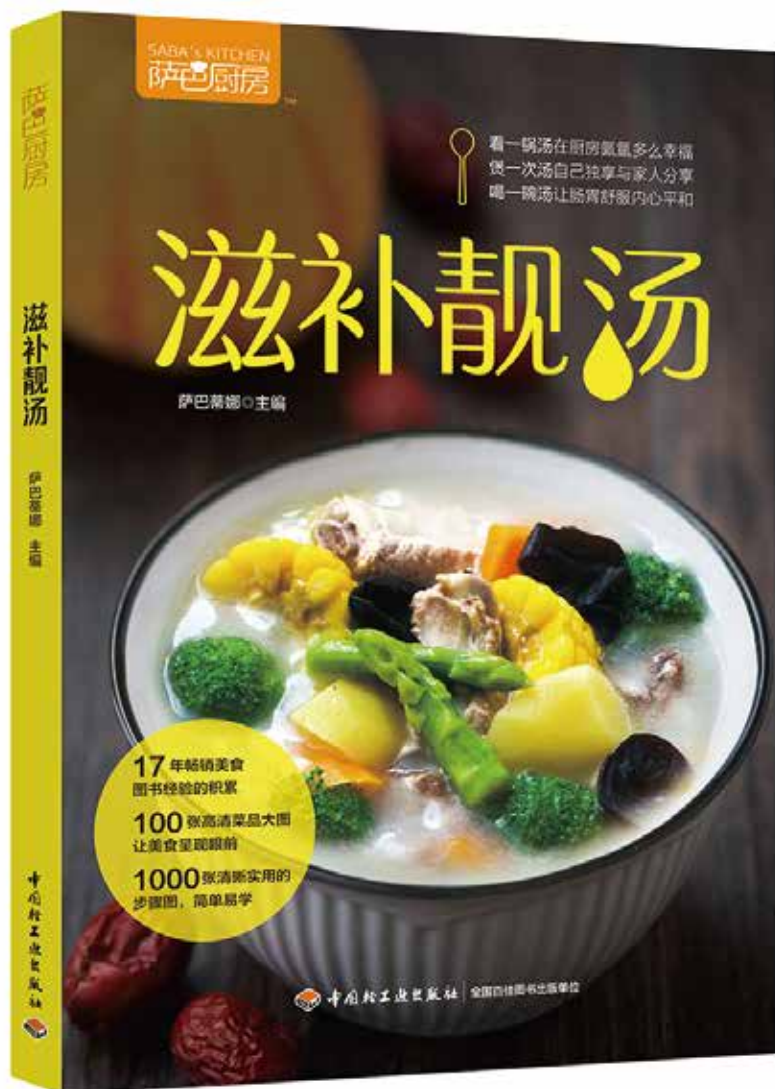


人們對82版《西遊記》都不陌生，36年來它一播再播，是中國電視劇的收視之冠。本書由82版《西遊記》的導演楊潔和攝像王崇秋夫妻合著，全書分上下兩篇。上篇講述了楊導從接受重任到選景選角的全過程，拍攝的酸甜苦辣、拍攝中的各種阻力，以及大幕落下的惆悵和無悔，文字率真可愛，體現了她的真性情和堅持拍出高水準電視劇的大師風範。下篇王崇秋回憶了自己如何與楊導結緣，夫妻如何在工作上默契合作，甘當綠葉，婦唱夫隨，並以82版攝像的身份，從攝像的角度回答了很多人提出的“一台攝像機如何拍出82版《西遊記》”問題，並表達了自己對楊潔的深深思念。文字真摯感人，催人淚下。



## 薩巴廚房 / 滋補靚湯

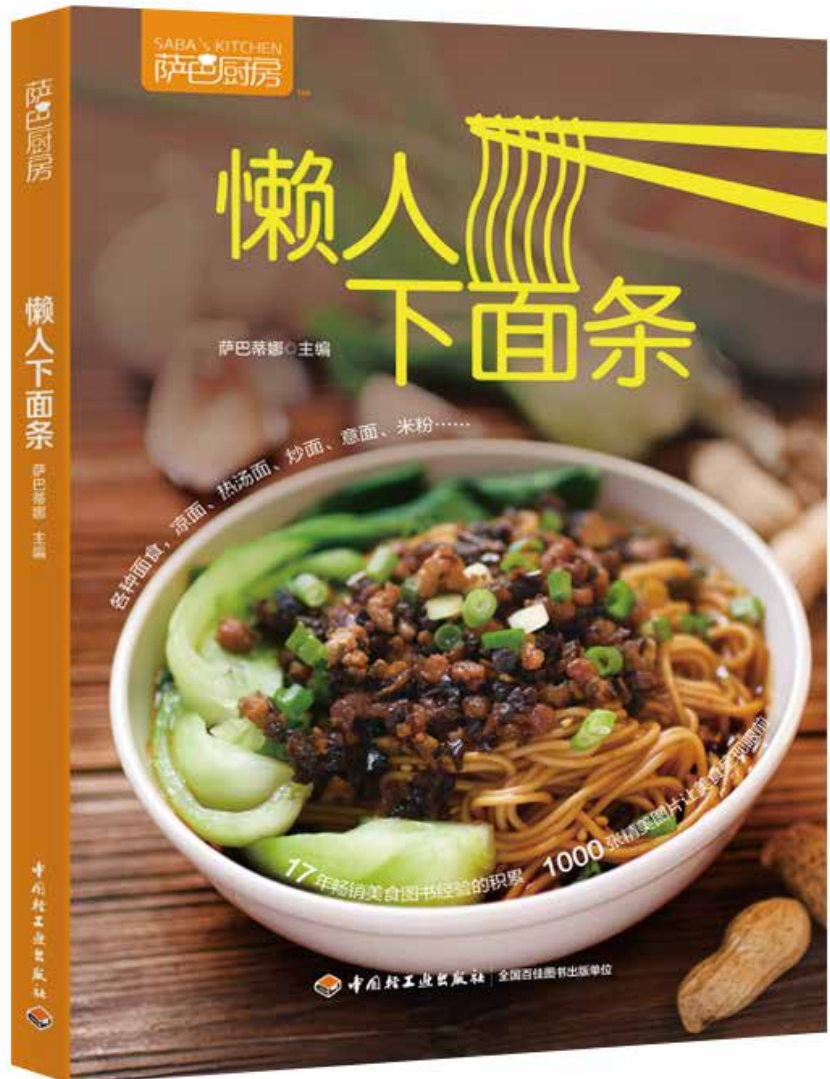
開本：170mm × 240mm  
ISBN 978-7-5184-2026-1  
出版時間：2018.9  
作者：薩巴蒂娜 主編



● 本書按照湯的種類劃分為五個章節：時間充足可以煲靚湯，圖方便簡單那就煮快湯，閒暇時間喝下午茶可選擇甜湯，需要開胃下飯菜請看湯菜，鍾愛西式口味就參考異國濃湯。每道菜譜的食材選用都經過精心搭配，根據食材的色彩、香氣、味道、口感、營養、養生保健等全方面考慮，喝湯不僅僅是嘴巴的滿足感，更是對身體的一種滋養。

## ● 薩巴廚房 / 懶人下面條

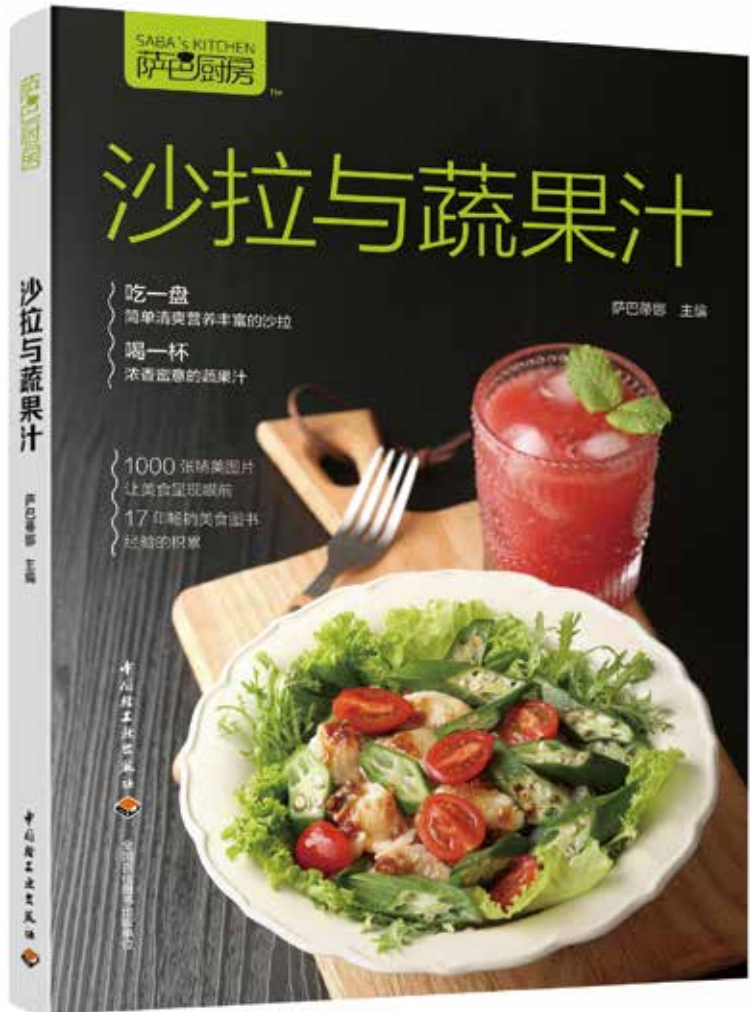
○ 開本：170mm × 240mm  
ISBN 978-7-5184-2058-2  
出版時間：2018.9  
作者：薩巴蒂娜 主編



● 麵條是深受大眾歡迎的家常美食。書中從中國南北各地眾多的各式風味麵條和異國特色麵條中，精選了100種既具有代表性而又深受大家喜愛的家常麵條，每款麵條的用料配比一目了然，詳盡直觀的操作步驟讓你簡單上手，烹飪秘笈與營養貼士向你揭示美味和健康的秘密，助你輕鬆下一碗好面！

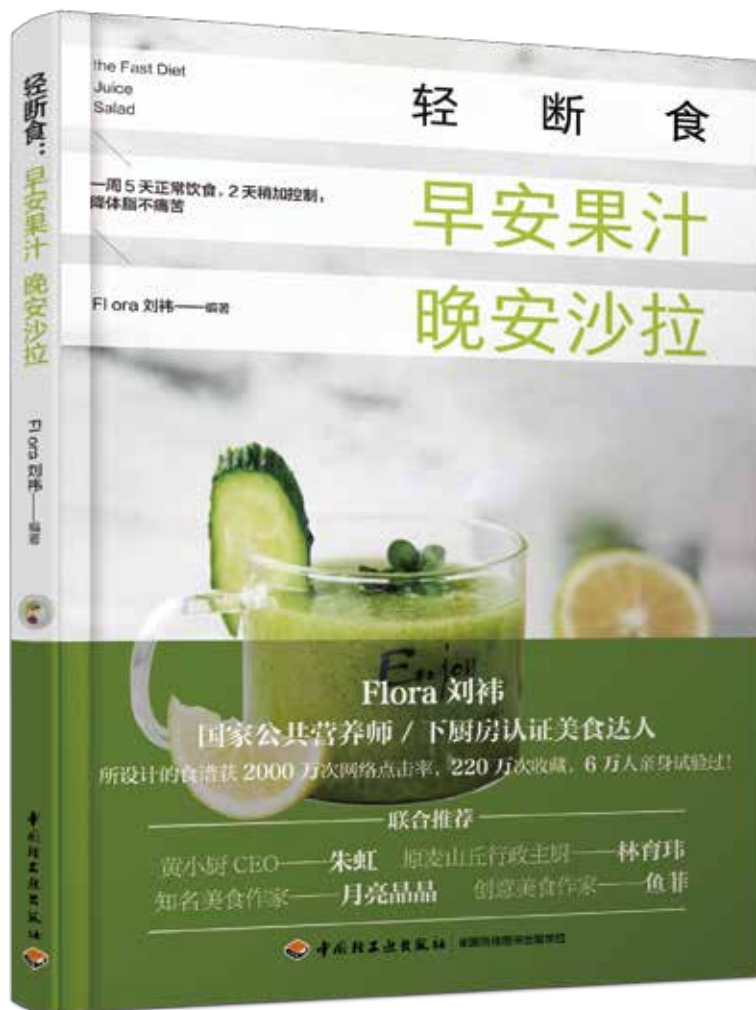
## 薩巴廚房 / 沙拉與果蔬汁

開本：170mm x 240mm  
ISBN 978-7-5184-2033-9  
出版時間：2019.2  
作者：薩巴蒂娜 主編



低脂低卡、綠色安全的果蔬汁和沙拉越來越受到人們的青睞，因為它們不僅符合時下健康飲食的潮流，而且製作簡單、快捷，都市忙碌的人們可以用最少的時間獲得最營養的美食。本書彙集百余道沙拉與果蔬汁的做法，包括美白嫩膚、抗衰駐顏、清腸排毒、低脂纖體、增肌塑形五個章節，讓你在享受美味的同時更能享受到綠色食物帶來的健康體驗。





## 輕斷食：早安果汁晚安沙拉

開本：170mm x 240mm  
ISBN 978-7-5184-1979-1  
出版時間：2018.8  
作者：Flora 劉祎 編著

本書介紹了一種輕斷食新主張——早餐果蔬汁，午餐晚餐沙拉。書中共收錄122道食譜，食材簡單易得，非常適合中國人的口味和體質。

作者為下廚房認證美食達人，她的個人網頁中的食譜獲2000萬次網路點擊率，被220萬次收藏，6萬人親身試驗過！同時，她還是一位國家公共營養師，詳細介紹了每道食譜的營養功效和一些營養學小知識，讓大家吃得明白、吃得放心。

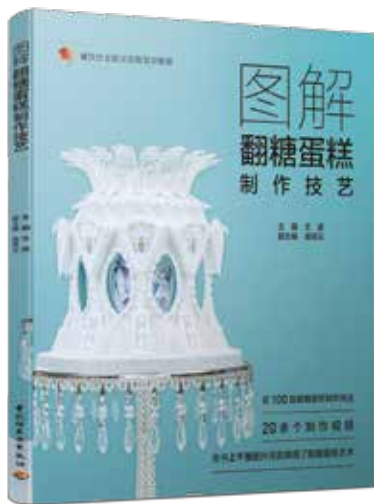
另外，書中還介紹了4周輕斷食計畫，每週2種重點食材，變化出7天的食譜，完全不浪費食材。

## 圖解翻糖蛋糕製作技藝

開本：210mm × 285mm  
 ISBN 978-7-5184-1876-3  
 出版時間：2018.3  
 作者：王波 主編

本書通過介紹翻糖蛋糕的基本理論知識和基礎製作技法，讓大家瞭解翻糖膏的製作。在實踐部分，本書從初級翻糖蛋糕製作入手，逐級深入介紹中級翻糖蛋糕和高級翻糖蛋糕的製作，通過翻糖蛋糕製作技法的介紹，來講述翻糖蛋糕的製作關鍵，以便讓大家逐漸掌握翻糖技藝。同時，書中為大家提供了許多翻糖蛋糕的作品，讓大家在學習翻糖技藝的同時，領略翻糖製作帶來的喜悅與甜蜜，並欣賞翻糖蛋糕帶來的美的視覺享受。

編寫本書的目的是為了向廣大蛋糕從業人員和蛋糕愛好者提供一個學習的參考。鑒於翻糖製作的複雜性，書中提供了上千張步驟圖和 20 餘個製作視頻，致力於用盡可能多的蛋糕種類、製作技法來展示翻糖蛋糕的多樣性和藝術性，以激發人們對蛋糕藝術的追求。



## 中國創意菜——醉春謠

開本：210mm × 285mm  
 ISBN 978-7-5184-1977-7  
 出版時間：2018.6  
 作者：黃君 著

《中國創意菜——醉春謠》是一部輕奢精品融合菜譜，也是作者出版的第二本烹飪書，作者師出淮揚菜系，又習作粵菜，醉心於菜，之後融合兩大菜系又結合西餐精華，遵循“傳承不守舊，創新不忘本”的原則，在秉承傳統工藝技術的前提下，結合世界各地的新鮮優質食材，運用不同的烹調手法，創作出一系列海派融合菜肴，不僅受到了廣大食客的好評，更得到業內專家的廣泛讚譽和認可。書中菜品不但有滋有味，而且賞心悅目，讓人猶如沉醉於春色爛漫的時光裡，輕吟童謠，放飛夢想。

本書內容豐富，圖文精美，不僅讓讀者能夠輕鬆直觀地領略到各式創意美食的風采，也有利於中國美食的進一步傳播和推廣。



## ● 水果養生金典

○ 開本：170mm×240mm  
ISBN 978-7-5184-1967-8  
出版時間：2018.6  
作者：張天柱 主編

● 水果不僅美味，而且與人體健康息息相關。隨著人們生活水準的日益提高和飲食結構的不斷改善，水果已經成為人們日常生活中不可缺少的食品。《水果養生金典》從水果養生的角度出發，參考了《本草綱目》《本草新編》《本草求真》《本草拾遺》等我國歷代醫學專著和水果營養、水果食療、水果養生等文獻資料，對常見的58種水果進行全面、系統地介紹，對每一種水果的基本情況（原名、拉丁名、別稱、在植物學中的分類、原產地、種植分佈等）、營養成分（碳水化合物、蛋白質、脂肪、膳食纖維、微量元素、維生素等）、藥用功效（性味、歸經、功效等）、養生價值等都進行了較為詳細的論述，並推薦了一些食用方法。

編輯推薦：

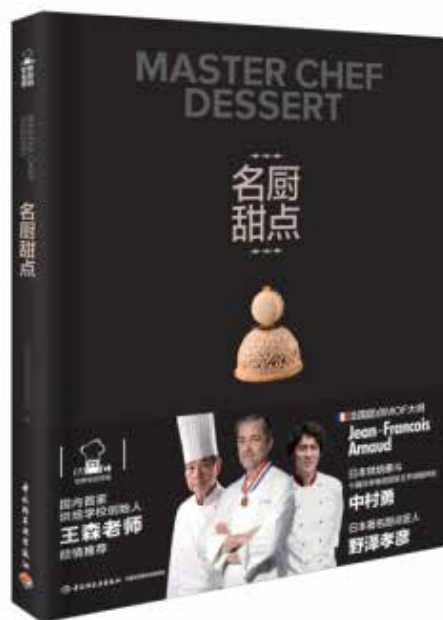
- 本書根據科學分類，從漿果類、核果類、仁果類、柑橘類、瓜類等水果中選取了58種最具代表性的果品，為每一種水果建立一張個性名片，囊括其產地種屬、營養成分、藥用功效、養生價值、食用方法和食用禁忌。
- 作者將現代醫學與祖國醫學融會貫通，結合《本草綱目》《神農本草經》《本經逢源》等數十本中醫典籍，重點著墨於水果的藥用功效、食療作用和食用禁忌等營養食療方面的知識普及。
- 別出新意之處在於，本書在為大眾提供水果營養食療指導的同時，就所選取的水果，編入數種健康時尚的廚房小貼士，可謂是一本帶著美味香氣的營養食療寶典。



## 名廚甜點

開本：210mm x 260mm  
ISBN 978-7-5184-1037-8  
出版時間：2016.9  
作者：世界名廚學院編譯組 編

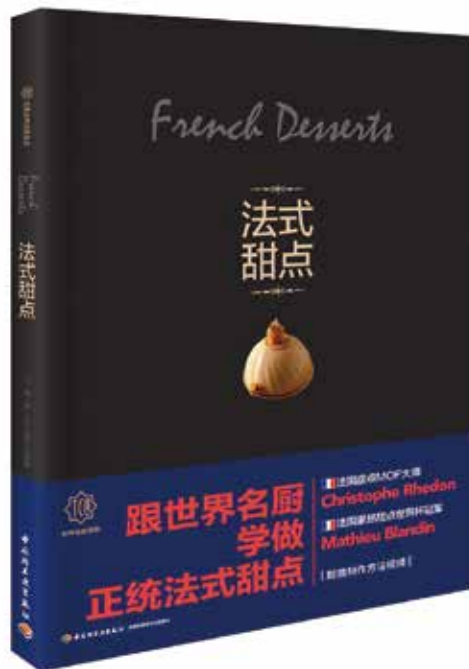
《名廚甜點》彙集中村勇、野澤孝彥、Jean-Francois Arnaud三位元大師的精美作品，以詳細、清晰的圖片展示其製作方法，並特別配有大師甜點剖面手繪圖，立體呈現甜點的內部結構，說明讀者理清製作思路。並配有二維碼視頻，掃碼即可線上觀看和學習名廚甜點製作範例。



## 法式甜點

開本：210mm x 260mm  
ISBN 978-7-5184-0773-6  
出版時間：2017.5  
作者：王森 主編

《法式甜點》彙集了Christophe Rhedon、Mathieu Blandin兩位鼎級大師的精美作品，以詳細、清晰的圖片展示其製作方法，並特別配有二維碼視頻，掃碼即可線上觀看和學習名廚甜點製作範例。

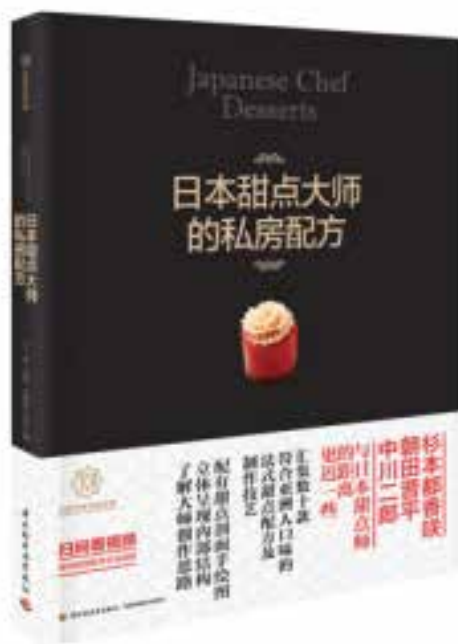




## ● 日本甜點大師的私房配方

開本：210mm × 260mm  
ISBN 978-7-5184-1367-6  
出版時間：2017.5  
作者：王森 主編

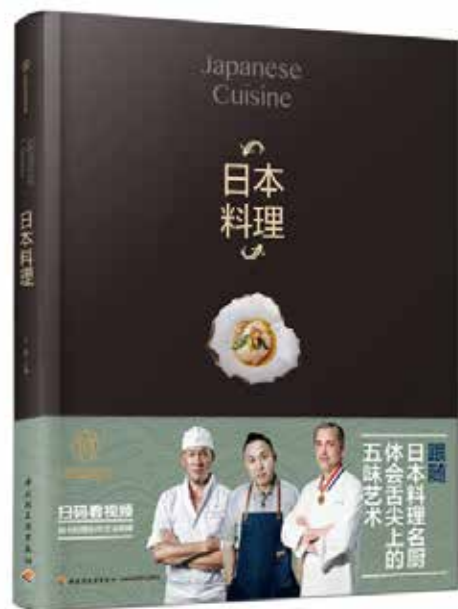
● 本書中的三位大師，杉本都香咲、朝田晉平和中川二郎，在日本甜點界都有很高的地位，多年的經驗讓他們比普通人更能感知蛋清的溫度、奶油的輕盈和材料的完美融合。如果能與他們接觸並學習，帶給你的或許就是另一番甜點世界。除了詳盡介紹每一個配方產品，本書還對常用的基礎材料、奶油、裝飾、巧克力等做了一個詳細的歸整和理論梳理，無論是對初學者還是甜點師，都有獲益之處。



## ● 日本料理

開本：210mm × 260mm  
ISBN 978-7-5184-1941-8  
出版時間：2018.5  
作者：王森 主編

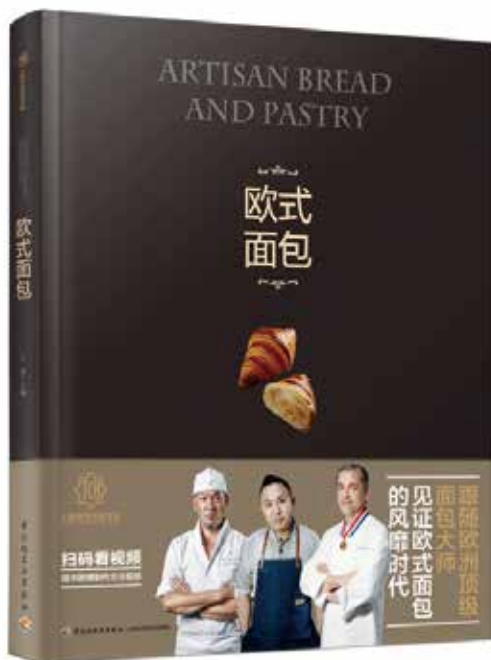
● 本書是“世界名廚學院”系列圖書之一，展示了日料的製作精髓和文化傳統，除了多種精品菜肴的製作方法，也將其背後的日料文化介紹給大家，引起大家對料理製作更多的思考。本書挑選了世界名廚學院多位日料大師的經典配方，將近50種經典單品組成8個套系，並對每個套系進行亮點提取和適合人群介紹。本書適用於日料行業從業人員，家庭資深愛好者。



## 歐式麵包

開本：210mm × 260mm  
ISBN 978-7-5184-1939-5  
出版時間：2018.5  
作者：王森 主編

本書是“世界名廚學院”系列圖書之一，邀請2位MOF大師到中國取材拍攝，既能體現原汁原味的麵包製作技藝，又更加接地氣。讓國內的烘焙行業從業人員不用走出國門，便可以學到國外大師麵包製作精髓和寶貴經驗。本書適用於烘焙行業從業人員，家庭資深愛好者。



## 名廚西餐

開本：210mm × 260mm  
ISBN 978-7-5184-1940-1  
出版時間：2018.5  
作者：王森 主編

本書是“世界名廚學院”系列圖書之一，邀請國外著名西餐大師到中國取材拍攝，既能體現原汁原味的西餐製作技藝，又更加接地氣。讓國內的西餐行業從業人員不用走出國門，便可以學到國外大師的西餐製作精髓和寶貴經驗。本書適用於西餐從業人員，家庭資深愛好者。





## 不留遺憾 / 協和專家教你吃出好孕

開本：170mm×240mm  
ISBN 978-7-5184-1816-9  
出版時間：2018.8  
作者：李寧 編者

“不留遺憾”系列一共五本，分別是《協和專家教你輕鬆備孕懷孕》《協和專家教你科學胎教》《協和專家教你吃出好孕》《協和專家教你坐好月子養好孩兒》《北大婦幼專家教你健康育兒經》。在備孕、懷孕、育兒的整個過程中，總會留下這樣那樣的遺憾，全套書以這些遺憾點為線索，為避免這些遺憾，在專家的指導下科學、安全、健康地度過人生的這一特殊時期。

《不留遺憾協和專家教你吃出好孕》分為孕早期、孕中期、孕晚期及孕期併發症四部分來重點講孕期營養。每個月孩子發育重點不同，補充營養重點不同，全書講解孕期營養有側重點，還很系統。孕期補充營養，准爸媽看過這一本之後就徹底弄明白了。

## ● 不留遺憾 / 北大婦幼專家教你健康育兒經

開本：170mm x 240mm  
ISBN 978-7-5184-1818-3  
出版時間：2018.8  
作者：梁芙蓉 編著

- “不留遺憾”系列一共五本，分別是《協和專家教你輕鬆備孕懷孕》《協和專家教你科學胎教》《協和專家教你吃出好孕》《協和專家教你坐好月子養好孩兒》《北大婦幼專家教你健康育兒經》。在備孕、懷孕、育兒的整個過程中，總會留下這樣那樣的遺憾，全套書以這些遺憾點為線索，為避免這些遺憾，在專家的指導下科學、安全、健康地度過人生的這一特殊時期。

《不留遺憾北大婦幼專家教你健康育兒經》是一本育兒圖書，主要講0~3歲寶寶養育、教養問題，以時間為線索，分階段講解孩子養育重點，幫你輕鬆育兒。

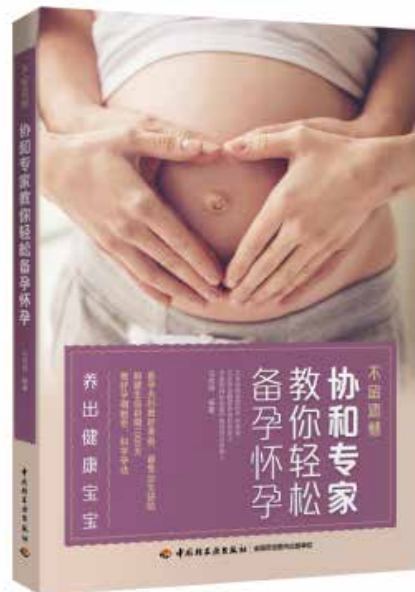


## ● 不留遺憾 / 協和專家教你輕鬆備孕懷孕

開本：170mm x 240mm  
ISBN 978-7-5184-1925-8  
出版時間：2018.8  
作者：馬良坤 編著

- “不留遺憾”系列一共五本，分別是《協和專家教你輕鬆備孕懷孕》《協和專家教你科學胎教》《協和專家教你吃出好孕》《協和專家教你坐好月子養好孩兒》《北大婦幼專家教你健康育兒經》。在備孕、懷孕、育兒的整個過程中，總會留下這樣那樣的遺憾，全套書以這些遺憾點為線索，為避免這些遺憾，在專家的指導下科學、安全、健康地度過人生的這一特殊時期。

《不留遺憾協和專家教你輕鬆備孕懷孕》是從備孕入手，講了備孕的營養準備及備孕關鍵注意事項，然後講解了懷孕過程中營養需求要點及關鍵產檢解讀。以時間為線索，把備孕及懷孕的關鍵點穿穿起來，科學、實用，但讀起來不累。



## ● 不留遺憾 / 協和專家教你坐好月子養好孩兒

○ 開本：170mm × 240mm  
ISBN 978-7-5184-1887-9  
出版時間：2018.8  
作者：馬良坤 編著

● “不留遺憾”系列一共五本，分別是《協和專家教你輕鬆備孕懷孕》《協和專家教你科學胎教》《協和專家教你吃出好孕》《協和專家教你坐好月子養好孩兒》《北大婦幼專家教你健康育兒經》。在備孕、懷孕、育兒的整個過程中，總都會留下這樣那樣的遺憾，全套書以這些遺憾點為線索，為避免這些遺憾，在專家的指導下科學、安全、健康地度過人生的這一特殊時期。

《不留遺憾協和專家教你坐好月子養好孩兒》是一本講坐月子和在月子期間養孩兒的書。這個時間段正是新手爸媽手忙腳亂的時候，本書教你科學坐月子、輕鬆帶孩子。



## ● 不留遺憾 / 協和專家教你科學胎教

○ 開本：170mm × 240mm  
ISBN 978-7-5184-1894-7  
出版時間：2018.8  
作者：馬良坤 編著

● “不留遺憾”系列一共五本，分別是《協和專家教你輕鬆備孕懷孕》《協和專家教你科學胎教》《協和專家教你吃出好孕》《協和專家教你坐好月子養好孩兒》《北大婦幼專家教你健康育兒經》。在備孕、懷孕、育兒的整個過程中，總會留下這樣那樣的遺憾，全套書以這些遺憾點為線索，為避免這些遺憾，在專家的指導下科學、安全、健康地度過人生的這一特殊時期。

《不留遺憾協和專家教你科學胎教》全面講解了胎教知識，包括營養胎教、運動胎教、音樂胎教、美學胎教、光照胎教、手工胎教、閱讀胎教，等等。全書根據胎寶不同階段的發育進行有重點的胎教，還包括胎教知識。





## 傳統廣繡美學

開本：200mm × 285mm  
ISBN 978-7-5019-9630-8  
出版時間：2019.1  
作者：胡大芬 雷動

《傳統廣繡美學》是廣繡研究系列叢書的文化分冊，是在《傳統廣繡針法工藝全集》（工藝分冊）的基礎上編著而成，二者互為補充、相得益彰。本書全面地闡述了傳統廣繡的淵源、圖稿的風格特徵、載體形式、構圖與佈局、題材與構象以及廣繡紋樣的文化內涵、色彩形態與特徵等內容。

中國四大名繡2006年列入了國務院第一批非遺保護名錄，粵繡主體之廣繡以工藝精湛、嶺南特色創作、宮廷珍品藝術而著稱。廣繡藝術自歷史記載至今已有一千多年的歷史，期間歷經跌宕起伏的發展。如今為了保護、傳承這些祖祖輩輩留傳下來的精美圖稿、題材、設色、構圖方法等充滿別具嶺南文化特徵的文化遺產，作者系統、全面地對傳統廣繡文化作整理並深入研究，尤其是從大量的中、西方廣繡文物研究、廣繡工藝大師口述、民間走訪、史料查閱中提取、歸納，進而對傳統廣繡圖稿、美學、工藝技術等各個方面進行理論總結，相信本書對弘揚與傳承中國傳統文化有著特殊的意義。



## ● 玩轉微木工/零基礎木作小件

開本：170mm×240mm  
ISBN 978-7-5184-2031-5  
出版時間：2018.10（預估）  
作者：張付花 著

《玩轉微木工/零基礎木作小件》旨在引導木作小白從零基礎踏入木作世界，循序漸進，讓工匠精神切實走進平凡生活。讓更多的人體驗中國的“樂高”。全書由兩大部分組成：序篇+17個木作小件。

序篇向讀者交代了如何使用這本書，全書用到的工具說明。

17個木作小件由3個類別組成：優品生活，首飾，玩具。

優品生活：砧板，鏟子，勺子，筆記本，名片盒，玫瑰花，三角盤，堅果盒，茶刀。

首飾：手鐲，平安扣，小魚梳，滴膠吊墜。

玩具：飛機，蝸牛，夾心餅乾，魯班鎖。

每個作品都經過作者一再斟酌、修改，盡可能讓讀者更簡單地學會製作方法，確保看完即會。

每個作品均配有不同規格的圖紙，滿足不同需求。



## ● 一花一器 水培植物

開本：170mm×240mm  
ISBN 978-7-5184-1869-5  
出版時間：2018.7  
作者：藝美生活 編著

《一花一器：水培植物》是一本以水培養花卉綠植為主的書籍，囊括了水培常識，水培日常管理，以及常見的30多種水培植物的養護步驟，也介紹了這些花卉綠植的特徵、環境控制方法、水培秘訣、裝飾細節等內容。

《一花一器：水培植物》不僅有植物攝影，還有精美的手繪插畫，內容翔實但不繁瑣，是水培新手入門的不錯選擇。







# 生活类图书

Life

美食营养

Tasty Food and Nutrition

大众健康

Population Health

孕产育儿

Pregnancy, Labor, and Child Care

旅游休闲

Travel Leisure

# 美食营养

Tasty Food and Nutrition

## 萨巴厨房 / 能量果蔬汁

Saba's kitchen

开本: 170mm × 240mm  
ISBN 978-7-5184-1528-1  
出版时间: 2017.9  
作者: 萨巴蒂娜 主编

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1528-1  
Publish Date: September, 2017  
Author: Saba Tina (the Editor)



本书收录了百余道营养美味果蔬汁, 做法简单方便, 一步一图; 图示用料, 一目了然; 标注各饮品的营养功效和所含热量, 科学实用。翻开本书, 你不仅能获得果蔬汁的做法, 还能了解蔬菜、水果中的营养成分, 学会DIY天然的鲜美果蔬汁, 轻松实现变瘦变美变健康的目标! 每天1杯五彩缤纷的新鲜果蔬汁, 让你充满能量, 每天活力一百分!

This book contains more than 100 channels of nutritious and delicious fruit and vegetable juices. The method is simple and convenient, one step at a time. The graphic materials are clear at a glance. The nutritional efficacy and the caloric content of each drink are marked and it is scientific and practical. Open the book, you can not only get the practice of fruit and vegetable juices, but also understand the nutrients in vegetables, fruits, learn DIY natural fruit and vegetable juice, easy to achieve the goal of becoming thin and beautiful! Every day, a cup of colorful fresh fruit and vegetable juice, so that you are full of energy, a hundred percent daily vitality!

## ● 萨巴厨房 / 减脂轻食

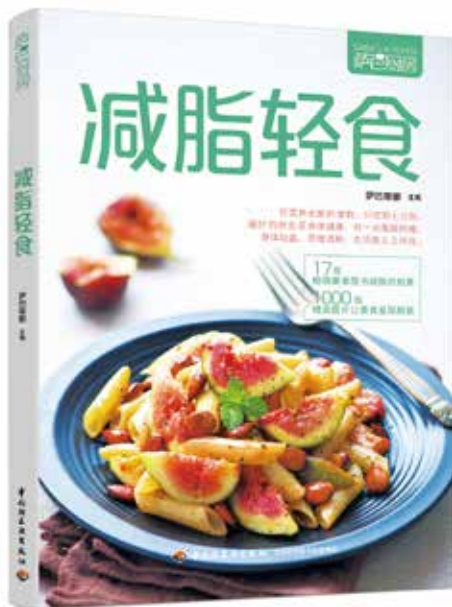
○ Saba's kitchen

○ 开本: 170mm × 240mm  
ISBN 978-7-5184-1874-9  
出版时间: 2018.3  
作者: 萨巴蒂娜 主编

○ Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1874-9  
Publish Date: March, 2018  
Author: Saba Tina (the Editor)

● 本书吸取流行的膳食营养理念，由著名美食专家萨巴蒂娜倾力奉献，打造健康、实用的健康膳食计划。全书菜谱巧妙搭配，严控卡路里，营养、美味、瘦身、养颜一举兼得，能吃又能瘦，吃对就变美！好身材、好皮肤，吃出来！

- ▶ This book absorbs the popular concept of dietary nutrition and is dedicated by Sabbatina, a famous food expert, to create a healthy and practical healthy meal plan. The whole book recipes are ingeniously matched, and the calories are strictly controlled. Nutrition, deliciousness, slimming, and beauty are all at one and the same time. They can eat and lose weight, and eating right can become beautiful! Good body, good skin, eat out!



## ● 萨巴厨房 / 元气素食

○ Saba's kitchen

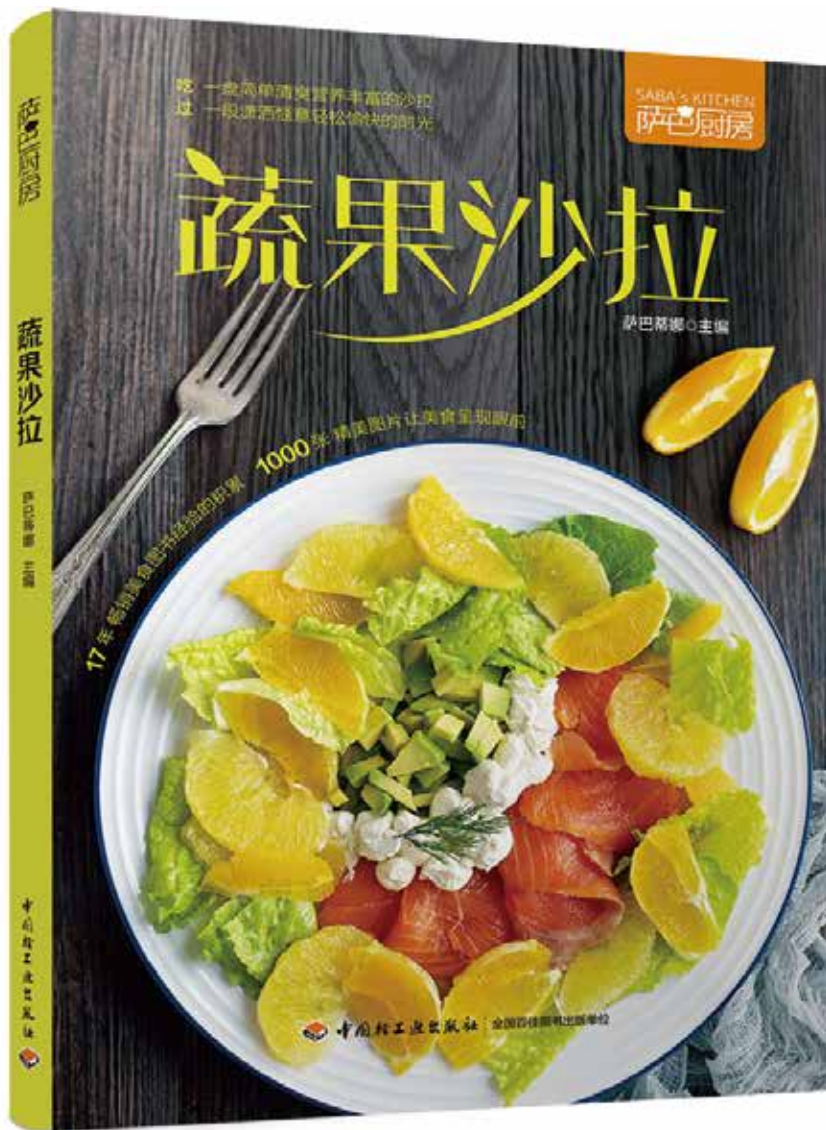
○ 开本: 170mm × 240mm  
ISBN 978-7-5184-1648-6  
出版时间: 2017.11  
作者: 萨巴蒂娜 主编

○ Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1648-6  
Publish Date: November, 2017  
Author: Saba Tina (the Editor)

● 本书精选100余款精品素食佳肴，从开胃凉菜，到美味热菜，丰富多样的主食，滋润的汤粥再到诱人甜品，手把手教你将一道道家常食材变化成不寻常的美味。无论是忠于素食主义的爱好者，还是追求健康体验的初学者，都可以从中寻找到令人怦然心动、回味无穷的素食。

- ▶ This book features more than 100 fine vegetarian foods ranging from cold appetizers to delicious hot dishes, rich and varied staple foods, nourishing soup porridge, and tempting desserts. It teaches you to change your daily homegrown ingredients into unusual delicacies. Whether it is lovers who are loyal to vegetarianism or beginners who are pursuing a healthy experience, they can find an exciting and memorable vegetarian diet.





## 萨巴厨房 / 蔬果沙拉

Saba's kitchen

开本: 170mm × 240mm  
ISBN 978-7-5184-1943-2  
出版时间: 2018.5  
作者: 萨巴蒂娜 主编

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1943-2  
Publish Date: May, 2018  
Author: Saba Tina (the Editor)

新鲜健康的蔬果食材，信手拈来的调味酱汁，即可成为一道色彩缤纷、口味清新的蔬果沙拉。纤体轻松瘦、美白润肌肤、滋补养容颜、活力维生素、高纤助排毒，五个章节汇集了百余道蔬果沙拉，高营养低热量，让你的餐桌变得丰盛多彩，让你的健康从内而外！快一起来分享这令人心动的蔬果沙拉的微酸与甜美吧！

The fresh and healthy ingredients of vegetables and fruits, as well as the seasoned sauce, can be a colorful, fresh-tasting vegetable and fruit salad. Slimming is easy to thin, whitening the skin, nourishing the face, vitality vitamins, high fiber help detoxification, the five chapters bring together more than a hundred fruit and vegetable salad, high nutrition and low calories, make your table rich and colorful, make your health From the inside out! Come and share the sourness and sweetness of this exciting vegetable salad!



## ● 萨巴厨房 / 聪明宝宝营养辅食轻松做

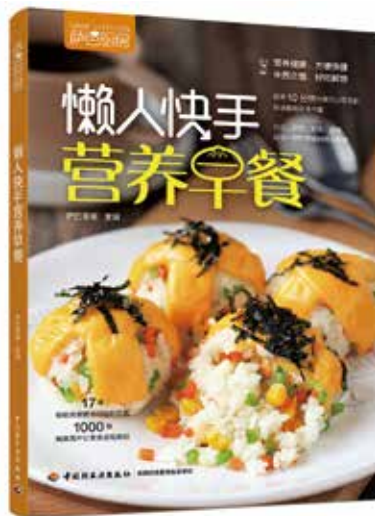
○ Saba's kitchen

○ 开本: 170mm × 240mm  
ISBN 978-7-5184-1850-3  
出版时间: 2018.3  
作者: 萨巴蒂娜 主编

○ Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1850-3  
Publish Date: March, 2018  
Author: Saba Tina (the Editor)

● 本书根据0-3岁宝宝的营养需求和身体发育特点, 精选出宝宝辅食食谱, 配以详细的制作过程图, 方便妈妈们更好地安排宝宝的主食与加餐, 让宝宝的小餐桌每天都有不同的变化, 让宝宝爱上吃饭, 帮助新手父母成为宝宝的“辅食达人”。

► This book is based on the nutritional needs of the 0-3 year old baby and physical development characteristics, selected baby food supplement recipes, together with a detailed production process diagram, to facilitate mothers to better arrange the baby's staple food and snacks, let the baby's small table Every day there are different changes, let the baby fall in love with eating, help novice parents become the baby's "food supplement person."



## ● 萨巴厨房 / 懒人快手营养早餐

○ Saba's kitchen

○ 开本: 170mm × 240mm  
ISBN 978-7-5184-1915-9  
出版时间: 2018.5  
作者: 萨巴蒂娜 主编

○ Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1915-9  
Publish Date: May, 2018  
Author: Saba Tina (the Editor)

● 早餐吃得好, 是每天的第一件大事。本书包含粥、汤、米饭、面食、三明治、沙拉、小吃、饮品, 百余道早餐中西合璧, 好吃解馋, 你能想到的早餐都在这里! 更提供有贴心的套餐组合, 帮助你吃得健康、营养、全面。每道早餐均提供有省时方案, 三大类省时省力的窍门用直观的方式展示, 令你一看便知。这是一本可以让你多睡会儿还能把早餐吃好的早餐书。

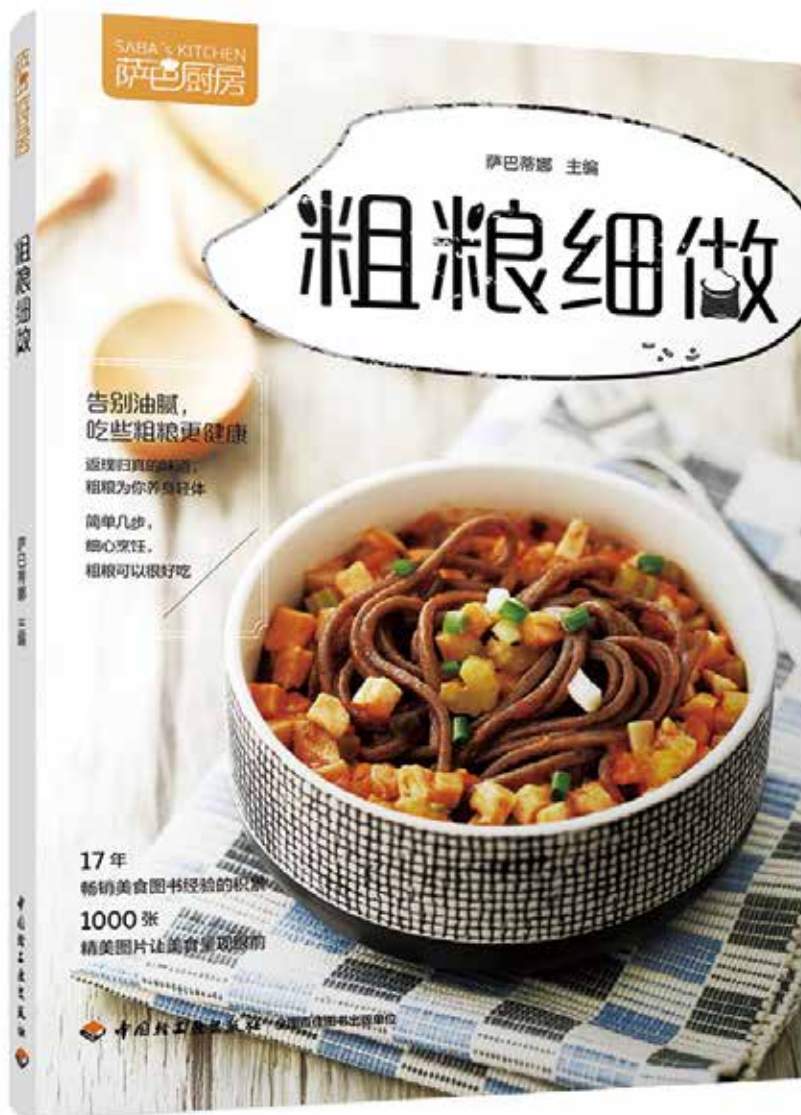
► Having a good breakfast is the first big thing every day. The book contains porridge, soup, rice, pasta, sandwiches, salads, snacks, and drinks. The Chinese breakfast and western breakfast of more than a hundred dishes are served. It is delicious and delicious. The breakfast you can think of is here! It also provides a thoughtful combination of packages to help you eat healthy, nutritious and comprehensive. Each breakfast is provided with a time-saving program, three types of time-saving and efficient tips displayed in an intuitive way, so that you can see at a glance. This is a breakfast book that allows you to sleep a bit more and eat breakfast.

## 萨巴厨房 / 粗粮细做

Saba's kitchen

开本: 170mm × 240mm  
ISBN 978-7-5184-1846-6  
出版时间: 2018.2  
作者: 萨巴蒂娜 主编

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1846-6  
Publish Date: February, 2018  
Author: Saba Tina (the Editor)



养生成为现代人饮食的风尚，粗粮也成为炙手可热的养生佳品。本书以粗粮养生为出发点，精选生活中常见的粗粮，针对不同人群的不同需求，整理出了适合全家人的日常五谷养生美味食谱，让你科学养生，吃“粗”健康。现代人心脑血管疾病多发，经常食用五谷杂粮不仅能均衡饮食更能起到调节健康的作用。

It has become a habit for modern people to eat and drink. Coarse grains have also become popular products for health promotion. This book starts with coarse grain health, selects the coarse grains that are common in daily life. According to the different needs of different groups of people, it sorted out the daily grains and delicious recipes that are suitable for the whole family, allowing you to keep healthy and eat "coarse" health. Modern people have many cardiovascular and cerebrovascular diseases. Regular consumption of whole grains can not only balance the diet but also play a role in regulating health.

## ● 萨巴厨房 / 西餐轻松做

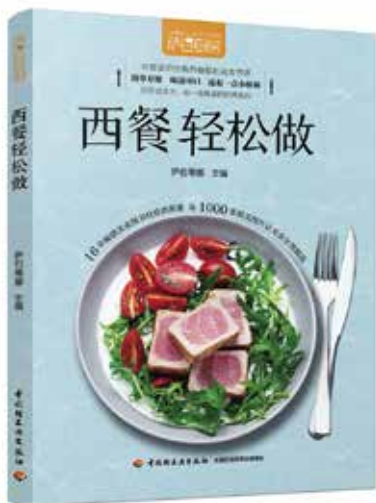
○ Saba's kitchen

○ 开本: 170mm × 240mm  
ISBN 978-7-5184-1637-0  
出版时间: 2017.11  
作者: 萨巴蒂娜 主编

○ Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1637-0  
Publish Date: November, 2017  
Author: Saba Tina ( the Editor)

● 本书精挑细选一百余道西餐菜式，从开胃的前菜，到丰盛的主菜，各有特色的汤饮以及餐后甜品，步骤清晰，指引明确，精通美食艺术的萨巴蒂娜将西餐的主要技法和理念展现无遗，手把手地教你如何在家亲手实现一顿地道而浪漫的西餐。即便是从未接触过西餐的新手，也可以在这本书的带领下，做得有模有样有滋味，让每个人都可以做出地道的、美味的西餐，为自己的生活增添色彩。

► This book carefully selects more than one hundred Western cuisines, from appetizing appetizers to hearty main dishes, distinctive soups and desserts, clear steps, clear guidelines, and Sabbatina who is proficient in food art. The main techniques and concepts of western food are fully revealed, and hands-on teaching you how to achieve a romantic and authentic Western meal at home. Even novices who have never been exposed to Western food can do so well under the guidance of this book so that everyone can make authentic, delicious Western food and add color to their lives.



## ● 萨巴厨房 / 超简单！烤箱料理

○ Saba's kitchen

○ 开本: 170mm × 240mm  
ISBN 978-7-5184-1636-3  
出版时间: 2017.11  
作者: 萨巴蒂娜 主编

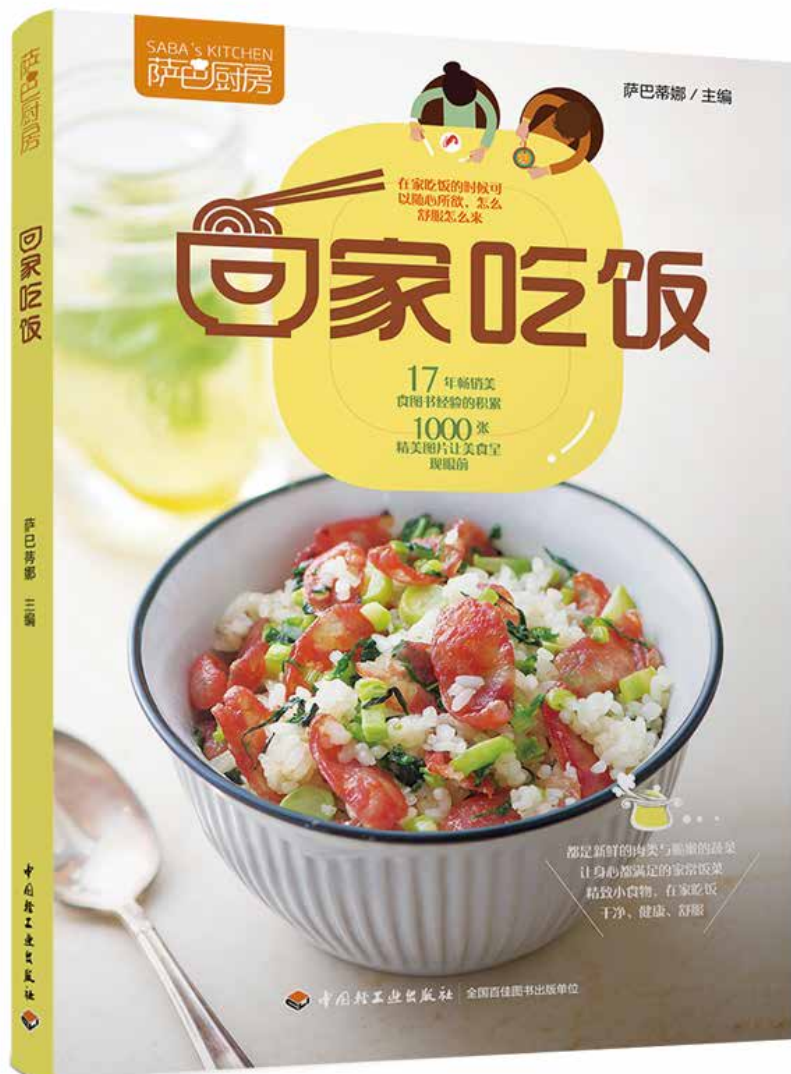
○ Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1636-3  
Publish Date: November, 2017  
Author: Saba Tina ( the Editor)

● 本书囊括了大部分国人爱吃的烧烤类菜肴，也包涵西餐中常见的烤箱菜。蔬果、肉食、海鲜、主食、甜品，都可以用烤箱搞定！给你的一日三餐提供美味又健康的饮食方案，让你在轻松学会烤制美味的同时，还能够体会到作者的精心设计和烹饪心得，精美的图片，贴心的文字，将会带给你烹制美食的快乐。

► This book covers most of the country's favorite barbecue dishes, but also covers the common oven dishes in Western food. Fruits and vegetables, meat, seafood, staples, desserts, can be used to get the oven! Give your three meals a day delicious and healthy diet program, allowing you to easily learn to bake delicious, but also able to appreciate the author's thoughtful design and cooking experience, beautiful pictures, intimate words, will bring You are happy to cook delicious food.







## ● 萨巴厨房 / 回家吃饭

○ Saba's kitchen

○ 开本: 170mm × 240mm  
ISBN 978-7-5184-1872-5  
出版时间: 2018.4  
作者: 萨巴蒂娜 主编

○ Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1872-5  
Publish Date: April, 2018  
Author: Saba Tina (the Editor)

● 本书主要介绍家庭一日三餐吃得营养均衡, 并且简单易操作、美味可口, 包括早餐、中餐、晚餐和小食的烹饪方法, 每道菜谱都有详细步骤图、烹饪秘笈、烹饪难度、烹饪时间以及热量摄入等, 特别符合现代家庭厨房的需求, 回家吃饭温馨暖人。

✦ This book mainly introduces the family to eat three meals a day in a nutritious and balanced manner, and is easy to operate, delicious, including breakfast, lunch, dinner and snacks cooking methods, each recipe has a detailed step map, cooking tips, cooking difficulty, cooking Time and calorie intake, in particular, meet the needs of modern family kitchens, and home eating is warm and warm.

## 鸚鵡廚房

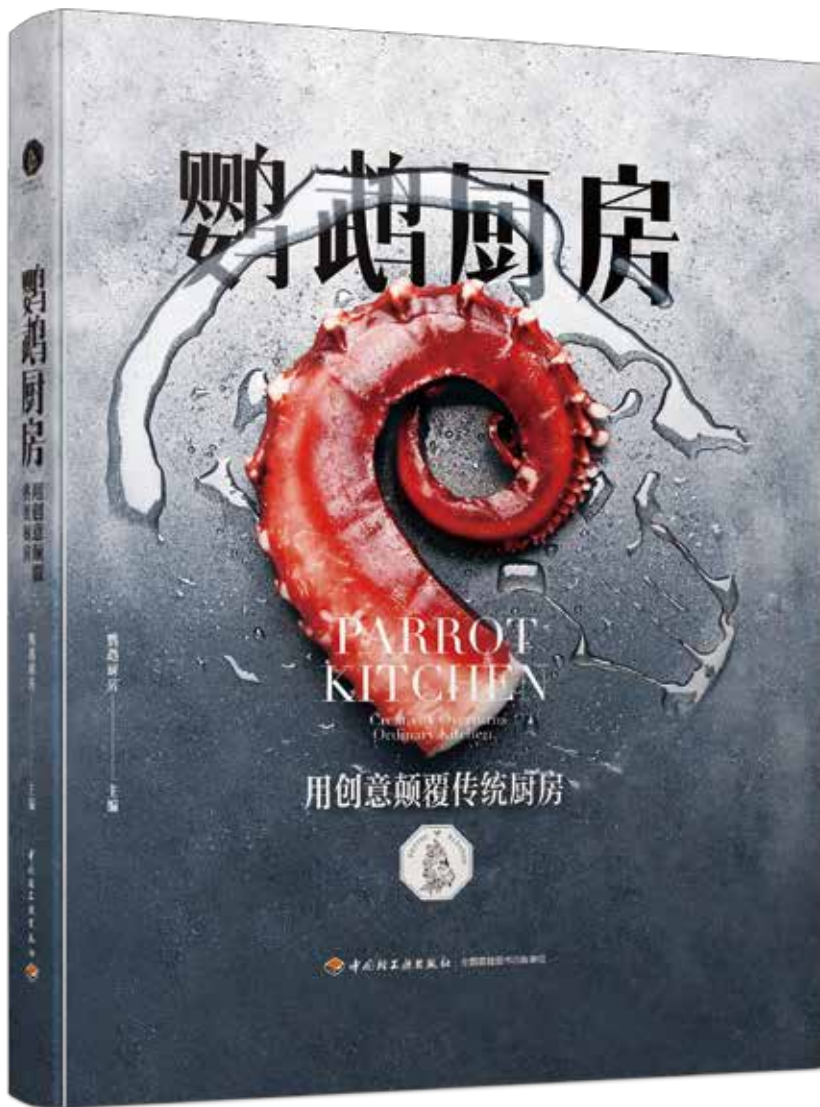
Parrot kitchen

开本: 210mm × 260mm  
ISBN 978-7-5184-1848-0  
出版时间: 2018.3  
作者: 鸚鵡廚房 主編

Book Size: 210mm × 260mm  
ISBN: 978-7-5184-1848-0  
Publish Date: March, 2018  
Author: Parrot Kitchen (the editor)

本书立足于精品美食节目IP“鸚鵡廚房”，选取菜品以健康、低油低盐的经典西餐为主，辅以亚洲多个国家的超人气美食和数款浪漫甜点，让读者足不出户，就能做出超级美味。此外，本书有着强大的厨师阵容，既有世界级名厨教授经典菜品，又有数位明星助阵，分享拿手菜的制作方式，满足时下年轻人对高品质生活的追求。可以说，这是一本集专业性与实用性为一体的美食书。

This book is based on the gourmet program IP “Parrot Kitchen”. It mainly choose healthy, low-oil and low-salt western foods, together with some ultra-popular foods and romantic desserts from several Asian countries, which helps readers to make delicious foods without leaving home. In addition, this book has a strong lineup of chefs, with world-class chefs teaching classic dishes and several star sharing the making method of their special dishes, the book can meet the young people’s pursuit of high quality of life. It can be said that this is a professional and practical gourmet book.

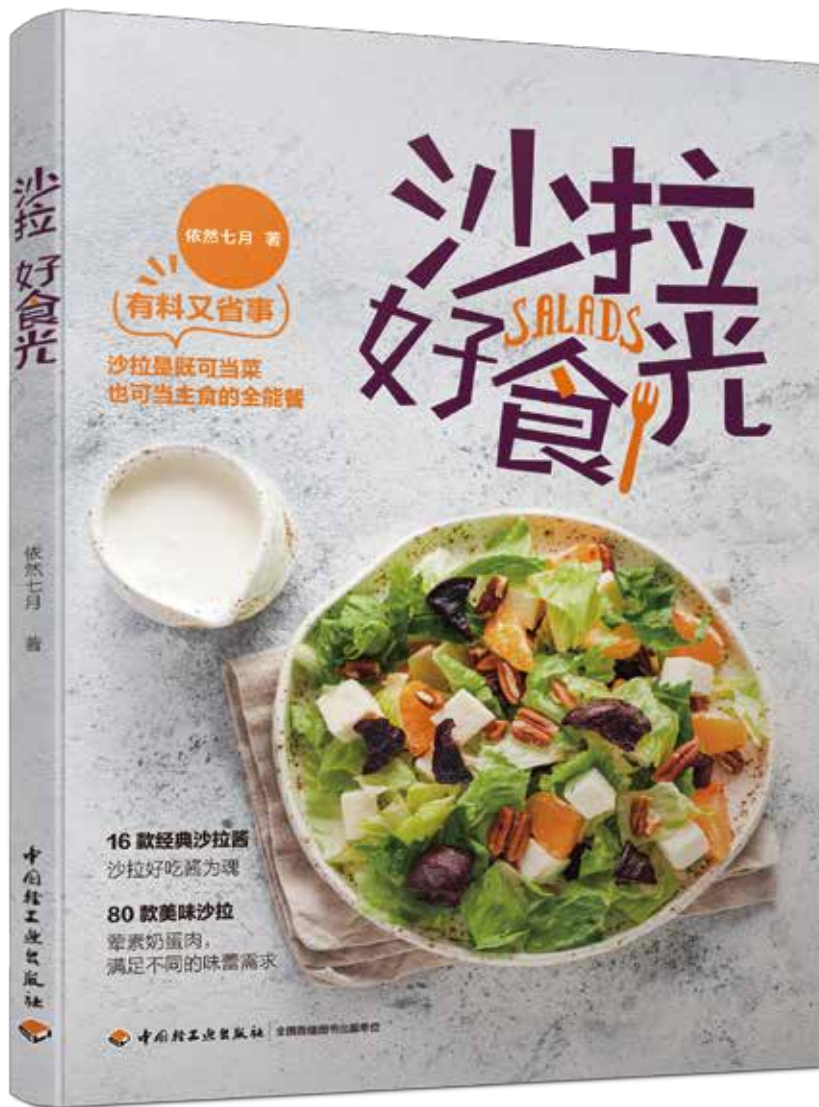


## 沙拉好食光

A Good Time for Salad

开本：170mm×240mm  
ISBN 978-7-5184-1892-3  
出版时间：2018.4  
作者：依然七月 著

Book Size: 170mm×240mm  
ISBN: 978-7-5184-1892-3  
Publish Date: April, 2018  
Author: July( the editor)



从简单到丰盛，沙拉既可简单家常，又能成就饕餮盛宴。快节奏的生活中，沙拉是既可当菜，又可当主食的全能餐。本书包含16款经典沙拉酱，80款美味沙拉：荤素奶蛋肉，满足不同的味蕾需求。每款沙拉均有营养素构成和总卡路里数值，以利于塑身人群更好地控制饮食。

Salad can be simple and casual as well as delicate and fashionable. In such a fast-paced life, salad can be used as a dish and staple food. The book contains 16 classic salad dressings and 80 types of delicious salad, which can satisfy different flavor. There is detail nutrient composition and total calories for all types of salad to help people control diet.





## 10分钟花样早餐

Make Breakfast in 10 minutes

开本: 170mm × 240mm  
ISBN 978-7-5184-1425-3  
出版时间: 2017.7  
作者: 养生堂专家组 主编

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1425-3  
Publish Date: July, 2017  
Author: Panel of  
YangShengtang (the editor)

365天不重样的花样早餐, 让你的早餐好好吃!

《10分钟花样早餐》主打“10分钟”早餐理念, 精选了300多道营养丰富、操作简便的早餐菜点, 为上班族、老人、儿童、素食者、三高人群、减肥人群……不同人群提供健康科学的早餐方案。每天只要10分钟, 就能为自己、为家人做出一顿营养丰富的早餐。

► Different and delicious breakfasts for 365 days!

This book holds the concept of “10 Minutes” for breakfast and selects more than 300 nutritious breakfast which are easy to make for office staff, the elderly, children, vegetarians, three high-population and slimming people. There are different breakfast for different people. What you need is 10 minutes a day to make a nutritious breakfast for yourself and your family.

## 滋养药膳汤煲

Nutrient Medical Soup

开本: 170mm × 240mm  
ISBN 978-7-5184-0617-3  
出版时间: 2016.4  
作者: 依然七月 著

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-0617-3  
Publish Date: April, 2016  
Author: July ( the editor)

本书共介绍了108道帮助全家人改善体质的滋补汤煲, 其中包括32道四季汤、30道功效汤、40道专属汤、6道高汤, 让你一书在手, 网罗滋补好汤。书中步骤详细、图片清晰、操作性强, 更有“好汤精髓”、“健康贴士”及“食材、药材”详解, 帮助你在轻松煲出营养美味的滋补药膳汤煲。

► The book introduces a total of 108 nourishing soups for the whole family, including 32 four-season soups, 30 efficacy soups, 40 exclusive soups and 6 stock soups. You can use this book to make nourishing soups. In this book, steps are detailed, pictures are clear and introduction of “the essence of good soup”, “healthy tips” and “ingredients and medicinal materials”, which can help you make nutritious and delicious soups at home.





## ● 本味：地道川菜24味

○ 开本：170mm × 240mm  
ISBN 978-7-5184-1962-3  
出版时间：2018.6  
作者：火花石 著

○ Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1962-3  
Publish Date: June, 2018  
Author: Huohuashi

● 川菜精髓在于调味，而川菜的味道不仅是麻辣那么简单。川菜烹饪专家火花石在书中详细介绍了川菜24种经典味型的特色及调味关键，并选取了代表各个味型特点的68道菜品。一步一图，详尽细致，制作诀窍贴心实用，在家做出地道的川菜的同时，还能了解川人真实生活和当地饮食文化。

✦ The essence of Sichuan cuisine lies in seasoning, and the taste of Sichuan cuisine is not only spicy but also simple. The sparkling stone of Sichuan cooking experts introduced in detail the characteristics of the 24 classic flavors of Sichuan cuisine and the key to flavoring, and selected 68 dishes that represented the characteristics of each flavor. Step by step, detailed and meticulous, production, practical and practical, at home while making authentic Sichuan cuisine, but also to understand the real life of Sichuan people and local food culture.

## 大师绝味经典渝菜

Classic Chongqing Cuisine

开本: 170mm x 240mm  
ISBN 978-7-5184-1439-0  
出版时间: 2017.9  
作者: 潘恋 编著

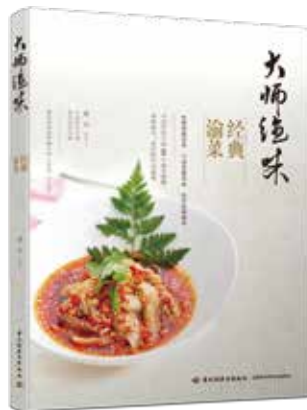
Book Size: 170mm x 240mm  
ISBN: 978-7-5184-1439-0  
Publish Date: September, 2017  
Author: Pan Lian (the editor)

国内第一本经典渝菜书! 中国烹饪大师、渝菜烹饪大师潘恋执笔, 首次将20年的厨艺精华总结为一条一条的制作秘诀, 无论是渝菜控、川菜控, 还是做饭新手, 复制成功率都高达99%。

一本让人流口水的书! 100余道家常渝菜, 精美大图+步骤图解, 只看书味蕾就开始骚动: 劲道的麻, 凶猛的拉, 爽口的鲜, 纯粹的嫩, 知味的烫……

此外, 本书讲透了“渝菜”的方方面面, 包含了渝菜历史、原料、基础六味及百变味型、刀法、火候、调料以及食材搭配等, 收录了31道经典渝菜、27道绝味江湖菜、22道趣味特点菜。

- ▶ This is the first classic book about Chongqing cuisine in China! It is written by master Pan Zhi. It is the first time for him to summarize the essence of his 20-years' cooking experience into the recipes. No matter you are Chongqing cuisine lovers, Sichuan cuisine lovers or cooking novices, the success rate of you will as high as 99% after reading this book.
- ▶ This is a book all about delicious dishes! There are description of more than 100 homemade Chongqing dishes with exquisite pictures and step graphic, which makes your mouth water.
- ▶ In addition, the book explains all aspects of "Chongqing dishes", including the history, raw materials, six basic flavors and hundreds of changing, ways of cutting, heat, seasoning and food paring of Chongqing dishes. And it includes 31 classic Chongqing dishes, 27 delicious dishes and 22 specials.



## 疯狂烤箱 从菜鸟到高手

Crazy Oven

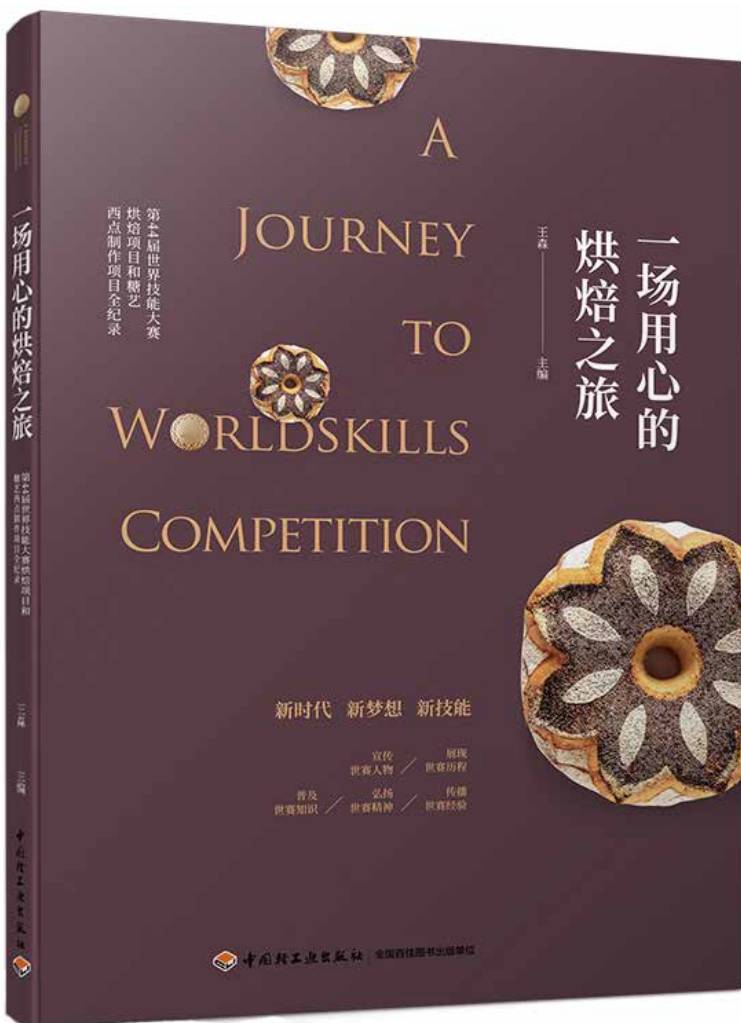
开本: 170mm x 240mm  
ISBN 978-7-5184-1906-7  
出版时间: 2018.7  
作者: 梅依旧 著

Book Size: 170mm x 240mm  
ISBN: 978-7-5184-1906-7  
Publish Date: July, 2018  
Author: Mei Yijiu

《疯狂烤箱 从菜鸟到高手》由 1000万人气美食博主主刀, 一步一图教你零基础玩转烤箱菜! 这里不仅仅有烘焙甜点, 营养时蔬、喷香肉类、花样主食, 一个都不少! 美味又健康的100道烤箱美食等着你。

- ▶ This book is written by famous blogger. It will teach you how to use oven in a zero basis! 100 delicious and healthy foods are waiting for you.





## 一场用心的烘焙之旅 ——第44届世界技能大赛烘焙项目和糖艺西点制作项目全纪录

A Journey to WorldSkills Competition-Recording of Baking and Western Pastry Making in the 44th World Skills Competition

开本: 185mm × 260mm  
ISBN 978-7-5184-1946-3  
出版时间: 2018.5  
作者: 王森 主编

Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1946-3  
Publish Date: May, 2018  
Author: Wang Sen (the editor)

蔡叶昭、吕浩然分别在2017年第44届世界技能大赛中的烘焙项目和糖艺西点制作项目中取得了金牌和优胜奖的好成绩, 本书将两位选手在比赛中的作品全部原景重现。本书详细介绍了第44届世界技能大赛烘焙项目和糖艺西点项目的赛事规则、时间进程、配方及制作, 图文并茂, 讲解详细, 从考题中可以感受到经典的西点烘焙风格, 非常值得研读。

Cai Yezhao won a gold medal for baking and Lv Haoran won the winning prize for western patry making in the 44th World Skills Competition in 2017, and this book records their works in the competition. Now, This book detailedly introduces the rules, time course, recipe and making of baking and western pastry making in the 44th World Skills Competition. There are relevant illustrations and detailed explanations, and you can catch the style of the classic Western pastry baking from the questions, which is worth studying.



## 纯天然手作冰淇淋

Natural Handmade Ice Cream

开本: 170mm × 240mm  
ISBN 978-7-5184-1455-0  
出版时间: 2017.7  
作者: 郑颖 主编

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1455-0  
Publish Date: July, 2017  
Author: Zheng Yin( the editor)



炎炎夏日，怎么少得了清凉冰淇淋的陪伴。本书不仅介绍各种冰淇淋的原材料和点缀冰淇淋的果酱，以及冰淇淋的摆盘方式。而且还教您如何运用简单的工具，不需要冰淇淋机，就可以制作出美味的冰淇淋。从基本手工冰淇淋的做法入门，精选了超简单的冰淇淋食谱，囊括了多彩的水果、健康的坚果冰淇淋，还有各种变化延伸的冰淇淋甜点吃法，让您一次满足，享受不同风味的清凉夏季，吃出不一样的冰凉美味。

Ice cream is the most wonderful companion in a hot summer. This book not only introduces the raw materials of various ice creams and the jams that embellish ice cream, but also the layout of ice cream. And in this book, you will learn how to make delicious ice cream with simple tools instead of ice cream machine. From the basic making method, the book selects super-easy recipes of ice cream, including colorful fruits and healthy nut ice cream as well as a variety of ice cream desserts, allowing you to meet and enjoy the coolness of different flavors.



## ● 纯天然手作冰沙

○ Natural Handmade Smoothies

○ 开本: 170mm×240mm  
ISBN 978-7-5184-1459-8  
出版时间: 2017.7  
作者: 郑颖 主编

○ Book Size: 170mm×240mm  
ISBN: 978-7-5184-1459-8  
Publish Date: July, 2017  
Author: Zheng Yin( the editor)

● 冰沙香甜清凉的口感不但是大人小孩共同的喜爱，也是冰箱中消暑度夏的必备的完美冰品。但是市售的产品不仅高脂肪、高热量，还含有人工香精防腐剂等添加物。本书教你利用纯天然的蔬菜水果，制作各式各样美味的冰沙。纯手工、纯天然，让您做得轻松，吃得开心，享受健康零负担的美味冰沙。

- ▶ The sweet and refreshing taste of smoothies is not only the favorite of adults and children, but also the perfect ice product for summer in the refrigerator. However, smoothies sold in the market not only have high fat and high calories, but also contain additives such as artificial preservatives. This book teaches you how to make all kinds of delicious smoothies by natural fruits and vegetables, which is handmade and natural and make you relaxed and happy to enjoy a healthy and reassuring delicious smoothies.



## ● 纯天然手作果酱

○ Natural Handmade Jam

○ 开本: 170mm×240mm  
ISBN 978-7-5184-1440-6  
出版时间: 2017.7  
作者: MIKI 主编

○ Book Size: 170mm×240mm  
ISBN: 978-7-5184-1440-6  
Publish Date: July, 2017  
Author: MIKI( the editor)

● 果酱是保留水果风味不错的方式。那么，怎样才能做出不含防腐剂、口感滋味佳，且有一定保存期的果酱呢？本书收录了数十款人气果酱配方，从单品果酱、双种果酱，到加入香料、花草等的复合果酱，凝聚了果酱达人多年的实践经验，还总结了如何挑选水果、如何调味、如何保存果酱等实用知识。按照本书的方法制作果酱，不仅简单方便，而且滋味绝佳，轻轻松松就能为家中的餐桌增添生趣。

- ▶ Jam is a great way to preserve the flavor of fruits. So, how can we make jams that have no preservatives but tasty and can be preserved for some time? This book concludes dozens of popular jam recipes, from single jams, double jams to compound jams with spices and flowers, which is the result of years of practical experience of jam masters. The book also summarizes some practical knowledge like how to pick fruit, how to season and how to preserve jams. It is simple and convenient to make jams following the method of this book, and you can delicious jams for your dining- table at home.

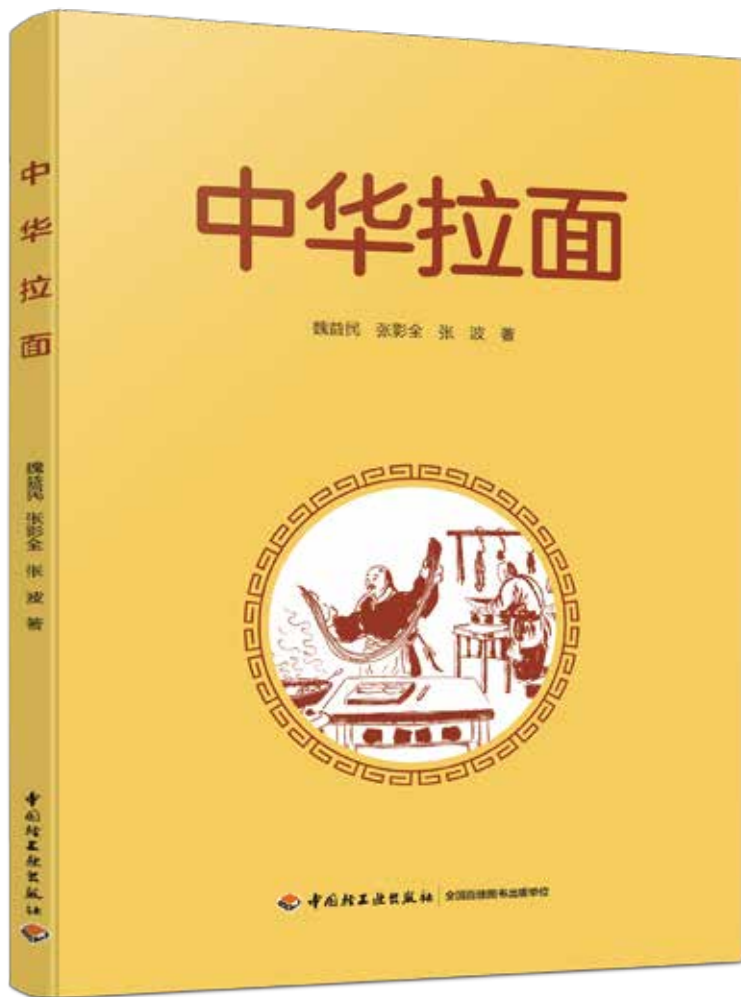


## 中华拉面

Illustration of the Making Technics of  
Fondant Cakes

开本: 170mm × 240mm  
ISBN 978-7-5184-1494-3  
出版时间: 2018.4  
作者: 魏益民 张影全 张波 著

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1494-3  
Publish Date: April, 2018  
Author: Wei Yimin, Zhang Yingquan,  
Zhang Bo



本书探讨了中华面条，特别是拉面，的起源、进化与发展史。针对拉面产业发展面临的评价方法、技术标准和操作规范等科学和技术问题，研究了影响拉面面粉流变学特性的因素，拉面质量要素及评价方法，拉面质量与小麦品种及其面粉特性的关系等。以此为依据，提出了拉面制作过程、拉面产品评价方法，制订了拉面专用面粉企业标准，筛选了部分适合制作拉面专用粉的小麦品种。

本书为拉面专用粉标准制定、拉面专用粉生产，提高兰州拉面产品质量等提供了科学依据和技术依据，为中华传统食品质量评价和标准指南研究提供借鉴和参考。

- This book introduces Chinese noodles, especially the origin, development and history of hand-pulled noodles. Focus on the scientific and technical issues such as evaluation methods, technical standards and operating specifications, it makes research on the factors affecting flour rheological properties of and the quality evaluation and evaluation methods of hand-pulled noodles, as well as the relationship between quality of hand-pulled noodles and wheat varieties and flour properties. Based on these, it puts forward the making process and the evaluation method of hand-pulled noodles. It also sets up the enterprise standard of dedicated flour and selects some wheat varieties suitable for the flour of hand-pulled noodles.
- This book provides scientific and technical base for the standard of dedicated flour and the production of dedicated flour of hand-pulled noodle as well as improving the quality of hand-pulled noodles in Lanzhou. And it provides references for the research of the quality evaluation and standard of traditional Chinese food .

## 寻茶记：中国茶叶地理

开本：170mm × 240mm  
ISBN 978-7-5184-1591-5  
出版时间：2018.1  
作者：艺美生活 编著

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1591-5  
Publish Date: January, 2018  
Author: ArtMia Life (the editor)



我们是一群热爱茶的年轻人，这几年来，我们一直以茶为主题，深入走访各个茶区，至今一共走访了十三个中国著名茶区，包括安溪、山东、大别山、峨眉山、蒙山、黄山、潮汕、台湾、武夷山、宣城、杭州、湖南、云南等。我们到了当地，会去了解其地理环境和植物系统，拜访茶人，学习各类茶的制作技艺、冲泡技巧等。最后，集结成了本书。

都说中国不缺好茶，但是缺懂茶的人，我们希望更多的人了解中国茶、品味中国茶，进而把我们的中国茶文化进一步发扬光大。

上市两月重印3次

- ▶ We are a group of young people who love tea. Over the past few years, we have been visited many tea regions and yet have been to 13 famous tea regions in China, including Anxi, Shandong, Dabie Mountains, Emeishan, Mengshan, Huangshan, Chaoshan, Taiwan, Wuyishan, Xuancheng, Hangzhou, Hunan and Yunnan. When we arrived in these areas, we would go to understand its geographical environment and plant systems, visit tea people, learn various of tea making techniques and brewing techniques. And finally, we write this book.
- ▶ It is said that China isn't lack of good tea but those who know tea. We hope that more people can know Chinese tea, drink Chinese tea and promote our Chinese tea culture.

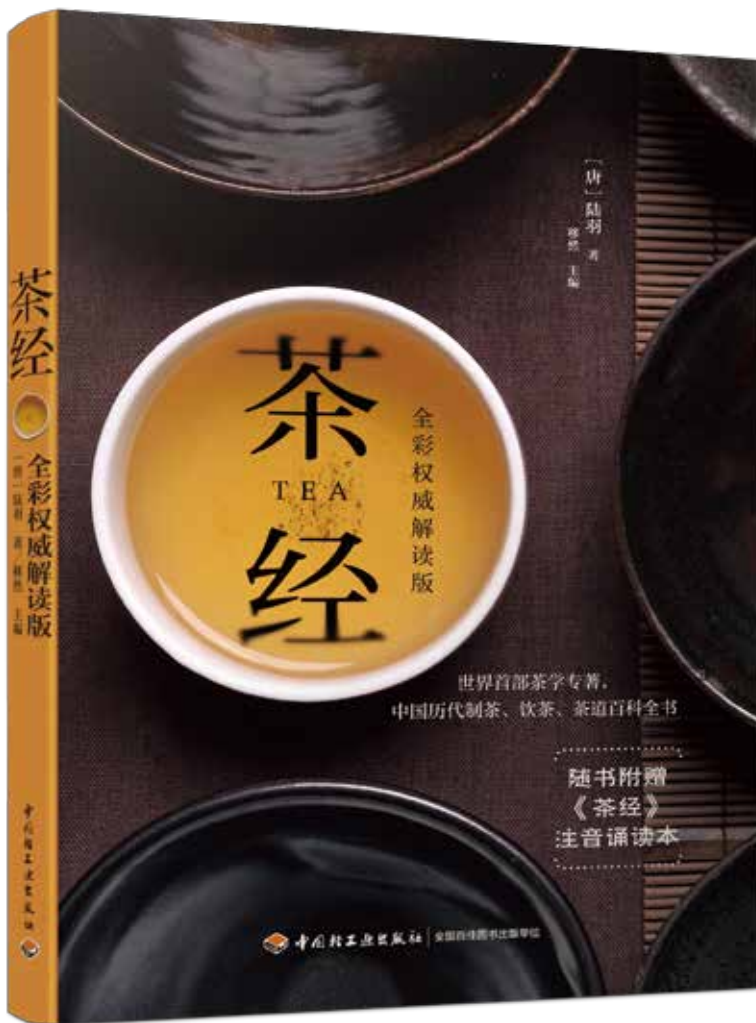
## 茶经：全彩权威解读版

The Book of Tea

开本：170mm × 240mm  
ISBN 978-7-5184-1500-7  
出版时间：2017.11  
作者：【唐】陆羽著 移然 主编

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1500-7  
Publish Date: November, 2017  
Author: Lu Yu(The Tang Dynasty)  
Li Ran( the editor)

本书是对陆羽《茶经》的全新解读，体例和内容忠于原著，并进行了精准的注释、解读，同时围绕章节主题展开了一些关于古今演变、人文趣事及现代茶、茶席、茶礼等的趣味延伸。本书另一大特点是，将《茶经》的实用性进行最大程度地开发，加大实用性茶知识的比重。此外，随书附赠的注音版小册子，能让读者通过诵读更好地理解原著内涵；扫描书中二维码，观看实操短视频，可帮助读者更好地学习和操作，优化阅读体验。



This book is a new interpretation of Lu Yu's , whose style and content are faithful to the original book and makes accurate annotation and interpretation. At the same time, this book adds some ancient-present evolution, humanistic anecdotes and some interesting extension like modern tea, tea mat and tea etiquette. Another important feature of this book is to maximize the practicality of and increase the proportion of practical tea knowledge. In addition, the complementary phonetic version of the booklet can help readers to understand the original connotation better. Scanning the QR code in the book, you can watch short video of practice, which can help readers to learn, operate and optimize the reading experience .

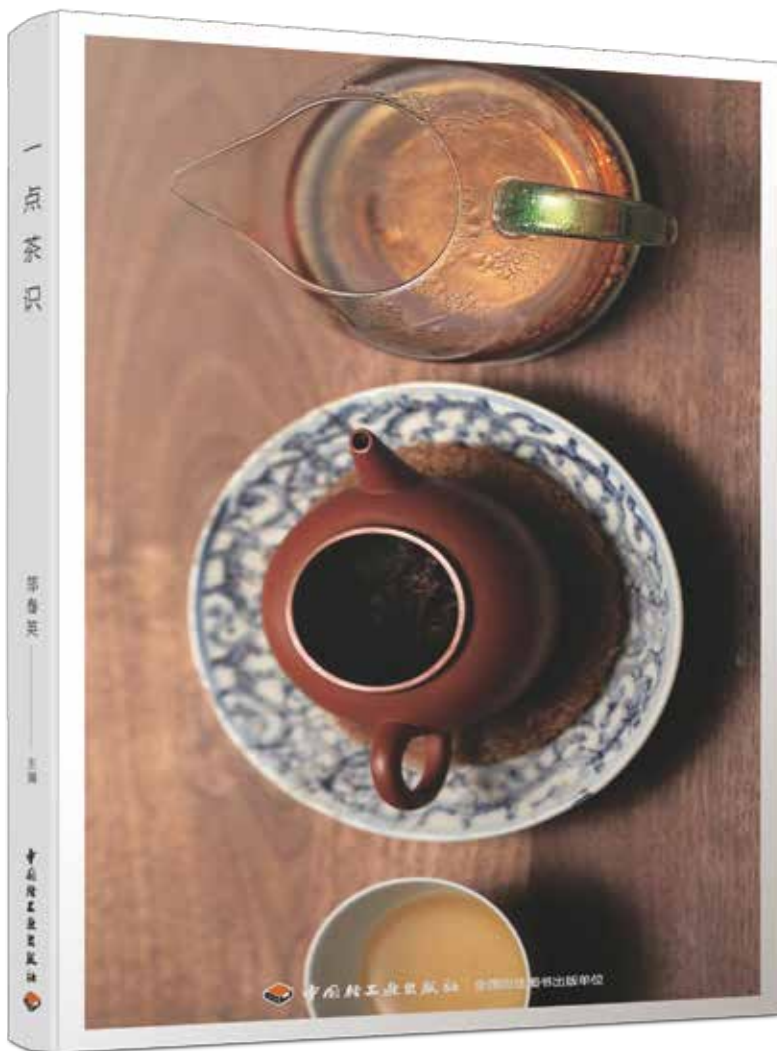


## 一点茶识

Tea knowledge

开本: 170mm × 240mm  
ISBN 978-7-5184-1411-6  
出版时间: 2017.6  
作者: 郑春英 主编

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1411-6  
Publish Date: June, 2017  
Author: Zheng Chunying (the editor)



这是一本集茶的专业知识与生活感悟于一体的茶书，作者将自己数十年的问茶所学和体悟浓缩于这二十万字的笔墨之中，内容涉及水、水温、茶水比例、茶器、不同茶叶的介绍、茶的故事传说等，让读者快速掌握茶的真谛：选一款适合泡茶的水很重要，用对手边的水也能泡出好茶味；不同的茶适用的水温有差异，掌握好温度方能释放茶香；恰当的茶水比例、合理的冲泡时间，决定茶的独特口感；茶器，赋予茶以灵魂，茶席，带给茶以意境。一本书让读者迅速明白茶、把握茶的本质。

This is a tea book combining professional knowledge of tea and the sentiments of life. The author concentrates her gains of tea into this book. It includes water, water temperature, the ratio of tea, tea utensils, introduction of different teas and story of tea, which can help readers to grasp the true meaning of tea quickly: it is very important to choose a suitable water for tea and right water can get great tea, different tea needs different water temperature and suitable temperature can release the fragrance of tea, appropriate ratio of tea and reasonable brewing time can determine the unique taste of tea, tea utensils can endow the tea soul and tea mat can create artistic conception for tea. This book can help readers to understand tea and grasp the essence of tea quickly.

## 茶界中国 / 上——惊艳世界的中国名茶

Tea Industry in China

开本: 170mm × 240mm  
ISBN 978-7-5184-1757-5  
出版时间: 2018.4  
作者: 刘嘉 主编

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1757-5  
Publish Date: April, 2018  
Author: Liu Jia( the editor)



本书为茶文化纪录片《茶界中国》的同名图书。《茶界中国·上，惊艳世界的中国名茶》讲述了源于中国名茶原产地的茶界故事，通过对中国名茶原产地的实地探访，分别从茶产地、茶人、茶事、茶故事、茶文化等多角度介绍了正山小种、凤凰单丛、恩施玉露、太平猴魁、龙井、碧螺春等中国名茶。同时将视角延伸到海外，讲述了英国下午茶起源和讲究，肯尼亚红茶的生产盛况，日本宇治茶产区的抹茶文化等海外茶文化故事。书中植入大量的小视频二维码，扫码即可观赏各种名茶的制作过程。

This is a book that has the same name with the tea culture documentary "Tea Industry in China". This book tells the story of the tea industry originating from the famous tea areas in China. By visiting the origins of tea in China, the book introduces many famous Chinese tea like lapsang souchong, Fenghuang Dancong, Enshi Jade Jew, Taiping kowkui, Dragon Well and Biluochun Tea from aspects of the origins of tea, tea people, big events of tea and stories of tea. At the same time, the book extends its perspective to overseas and describes some stories of tea culture like the origin and manners of high tea in England, the production of Kenyan black tea and the matcha culture of Uji tea areas in Japan. A large number of QR codes of small videos are attached in the book, and you can appreciate the making process of famous tea.

## ● 茶界中国 / 下——跨越时空的茶文化

○ Tea Industry in China

○ 开本: 170mm × 240mm  
 ISBN 978-7-5184-1758-2  
 出版时间: 2018.4  
 作者: 刘嘉 主编

○ Book Size: 170mm × 240mm  
 ISBN: 978-7-5184-1758-2  
 Publish Date: April, 2018  
 Author: Liu Jia( the editor)



● 本书为茶文化纪录片《茶界中国》的同名图书。《茶界中国·下，跨越时空的茶文化》介绍了茶马古道的历史渊源，茶文化的国内外传播过程，中国之外茶产地的缘起，以及各种名茶传承和流转的故事，同时还将视角延伸，分别从茶、水、茶器、茶人、茶产地、茶文化等多角度描述了广受历代茶人推崇的中国名泉，国内外知名茶器（陶瓷、紫砂、建盏、骨瓷等）的发展，国内外各种茶道的讲究，等等。书中植入大量小视频二维码，可以扫码观看精彩的茶文化故事。

► This is a book that has the same name with the tea culture documentary "Tea Industry in China". This book introduces the historical origins of the ancient Tea Horse Road and describes the famous Chinese spring that admired by the past tea people, the development of well-known tea utensils( Ceramics, sand-fired pot, JianZhan and bone china) and the manners of tea culture in China and abroad from many perspectives like tea, water, tea utensil, tea people, tea origins and tea culture. A large number of QR codes of small videos are attached in the book and you can appreciate the interesting stories of tea culture.



国际美食美酒图书颁奖典礼由著名的美食美酒图书收藏家爱德华·君度先生于1995年在法兰克福书展上始创的“国际美食美酒图书博览会”发展而来,有着“国际美食美酒领域里的奥斯卡奖”之美誉。该颁奖盛典每年从全球200多个国家和地区中评选出最优秀的饮食类图书进行嘉奖,目前该奖在世界各地已经连续举办了23届。我们中国轻工业出版社已连续参加了13届。不仅连年获得美食美酒图书大奖,而且还获得过最佳版权贸易出版社,最佳引进图书出版商称号。





# 大众健康

Population Health

## ● 人体经络穴位家用大图册 (一本会说话的经络大图册)

○ Human Body Meridian Points Map

○ 开本: 250mm × 370mm  
ISBN 978-7-5184-1449-9  
出版时间: 2017.12  
作者: 刘立安 赵克勤 主编

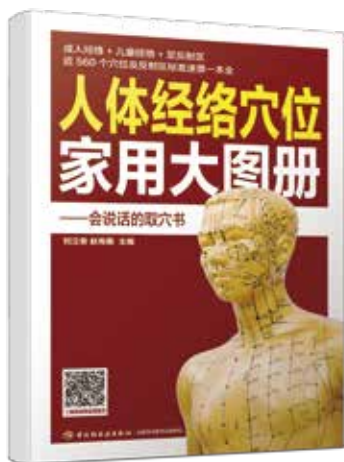
○ Book Size: 250mm × 370mm  
ISBN: 978-7-5184-1449-9  
Publish Date: December, 2017  
Author: Liu Lian, Zhao Keqin  
(the editor)

● 本书主要介绍了成人经络穴位、儿童经络穴位、常见反射区，包括近560个穴位及反射区。

本书还介绍了每条经络的歌诀速记、保养方法，穴位的主治、定位、简易取穴、临床应用等，一一呈现。

书里面的二维码视频、多个索引，方便读者快速精准取穴。

- ▶ This book mainly introduces the meridian points of adults and children as well as common reflex zones, including nearly 560 acupuncture points and reflex zones.
- ▶ This book also introduces songs and maintenance methods for each meridian as well as the function, positioning and clinical application of acupuncture points.
- ▶ There are two-dimensional code and several indexes in the book, which can help readers quickly and accurately find acupoints.



## ● 经络穴位反射区大图册 (大字版)

○ Meridian Reflection Area Map

○ 开本: 250mm × 370mm  
ISBN 978-7-5184-1633-2  
出版时间: 2017.12  
作者: 吴中朝 主编

○ Book Size: 250mm × 370mm  
ISBN: 978-7-5184-1633-2  
Publish Date: December, 2017  
Author: Wu Zhongchao (the Editor)

● 本书在精准的取穴定位基础上，给出了快速取穴方法，让你又快又准地找到穴位，配合真人图上的标尺和图示，让你手眼并用，再无仅看文字却不知定位的困惑。

本书还囊括了足、手、耳反射区图，在全身找穴的同时，兼顾足、手、耳反射区的查找，并且将穴位名按笔画排序，让你能够快速在书中找到所需穴位。取穴与治病，一本图册就搞定！

- ▶ Based on accurate acupoint positioning, this book gives a quick acupoint selection method that allows you to find the acupuncture points quickly and accurately. It can be combined with the scales and icons on the real people's map to allow you to use both hands and eyes. I do not know the positioning of the confusion.
- ▶ The book also includes foot, hand, and ear reflex maps. While searching for points in the body, the search for foot, hand, and ear reflex zones is also considered, and the names of the acupressure points are sorted by strokes so that you can quickly find what you need in the book. Acupuncture points. Acupoints and medical treatment, a map to get!





## 新编对症取穴艾灸图典

Moxibustion Pathocondition Points Map



- 开本: 185mm × 260mm  
ISBN 978-7-5184-1106-1  
出版时间: 2016.11  
作者: 孙敬青 主编 尤海燕 副主编

- 临床上, 艾灸最适合调理寒湿、痰湿、气滞血瘀等引起的各种常见病、慢性病, 对于现代人常见的亚健康、小病小痛有显著的效果。

本书分别从五脏养护、家庭常见病调理、对付寒湿虚、慢性病防治、美容养颜、不同人群灸疗等方面, 向读者阐释艾灸的效果, 同时教读者如何对症选穴, 而且取穴方法简单易学, 是居家必备的健康枕边书。

- Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1106-1  
Publish Date: November. 2016  
Author: Sun Jingqing (the editor) You Haiyan (the associate editor)

- ▶ Clinically, moxibustion is the most suitable conditioning treatment for various common diseases and chronic diseases caused by dampness, phlegm-damp, qi stagnation and blood stasis, and it also has a significant effect on sub-health and ailment that common to people nowadays.
- ▶ This book explains the function of moxibustion to readers from the care of five organs, common disease conditioning, the treatment for dampness, the prevent of chronic disease, beauty care and moxibustion for different groups of people. At the same time, it teaches readers how to select pathocondition points in a simple way that readers can easy to learn. It is an essential pillow book for health.

## 新编对症取刮痧灸图典

Scraping Therapy



- 开本: 185mm × 260mm  
ISBN 978-7-5184-1075-0  
出版时间: 2016.11  
作者: 孙敬青 主编 尤海燕 副主编

- 当下, 刮痧疗法因其绿色环保、操作简单、无副作用等特点, 受到越来越多的人青睐。本书针对人们常见的烦恼和病痛, 分别从日常保健、时尚美容、家庭常见病调理、男科妇科病调治、慢性病调理, 以及突发疾病的救急等方面, 揭示刮痧的奥秘, 是居家生活不可或缺的健康指南。

- Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1075-0  
Publish Date: November. 2016  
Author: Sun Jingqing Jinxia (the editor) YO Haiyan (the associate editor)

- ▶ At present, scraping therapy is more and more popular because of its environmental protection, simple operation and no side effects. Focusing on the common annoyances and illnesses of people, this book reveals the mysteries of scraping from the aspects of daily health care, fashion and beauty, conditioning of common diseases, treatment of men's gynecological diseases, conditioning of chronic disease and treatment of emergent diseases, which is a indispensable health guide.

## 新编对症取穴按摩图典

Acupuncture Points Map



- 开本: 185mm × 260mm  
ISBN 978-7-5184-1066-8  
出版时间: 2016.11  
作者: 倪金霞 主编 尤海燕 副主编

- 本书针对现代人普遍存在的各种健康问题, 分别从日常保健、亚健康调理、家庭常见病调理、中老年常见病调理、男女儿科常见病调理, 以及突发急症的按摩护理等方面, 手把手教读者找穴位、做按摩、防病保健, 是居家生活理想的健康枕边书。

- Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1066-8  
Publish Date: November. 2016  
Author: Ni Jinxia (the editor) You Haiyan (the associate editor)

- ▶ Aiming at various health issues that are common to modern people, this book teaches readers how to find acupuncture points, how to do massages and how to prevent illness and keep healthy hand-by-hand from the aspects of daily health care, sub-health conditioning, common disease conditioning, conditioning of common diseases of middle-aged and old people, conditioning of common pediatric diseases, and massage treatment of emergent diseases. It is a ideal pillow book for home life.



## 肛刚好：看协和医生 细说羞羞的肠道

Doctor Talks About Anorectal Therapy

开本：240mm×170mm  
ISBN 978-7-5184-1959-3  
出版时间：2018.9  
作者：林国乐 著

Book Size: 240mm×170mm  
ISBN: 978-7-5184-1959-3  
Publish Date: September, 2018  
Author: Lin Guole( the editor)

- 这是一本和常见肛肠隐疾“斗争”到底的健康科普书。

来自协和医院基本外科、肛肠疗愈领域的林国乐医生，结合自己丰富的临床经验和生动案例，以幽默诙谐、通俗易懂的文字，传递科学、健康、有益的肛肠保健知识，针对便秘、便血、痔疮、肠道菌群失调、肠癌等常见问题给予了科学解读，适合广大读者阅读。

- ▶ This is a science book for health that struggles with common anorectal diseases.
- ▶ Dr. Lin GuoLe is working in the Department of Basic Surgery and Convalescent Anorectal Therapy of Concord Hospital. He has combined his abundant clinical experience and vivid examples to spread scientific, healthy and beneficial knowledge of anorectal health care through humorous and simple words. For common problems like constipation, hemochezia, hemorrhoids, alteration of intestinal flora and bowel cancer, this book makes scientific interpretation, which are suitable for readers.



## 张奉春：痛风饮食+运动

Food and Sports Treatment of Gout

开本：170mm × 240mm  
ISBN 978-7-5184-1438-3  
出版时间：2017.11  
作者：张奉春 编著

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1438-3  
Publish Date: November, 2017  
Author: Zhang Fengchun (the editor)

《张奉春：痛风饮食 运动》一书提倡饮食、运动两手抓，让痛风患者吃得合理，动的安全！

本书从饮食和运动两点出发，上篇科学的介绍了适合痛风患者吃的食物又哪些；如何健康的吃；哪些食物要少吃或不吃。下篇详细的介绍了痛风患者该如何运动；长期坚持合适自己的运动有助于预防痛风的发作；哪一种简单的小动作，可以几分钟缓解疼痛等。非常适合作为痛风患者的床头案集，供大家随时翻阅。

- ▶ This book comprehensively concludes the prevention and treatment of gout. It promotes healthy diet and more exercise to help patients to keep healthy!
- ▶ This book is divided into two subjects of diet and exercise. The first part gives a scientific introduction of what foods are suitable for gout patients, how to eat healthily and what foods shouldn't be eaten. The next part detailedly introduces how gout patients to exercise, the exercise suitable to the patients will help prevent gout and several simple exercise can relieve pain for several minutes. This book is a ideal bedside book for gout patients to read at any time.



## 章友康刘玉宁 养好肾养好命

Kidney Care

开本：170mm × 240mm  
ISBN 978-7-5184-1868-8  
出版时间：2018.5  
作者：章友康 刘玉宁 主编

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1868-8  
Publish Date: May, 2018  
Author: Zhang Youkang, Liu Yuning (the editor)

《章友康刘玉宁 养好肾养好命》内容分为九个部分：第一部分告诉您养生为何重在养肾；第二部分教您从身体的小细节中及早发现肾潜在的问題；第三部分介绍怎样从尿液里发现肾病的蛛丝马迹；第四部分从中医角度阐释现代人肾虚的原因，并给出有效的调理方法；第五部分介绍补肾食物和肾病患者饮食的注意事项；第六部分传授男女养肾秘籍；第七部分推荐简单易学的养肾小动作；第八部分介绍养肾药物的科学使用；第九部分针对常见肾脏疾病给出详细调理方案。

- ▶ This book is divided into nine parts: the first part tells you why should we nourish kidney, the second part teaches you to discover potential problems about kidney as early as possible from the details of your body, the third part describes how to find traces of kidney disease from urine, the fourth part explains the reasons of kidney deficiency from the perspective of traditional Chinese medicine and gives effective conditioning methods, the fifth part introduces foods for kidney and considerations for the diet of nephrotic people, the sixth part shares the tips for men and women to nourish kidney; the seventh part recommends some exercise easy to learn; the eighth part introduces the scientific use of kidney-care drugs; the ninth part provides a detailed conditioning plan for common kidney diseases.





## 连小兰： 甲状腺养护饮食宜忌

Food Taboos of Thyroid

开本：170mm × 240mm  
ISBN 978-7-5184-1719-3  
出版时间：2018.2  
作者：连小兰 主编 张晔 副主编

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1719-3  
Publish Date: February, 2018  
Author: Lian Xiaolan (the editor)  
Zhang Ye (the associate editor)

本书通过告诉读者如何优选食物、哪些食物要少吃或不吃来预防甲状腺疾病，同时又针对常见甲状腺疾患人群，如甲状腺结节、甲亢、甲减、甲状腺炎、甲状腺肿等，给予饮食调养、生活调养、具体用药指导等多方面的辅助病症治疗方案，以便帮助读者更好地防病、控病。

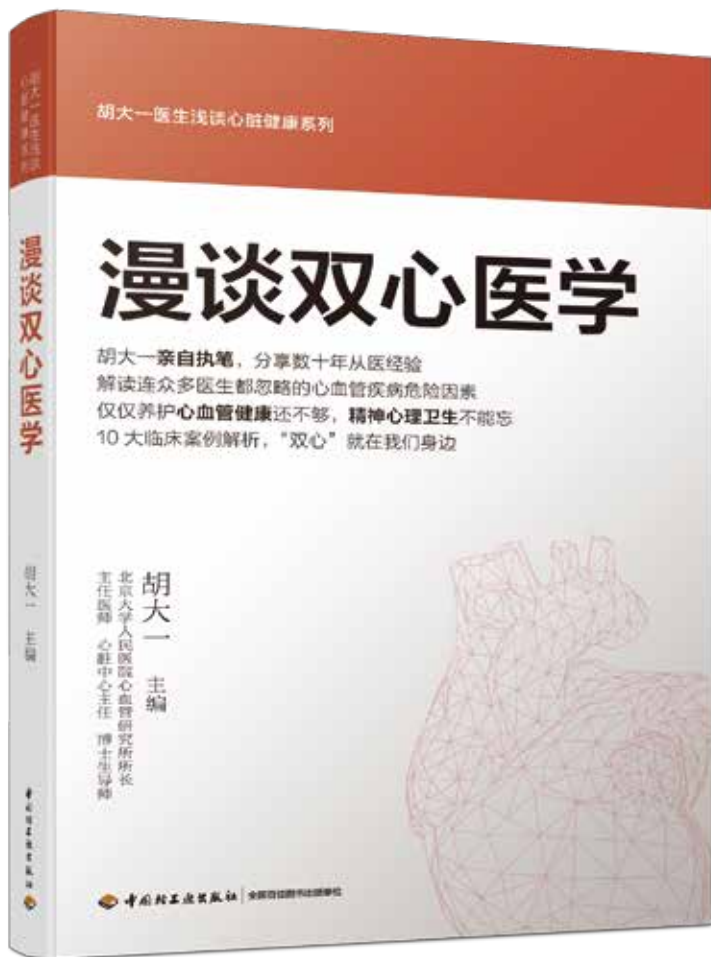
► This book helps readers to prevent thyroid disease by telling them how to select foods. At the same time, according to those people with thyroid, like thyroid nodules, hyperthyroidism, hypothyroidism, thyroiditis and goitersit, this book provides many treatments including dietary remedy, daily conditioning and specific medical guidance to help readers to prevent disease.

## 漫谈双心医学

Phycho Cardiology

开本：170mm×240mm  
ISBN 978-7-5184-1416-1  
出版时间：2017.8  
作者：胡大一 主编

Book Size: 170mm×240mm  
ISBN: 978-7-5184-1416-1  
Publish Date: October, 2017  
Author: Hu Dayi (the editor)



本书通过通俗易懂的病例向大家普及双心医学概念，答疑解惑，希望能找到新的心血管疾病治疗思路。旨在全面提高全民健康水平，构筑心血管疾病的全面防线。

这本书深入浅出的介绍了双心医学观念，重点提出“精神心理障碍是心血管疾病的独立危险因素”，通过 10 大临床医案详细阐释“双心”的奥义，另针对常见精神疾病给出详细识别干预及治疗方案。

这本书除了是一本全民都能看的科普读物，更是一本临床病案解读！丰富的病例和详尽的专家解析对医学专业人士也有很大帮助。

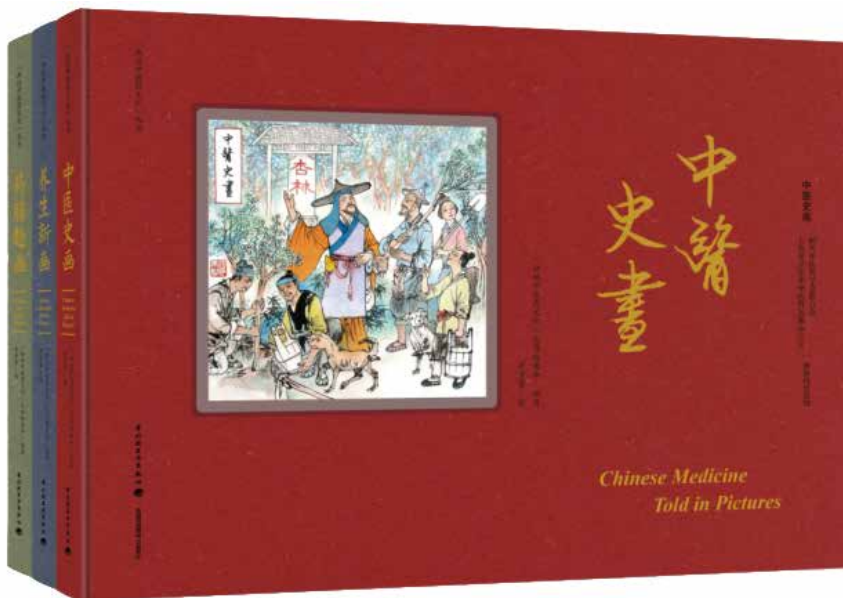
- ▶ This book popularizes the concept of Psycho-Cardiology through cases which are easy to understand. It answers questions and hopes to find new ideas of treatment for cardiovascular diseases. It aims to improve the health of the entire population and build a comprehensive defense line for cardiovascular disease.
- ▶ This book introduces the concept of Psycho-Cardiology in a simple and easy way. It highlights that “mental and psychological disorders are independent risk factors for cardiovascular disease”. And it detailedly explains the meaning of “Psycho-Cardiology” through 10 clinical medical cases and also provides Detailed identification and treatment for common mental illnesses.
- ▶ This book is not only a popular science book that everyone can understand, but also an interpretation book of clinical cases! The abundant cases and detailed analysis of this book are for helpful to medical professionals.

## “画说中医药文化”系列丛书

Traditional Chinese Medicine Culture

开本: 240mm × 170mm  
 ISBN 978-7-5184-1674-5  
 ISBN 978-7-5184-1670-7  
 ISBN 978-7-5184-1673-8  
 出版时间: 2018.1  
 作者: “画说中医药文化”丛书编委会 编著, 罗希贤 绘

Book Size: 240mm × 170mm  
 ISBN: 978-7-5184-1674-5  
 ISBN: 978-7-5184-1670-7  
 ISBN: 978-7-5184-1673-8  
 Publish Date: January, 2018  
 Author: "Traditional Chinese medicine culture" series editor board. (the Editor)



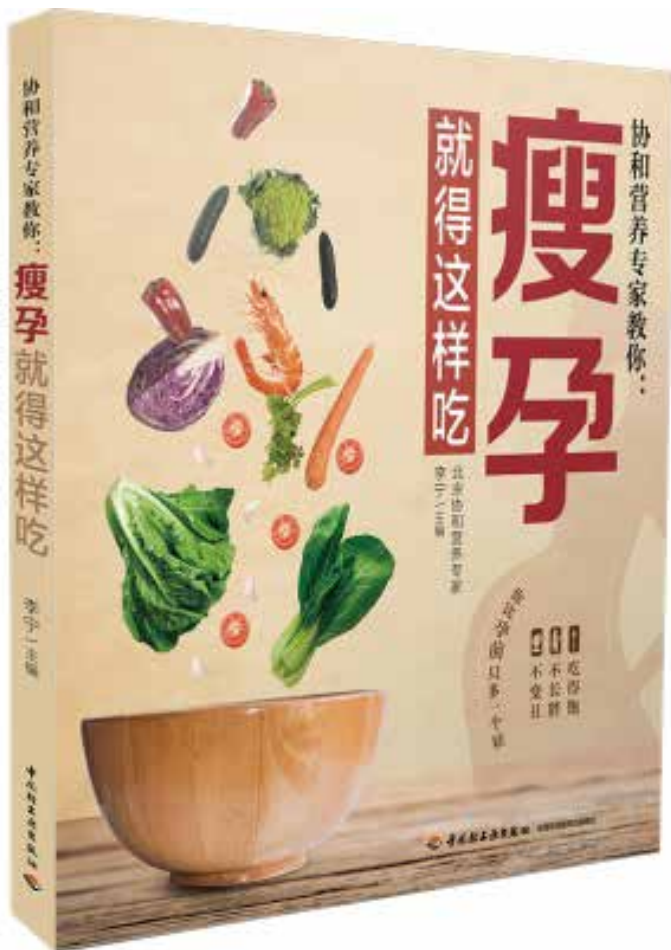
“画说中医药文化”丛书是第一部将中医药文化与中国传统连环画完美结合的图书作品，中英文双语对照，包含《中医史画》《养生新画》《药膳趣画》3本图书，丛书希望以通俗易懂的语言、形象生动的绘画让更多人了解中国文化的瑰宝——中医药文化，并通过“一带一路”促进中医药走向世界；也同时传承了中国独有的艺术形式——连环画。

本丛书已被列为上海市卫计委中医药发展办公室和世界中医药学会联合会推荐科普读物。

- ▶ Brief Introduction:
- ▶ Series of Books on Sketching Chinese Medicine Culture is the first book work that perfectly integrates traditional Chinese medicine culture with Chinese traditional comics. It is edited by antithesis with Chinese and English, including three volumes: "Chinese Medical History Painting", "Health Care Painting," and "Medicine Funny Painting". The series of books can make more Chinese people grasp Chinese medicine culture, the treasures of Chinese culture through easy-to-understand language and vivid paintings, and with the development of Belt and Road Initiative, Chinese medicine will be promoted to enter into international medicine world. At the same time, comics, as China's unique art form, will be inherited.
- ▶ This series has been listed as a popular science book recommended by the Shanghai Municipal Health Planning Commission's Office of Chinese Medicine Development and World Federation of Chinese Medicine Societies.

# 孕产育儿

Pregnancy Labor and Child Care



## 瘦孕就得这样吃

Dietitians for Pregnant Mothers

开本：210mm × 230mm  
ISBN 978-7-5184-1662-2  
出版时间：2018.4  
作者：李宁 主编

Book Size: 210mm × 230mm  
ISBN: 978-7-5184-1662-2  
Publish Date: April, 2018  
Author: Li Ning (the Editor)

本书教给孕妈妈怎么吃既能养好胎又不吃胖的好方法。让孕妈妈了解不同营养素的作用和每日补充量，也会教给孕妈妈吃什么、怎么吃才能既保证营养又能享“瘦”孕期，让孕妈妈成为自己的专业营养师。

其次，推荐给孕妈妈必吃的滋补、不长肉食材，并将孕期10个月的瘦孕饮食指导渗入到每月餐单中，孕妈妈跟着吃，不用再为每天吃什么而发愁，也不用再怕吃什么都长胖。

最后，还教给妈妈们产后怎么继续控制体重，让产后新妈妈更加轻松地完成身体健康恢复和身材恢复目标。

本书从以上几个方面细致入微地照顾妈妈们的吃喝，让妈妈轻松从孕期到产后都保持美丽、远离肥胖。

- ▶ This book teaches pregnant mother how to eat a good way to keep a good baby without eating fat. Let pregnant mothers understand the role of different nutrients and daily supplements, will also teach pregnant mothers what to eat, how to eat to ensure both nutrition and enjoy "lean" pregnancy, so that pregnant mothers become their own professional dietitians.
- ▶ Secondly, recommended to pregnant mothers must eat nourishing, not long meat ingredients, and 10 months of pregnancy lean pregnancy diet guide into the monthly menu, pregnant mothers to eat, do not have to worry about what to eat every day, also Don't be afraid to gain weight anymore.
- ▶ In the end, we also taught mothers how to continue to control their weight after production, so that postpartum mothers can more easily complete their physical health recovery and body recovery goals.
- ▶ From the above aspects, the book meticulously takes care of the eating and drinking of mothers, so that mothers can easily stay beautiful and stay away from obesity during pregnancy and postpartum.



## 协和专家+协和妈妈圈 干货分享·养胎

How to Eat to Keep Fetal Healthy

开本: 170mm×240mm  
ISBN 978-7-5184-1385-0  
出版时间: 2017.7  
作者: 李宁 编著

Book Size: 170mm×240mm  
ISBN: 978-7-5184-1385-0  
Publish Date: July, 2017  
Author: Li Ning (the editor)

本书针对怀孕十月孕妈妈和胎宝宝的不同情况, 科学指导孕妈妈怎么吃养胎, 并有协和妈妈圈达人热心分享养胎不长肉的经验。还有针对孕期常见不适, 比如感冒、便秘等小毛病的饮食调理, 以及特殊症状孕妈妈, 比如妊娠糖尿病、高血压等的饮食调理。

► Aiming at the different circumstances of pregnant mothers and fetal babies, this book scientifically guides pregnant mothers how to eat to nurture the fetus and share the experience of mothers who get production inspection in Concord Hospital how to nurture the fetal without getting fat. And the book also introduces the diet conditioning for the common discomforts like colds and constipation, and pregnant mothers with illnesses like gestational diabetes and high blood pressure.



## 协和专家+协和妈妈圈 干货分享·育儿

Childcare from 0 to 3

开本: 170mm×240mm  
ISBN 978-7-5184-1580-9  
出版时间: 2017.10  
作者: 王丹华 编著

Book Size: 170mm×240mm  
ISBN: 978-7-5184-1580-9  
Publish Date: October, 2017  
Author: Wang Danhua (the editor)

本书以0~3岁宝宝的发育为主线, 介绍了每个阶段可能遇到的问题, 告诉新手爸妈如何面对和解决, 包括出现的特殊情况、及关键能力培养、婴语解析等, 以协和儿科专家的视角给你科学的指导, 又有育儿达人的经验传授。

► With the development of babies aged from 0 to 3 years old, this book introduces the problems that may be encountered at each stage and tells novice parents how to deal with them, including special circumstances, the development of key abilities and the understanding of baby language. The book can provides you scientific guidance from the perspective of pediatricians in Concord Hospital and the experience of childcare experts.



## 协和专家+协和妈妈圈 干货分享·产后恢复

Postpartum Recovery Guidance

开本: 170mm×240mm  
ISBN 978-7-5184-1717-9  
出版时间: 2018.3  
作者: 马良坤 编著

Book Size: 170mm×240mm  
ISBN: 978-7-5184-1717-9  
Publish Date: March, 2018  
Author: Ma Liangkun (the editor)

本书从月子护理到产后瘦身, 将逐周、逐月给予科学、专业的指导。不管是顺产妈妈还是剖宫产妈妈, 都能找到最适合自己的产后恢复计划。同时, 针对孕产对女性身体和心理造成的影响给出了格外的呵护方法。另外, 对于女性产后常见不适症, 如恶露不尽、产后便秘、产后乳腺炎、产后抑郁等也给出了调理方法

► This book provides scientific and professional guidance for mothers specified in every week and every month from their nurturing in confinement to their postpartum slimming. The mothers can find a postpartum recovery plan suitable for them by diet, details of life and safe exercise. At the same time, for the influence exerted by pregnancy and birth to their body and mentality. In addition, the book also provides conditioning methods for the common postpartum discomfort.



## 孕期胎儿发育一天一页

Day-to-day Development of Babies with Pictures

开本: 170mm × 240mm  
ISBN 978-7-5184-1634-9  
出版时间: 2018.4  
作者: 王琪 主编

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1634-9  
Publish Date: April, 2018  
Author: Wang Qi (the Editor)

- 这本书以图文对照的方式, 告诉孕妈妈身上出现的各种变化, 以及原因是什么, 如何应对。还以最直观的图像告诉你胎宝宝每天的发育情况, 让孕妈妈看到可爱的正在努力长大的胎宝宝。

不仅如此, 本书还给出了每日的孕期指导, 明示每日最需要注意的问题, 让孕妈妈的孕期过得更精细、更高效, 让孕育事半功倍。

- ▶ This book tells pregnant mothers the various changes that appear in a graphic and control way, and what are the reasons and how to deal with them. It also tells you the day-to-day development of the baby's baby with the most intuitive image, so that the pregnant mother can see the lovely baby who is trying to grow up.
- ▶ Not only that, the book also gives daily guidance during pregnancy and expresses the most important issues that need to be paid attention every day, so that pregnant mothers can be more delicate and more efficient during pregnancy, allowing them to do more with less.



## 协和医院营养专家李宁： 怀孕坐月子饮食宜忌

Diet Taboos During Pregnancy and  
Postpartum Recovery

开本：170mm x 240mm  
ISBN 978-7-5184-1517-5  
出版时间：2017.10  
作者：李宁 编著

Book Size: 170mm x 240mm  
ISBN: 978-7-5184-1517-5  
Publish Date: October, 2017  
Author: Li Ning (the editor)



本书涵盖孕期10个月、产后6周以及常见孕产期不适的饮食宜忌。将体重管理与饮食相结合；根据不同孕期速查重要营养素需要量、食物来源等；怀胎十月，告诉你每个月的饮食宜忌、宜吃食物、忌吃食物和食谱推荐；坐月子期间，分顺产、剖宫产、哺乳妈妈和非哺乳妈妈，详细介绍不同新妈妈的饮食宜忌。

This book concludes the diet taboos for the moms during their 10 months of pregnancy and 6 weeks after childbirth as well as common discomfort during pregnancy. The book combines weight management with diet, help you check important nutrient requirements and food sources according to different gestational ages, tells your monthly diet taboos and recipe recommendations and introduced detailedly the diet taboos for eutocous and cesarean new mothers as well as breast-feeding and non-lactating new mothers respectively.

## 跟金牌月嫂做月子餐

Supplementary Recipes During the Month

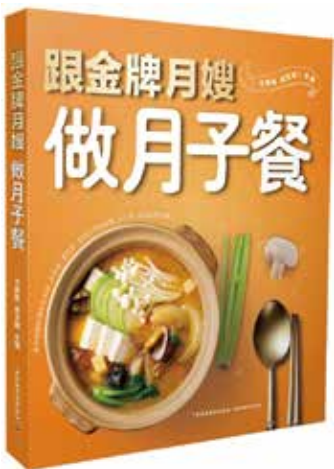
开本: 210mm × 230mm  
ISBN 978-7-5184-1645-5  
出版时间: 2018.4  
作者: 王秀英 史文霞 主编

Book Size: 210mm × 230mm  
ISBN: 978-7-5184-1645-5  
Publish Date: April, 2018  
Author: Wang Xiuying, Shi WenXia (the Editor)

本书整理了金牌月嫂私家的进补菜谱, 不仅根据新妈妈身体恢复情况给出进步食谱, 还有每周必吃食物供新妈妈选择, 让新妈妈明白每一周的进补重点, 吃好每一天, 轻松恢复身体。

产后催乳、瘦身的问题, 也不需要新妈妈担心, 本书将这两个被新妈妈关注的问题独立成章, 给出拥有食疗作用的食材和简单易做的食谱, 用美食满足新妈妈的哺乳瘦身两大需求。

- ▶ This book sorts out the gold medals of the private supplementary recipes, not only based on the new mother's physical recovery to give progressive recipes, but also every week must eat food for the new mother to choose, so that the new mother understands every week's tonic focus, eat every day, easy to restore the body.
- ▶ Postpartum prolactin and slimming problems do not need to worry about new mothers. This book will separate these two issues that are concerned by the new mother into chapters, give food ingredients that have therapeutic effects and simple recipes, and meet the new mother's breastfeeding with food. Slimming two major needs.



## 金牌月嫂教你远离月子病

How to Control the Disease of the Month

开本: 210mm × 230mm  
ISBN 978-7-5184-1826-8  
出版时间: 2018.4  
作者: 张素英 主编

Book Size: 210mm × 230mm  
ISBN: 978-7-5184-1826-8  
Publish Date: April, 2018  
Author: Zhang Suying (the Editor)

本书从月子病出发, 清晰明了地解释什么是月子病、月子病怎么防治。同时, 将月嫂多年工作经验进行总结, 针对月子中每周可能出现的月子病, 给出了详细的护理妙招, 让新妈妈彻底远离月子病。

本书还针对新妈妈的产后身体恢复情况, 分别给出产后24小时、6周的护理、饮食指导建议, 让新妈妈告别恶露不净、身体虚弱等问题。更有丰富的食谱推荐, 让新妈妈轻松吃出好身体, 舒适度过月子期。

- ▶ This book starts from the disease of the month, explains clearly what is the disease of the month of the month, how to control the disease of the month. At the same time, it will summarize the many years of work experience of Yuesao, and provide detailed nursing coups for the monthly disease that may appear every week in the month, so that the new mother will be completely away from the monthly disease.
- ▶ This book also addresses the new mother's postpartum physical recovery, giving 24-hour, 6-week post-natal care, dietary advice, so that the new mother bid farewell to loneliness, weakness, weakness and other issues. More rich recipe recommendations, so that new mothers easily eat good body, comfortable through the month period.

## 新生儿婴儿护理全书

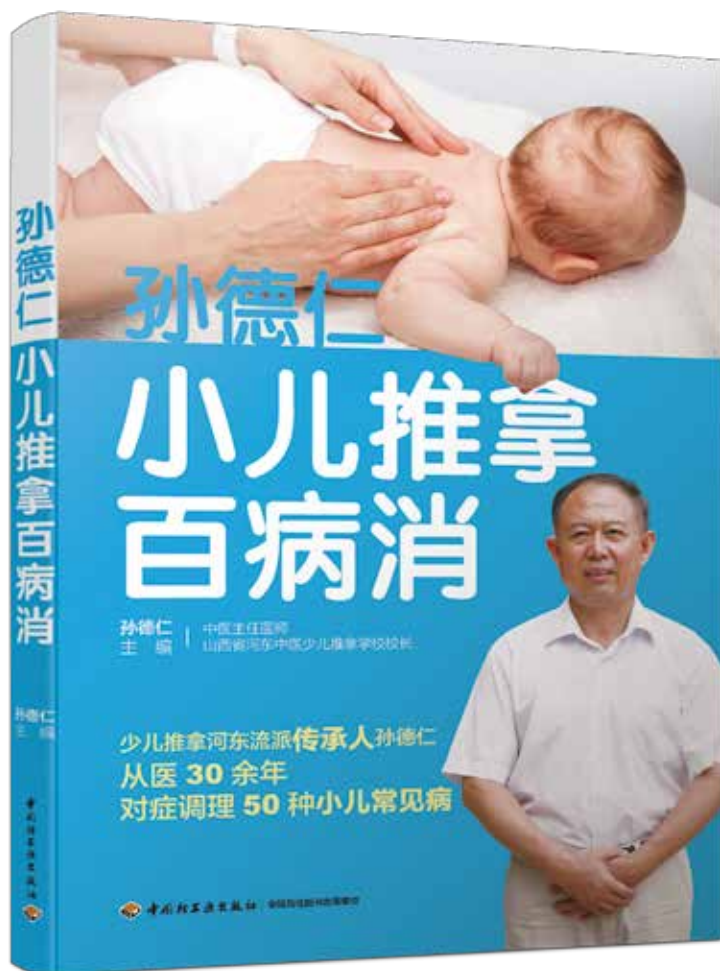
Neonatal Nursing Book

开本: 210mm × 230mm  
ISBN 978-7-5184-1660-8  
出版时间: 2018.1  
作者: 李利 主编

Book Size: 210mm × 230mm  
ISBN: 978-7-5184-1660-8  
Publish Date: January, 2018  
Author: Li Li (the Editor)

- 这是一本从零开始教新手爸妈养育0-1岁宝宝的护理全书，帮你快速了解宝宝的需求，扫清育儿道路上的疑惑。结合婴儿不同月龄的发育特点，介绍了饮食喂养、日常护理、常见疾病防治、早教开发等内容，提供给父母们不知道的、想知道的、应该知道的婴儿护理知识。方便实用的护理步骤图和小叮咛，让新手爸妈一目了然，不用再自己琢磨，照着书做就可以。
- This is a nursing book that teaches novice parents to raise 0-1 year olds from scratch, helping you quickly understand your baby's needs and clearing your doubts on your childcare route. Combining the developmental characteristics of infants with different months of age, we introduced dietary feeding, daily care, common disease prevention, and early childhood development to provide parents with knowledge of infant care that they do not know, want to know, and should know. Convenient and practical nursing steps and tips, so novice parents at a glance, do not have to ponder on their own, according to the book can do.





## 孙德仁小儿推拿百病消

Child Tuina Keeps Illness Away

开本: 170mm × 240mm  
ISBN 978-7-5184-1490-1  
出版时间: 2017.9  
作者: 孙德仁 主编

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1490-1  
Publish Date: September, 2017  
Author: Sun Deren (the editor)

- 本书主要针对 0~14 岁孩子易发、多发的不适和疾病, 分别从亚健康调理, 呼吸、消化、泌尿三大系统常见病调理, 五官皮肤病调理, 小儿突发情况处理, 给出详细的推拿调理方案。为了让父母快速找准孩子的穴位, 轻松掌握推拿方法, 书中还附有快速取穴图、真人演示图, 一看就懂, 一学就会。
  - ▶ Focusing on the discomforts and diseases common to children from 0 to 14 years old, this book provides detail Tuina schemes for sub-health conditioning, the conditioning of the common diseases in respiratory, digestive and urinary system, the conditioning of skin disease, treatment of child emergencies. In order to help parents to find the child's acupuncture points quickly and master the method of Tuina easily, the book is attached with acupoint maps and live action demos, which are easy to understand and learn.

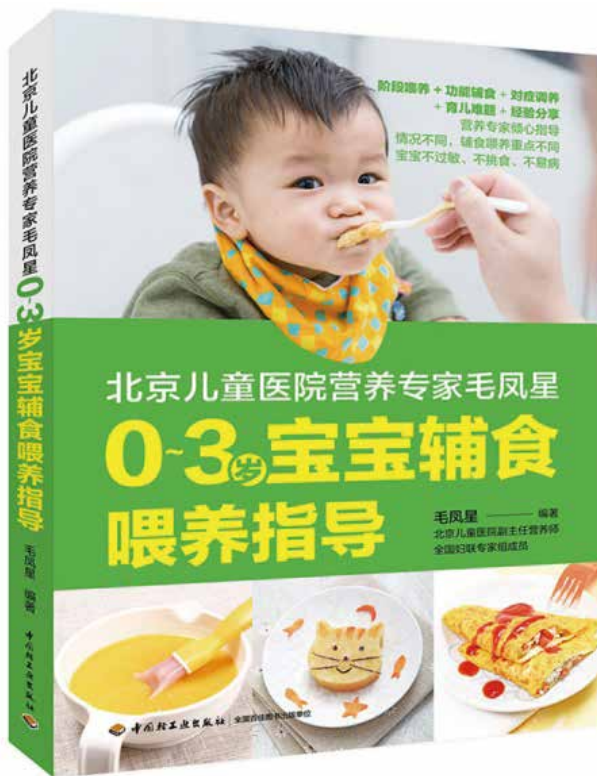


## 北京儿童医院营养专家 毛凤星：0~3岁宝宝辅食 喂养指导

Complementary Feeding for Babies

开本：170mm × 240mm  
ISBN 978-7-5184-1716-2  
出版时间：2018.5  
作者：毛凤星 编著

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1716-2  
Publish Date: May, 2018  
Author: Mao Fengxing (the editor)



《北京儿童医院营养专家毛凤星：0~3岁宝宝辅食喂养指导》主要针对0~3岁宝宝特点，分不同阶段、不同情况讲解辅食喂养重点。同时还涉及不同功能的辅食喂养重点及应对宝宝成长中的不同状况进行辅食调整。

同时书中还包括针对1岁以内宝宝辅食不加盐、不加糖的特点，如何制作天然辅食调料，制作辅食时一眼看懂食材量等这样的细节，刚刚接触辅食制作的新手爸妈看后会觉得非常贴心：从不知道如何下手一下子就会觉得制作辅食其实很简单。

书中针对宝宝的不同情况给出不同的辅食喂养重点及宜忌，比如缺钙宝宝辅食喂养重点跟缺铁宝宝辅食喂养重点不同；发热宝宝辅食喂养重点和咳嗽宝宝辅食喂养重点不同。

书中涉及的情况都是日常生活中非常常见的情况，而宝宝父母在读到书中的种种细节时，会感到说到心坎里去了，如沐春风一般温暖。所以，这可以说是一本0~3岁宝宝家庭的必备手册。

- ▶ Focusing on the babies aged from 0 to 3 years old, this book mainly explains the main points of complementary feeding in different stages and different situations. At the same time, it also involves the different functions of complementary feeding and the adjustment of supplementary foods in response to different conditions during the baby's growth.
- ▶ According to the characteristic that supplementary foods added no salt or sugar, the book also includes how to make natural seasoning of supplementary food and the details like how to choose the appropriate amount of ingredients, which makes the new parent appreciate and feel it is easy to make supplementary foods.
- ▶ The book provides the key points and taboos of different complementary feeding for different situations of babies. For example, the key points of complementary feeding of calcium-deficient babies is different from that of iron-deficient babies and the key points of complementary feeding of the fever babies is different from the coughing babies.
- ▶ The situations involved in the book are all very common in everyday life, which makes the parents who read this book feel very warm. Therefore, this can be said to be an essential manual for a family which has a baby aged from 0 to 3.



## 儿研所儿科专家吴光驰：宝宝常见病饮食宜忌

Food Therapy for Baby Common Disease

开本：170mm × 240mm  
ISBN 978-7-5184-1418-5  
出版时间：2017.8  
作者：吴光驰 编著

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1418-5  
Publish Date: August, 2017  
Author: Wu Guangchi (the editor)

本书重点介绍宝宝生病后如何通过饮食来调理疾病。此外，针对宝宝常见病推荐了一些切实可行的食疗法，还教给父母一些基本的小儿疾病常识与护理方法，如怎么辨别宝宝生病了、生了什么病、由什么引起的，什么情况下必须紧急就医，什么情况下在家就可以自行调理，让宝宝在不吃药、不打针的前提下轻松摆脱病痛。并对比较典型的疾病进行了详细剖析，指明了饮食宜忌、护理宜忌、就医原则等。

- This book focuses on how to recuperate through diet after the baby gets sick. In addition, it recommends some practical food therapy for diseases common to babies and teach parents some basic knowledge and nursing methods of pediatric disease, like how to know that the baby is ill, what the ill is, what causes it, when the babies need emergency treatment and when the babies can be nursed at home, which can help babies easily get rid of the disease without taking medicine or injections. And the book detailedly analyzes the diet taboo, nursing taboo and medical treatment principles to common diseases.



## 宝宝不拉肚不便秘

How to Prevent Baby Gastrointestinal Disease

开本：190mm × 210mm  
ISBN 978-7-5184-1359-1  
出版时间：2017.7  
作者：毛凤星 主编

Book Size: 190mm × 210mm  
ISBN: 978-7-5184-1359-1  
Publish Date: July, 2017  
Author: Mao Fengxing (the editor)

《宝宝不拉肚不便秘》详细介绍宝宝不同年龄肠胃疾病的原因，且根据不同病程给出相应的预防、调理方法，让宝宝健康成长。全书搭配一些形象、轻松的插画，让家长一看就明白什么原因导致的宝宝肠胃疾病，该如何预防和调理，是本书的一大特色。

- This book detailedly introduces the reasons why the babies of different ages get gastrointestinal diseases and gives appropriate prevention and conditioning methods to help babies grow healthily according to the different course of disease. Some interesting images and relaxed illustration in this book can let parents know what causes gastrointestinal diseases and how to prevent and conditioning, which is a distinct feature of this book.



## 和你在一起的小幸孕

How to Record the Growth of Fetus

开本: 210mm×270mm  
ISBN 978-7-5184-1889-3  
出版时间: 2018.8  
作者: 星星妈 编著

Book Size: 210mm×270mm  
ISBN: 978-7-5184-1889-3  
Publish Date: August, 2018  
Author: Xing Xing's Mother (the editor)

《和你在一起的小幸孕》是一套帮助准妈妈记录胎宝宝成长过程的手账日记,它将照片、文字、音频集于一体,并且给出了系统而科学的记录方式。

本书为大开本带函套精装套书,内含1本记录日记本、1本食谱《孕期好美食》、1本胎教书《一起来胎教》、1本信纸《好孕记事本》、4张照片页以及可记录“第一次”的不干贴。

- ▶ This is a handy diary that helps parents-to-be to record the growth of their babies. It combines photos, text as well as audio and provides a systematic and scientific way of recording.
- ▶ This book is a large format book with a hardcover. It contains a recording diary, 1 recipe- "Tasty Foods During Pregnancy", 1 fetal education book-"Let's Start Prenatal Education", 1writing paper- "Notebook of A Perfect Pregnancy ", 4 pages for photos and a sticker for the record of "The First Time".



## 宝贝, 陪你一起长大

How to Record the Growth of Babies

开本: 210mm×270mm  
ISBN 978-7-5184-1896-1  
出版时间: 2018.8  
作者: 柚子妈妈 编著

Book Size: 210mm×270mm  
ISBN: 978-7-5184-1896-1  
Publish Date: August, 2018  
Author: You Zi' Mother(the editor)

一张照片,一段视频,一段文字,一餐饭,一场生病又病愈的过程……记录下来,就是给宝宝最好的陪伴!

《宝贝,陪你一起长大》是一套帮助父母记录宝宝成长过程的手账书,它将照片、文字、音频、视频集合于一体,并且给出了系统而科学的记录方式,是父母给宝宝一生中的最好的礼物。

- ▶ A photo, a video, a text, a meal, a process from sick to healthy ... recorded all of these, it will be the best accompany to baby!
- ▶ This is a handy book that helps parents to record the baby's growth process. It combines photos, text as well as audio and provides a systematic and scientific way of recording, which is parents' best gift for their babies.





## 国学胎教 给孩子尽善尽美最早的启蒙

A Well-know Audiobook of Chinese Classics for Children

开本: 210mm × 230mm  
ISBN: 978-7-5184-1733-9  
出版时间: 2018.4  
作者: 杨力 编著

Book Size: 210mm × 230mm  
ISBN: 978-7-5184-1733-9  
Publish Date: April, 2018  
Author: Yang Li (the editor)

本书是一本脍炙人口的经典国学胎教有声书，每篇附一个二维码，扫描即可听，随时随地就可以为胎宝宝进行胎教。

杨力教授精心挑选88篇经典国学作品，内容包括唐诗宋词、古代神话、成语故事、《三字经》《弟子规》等，并分别对其进行了通俗易懂的赏析，准父母可以和胎宝宝一起重温古人的智慧。

本书的“妈妈说”“爸爸说”栏目，指引新手爸妈如何与胎宝宝进行交流，不仅促进胎宝宝大脑发育，对出生后的语言及智力方面的良好发育也有重要作用。

- ▶ This book is a well-known audiobook of Chinese classics for prenatal education. Each article is attached with a two-dimensional code, you can conduct prenatal education for your baby at any time and in any place after scanning.
- ▶ Prof. Yang Li carefully selected 88 Chinese classics, including Tang and Song poems, ancient myths, idiom stories, "Three Character Classics" and "Di Zi Kui" and makes simple appreciation, which can lead the parents and babies review the wisdom of the ancients.
- ▶ The two columns- "Moms' Talks" and "Daddys' Talks" teach new parents how to communicate with their babies. It not only promotes the development of babies' brains, but also plays an important role in the development of the language and intelligence of babies after birth.

## ● 宝宝喜爱的睡前胎教故事-Honey, 听, 最美胎教故事

○ Baby's Favorite Bedtime Prenatal Education Story

○ 开本: 185mm×170mm  
ISBN 978-7-5184-1218-1  
出版时间: 2017.1  
作者: 菅波 主编

○ Book Size:185mm×170mm  
ISBN: 978-7-5184-1218-1  
Publish Date: January, 2018  
Author: Jian Bo (the Editor)

“宝宝喜爱的睡前胎教故事”这套书作者为资深母婴顾问菅波, 本套书的一大亮点是从胎宝宝的视角出发, 力求打造一套有益于胎宝宝喜爱的睡前胎教故事书, 分准妈妈篇和准爸爸篇。本书选取了6大充满爱的主题, 除了给人以启发的故事, 还有一些胎教小知识, 内容丰富; 清新唯美的手绘插画, 让准妈妈在阅读的同时, 受到美的熏陶, 并将这种美好的感受传递给胎宝宝。

► The book named *Baby's Favorite Bedtime Prenatal Education Story* is written by Jian Bo, the senior maternal-infant counselor. One of the highlights of this book is based on fetal baby's point of view, and it strives to create a bedtime prenatal education storybook that is loved by babies. It can be separated into two parts: *mothers-to-be* and *fathers-to-be*. With rich content, this book selects six topics that are full of love, including inspiring stories and some prenatal education tips. Mothers-to-be can enjoy fresh and beautiful hand-drawn illustrations and be influenced by the beauty while reading and they can pass wonderful feelings to the baby.



## ● 宝宝喜爱的睡前胎教故事-Honey, 让爸爸的声音陪伴你

○ Baby's Favorite Bedtime Prenatal Education Story

○ 开本: 185mm×170mm  
ISBN 978-7-5184-1219-8  
出版时间: 2017.1  
作者: 菅波 主编

○ Book Size:185mm×170mm  
ISBN: 978-7-5184-1219-8  
Publish Date: January, 2018  
Author: Jian Bo (the Editor)

“宝宝喜爱的睡前胎教故事”这套书作者为资深母婴顾问菅波, 本套书的一大亮点是从胎宝宝的视角出发, 力求打造一套有益于胎宝宝喜爱的睡前胎教故事书, 分准妈妈篇和准爸爸篇。本书选取了7大充满爱的主题, 除了给人以启发的故事, 还有一些胎教小知识、趣味猜想, 内容丰富; 清新唯美的手绘插画, 能让准爸爸在阅读时有更强的代入感, 将故事中传达的精神更准确地传递给胎宝宝。

► The book named *Baby's Favorite Bedtime Prenatal Education Story* is written by Jian Bo, the senior maternal-infant counselor. One of the highlights of this book is based on fetal baby's point of view, and it strives to create a bedtime prenatal education storybook that is loved by babies. It can be separated into two parts: *mothers-to-be* and *fathers-to-be*. With rich content, this book selects seven topics that are full of love, including inspiring stories, some prenatal education tips and funny guess. Fathers-to-be can enjoy fresh and beautiful hand-drawn illustrations and be more interested in the beauty while reading and they can convey spirits being in the story more accurately to the baby.





## 二十四节气 给孩子的节令健康绘本

The traditional Twenty-four Solar terms:  
Healthy Ekamoto for Children

开本: 210mm × 280mm  
ISBN 978-7-5184-1867-1  
出版时间: 2018.5  
作者: 杨力 编著

Book Size: 210mm × 280mm  
ISBN: 978-7-5184-1867-1  
Publish Date: May, 2018  
Author: Yang Li(the editor)

- 国学大师杨力教授以传统二十四节气为经，从传统习俗、天文气候、农事活动、七十二候、诗词歌赋、民歌谚语、应季食物、动物植物等八大板块出发，带孩子观察切实可感的大自然，寻找身边的动植物，亲自动手种植蔬菜水果，观察植物的生长变化，品尝大自然赐予我们的美味朋友，吟唱着老祖宗留下来的民谣诗歌，感受地地道道的中国味儿。上市不到两个月即重印。
  - ▶ Professor Yang Li, a master of Chinese classics, based on the traditional Twenty-four solar terms, takes children to observe the tangible nature, find the animals and plants around them, cultivate fruits and vegetables by themselves, observe the growth of plants, taste the delicious friends that nature has given us, sing the folk songs left by our ancestors and feel the Chinese characteristics from eight sections: traditional customs, astronomical climate, agricultural activities, seventy-two pentads, poetry and folk songs, seasonal foods as well as animal and plants.

# 旅游休闲

Travel Leisure

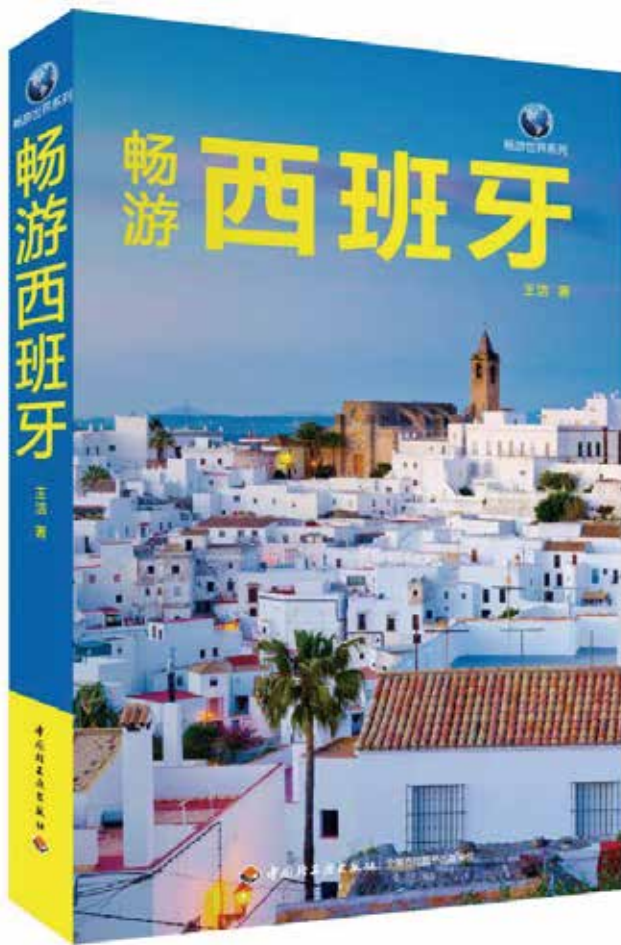


## 畅游西班牙

GUIDE TO SPAIN

开本: 138mm × 213mm  
ISBN 978-7-5184-1860-2  
出版时间: 2018.6  
作者: 王洁 著

Book Size: 138mm × 213mm  
ISBN: 978-7-5184-1860-2  
Publish Date: June, 2018  
Author: Wang Jie



这是一本集美食、美景、艺术于一体的书，语言通俗易懂、清新文艺。西班牙的很多名人，达利、毕加索、高迪、委拉斯凯兹、洛尔迦、卡门等也均在书中出境，他们的足迹被整理成：马德里艺术之旅、三毛在西班牙、洛尔迦在格拉纳达、高迪的巴塞罗那等一个个实用的旅行专题，带你紧跟名人脚步，寻古探今。作者王洁用八年时间从巴斯克到安达卢西亚，从加泰罗尼亚到瓦伦西亚，再到大加纳利群岛，行程近万千米。无论是昆卡、格拉纳达、塞维利亚这样的世界遗产城市，还是巴塞罗那、马德里这样的国际大都会，旅行者都可以在《畅游西班牙》中获取自己想要的旅行信息。在山与海之间的西班牙，还有丰富的美食，特色的西班牙火腿、海鲜饭、TAPAS是每一个到访西班牙的人不容错过的美食盛宴。

This is a book concludes tasty foods, beautiful scenery and unique art. Its language is simple and easy to understand, literary and refreshing. Many famous Spanish like Dali, Picasso, Gaudi, Velazquez, Lorca and Carmen are all involved in this book and their trace are organized to those wonderful special-topic tours like Tour of Art in Madrid, San Mao in Spanish, Lorca in Granada, Gaudi in Barcelona and so on, which take you search the past and think about the present by following the trace of theses famous persons. It took the author, Wang Jie eight years to travel a from Basque to Andalusia, from Catalonia to valencia and then to the Gran Canaria that covering nearly 10,000 kilometers. In this book, tourists can get any wanted tourism information about both World Heritage Cities like Kunka, Granada and Seville and Metropolis like Barcelona and Madrid. Spanish, locating between mountains and ocean, boasts lots of tasty foods like Spanish hams, seafood paella and TAPAS, all of which are gourmet that must be tasted by those tourists in Spanish.

## ● 时光本草 (2017版)

○ Calender Book of Herbs (2017 Edition)

○ 开本: 158mm × 155mm  
ISBN 978-7-5184-1060-6  
出版时间: 2016.11  
作者: 人五 图 迺轻尘 文

○ Book Size: 158mm × 155mm  
ISBN: 978-7-5184-1060-6  
Publish Date: November. 2016  
Author: Ren Wu(drawer)  
Yi Qingchen(writer)

《时光本草》是一本包含365幅手绘本草的日历书(2017年),它能带你领略手绘本草的美丽,能让你感受本草文化的神奇,还能为你带来“割舍时光”“留住本心”的不同体验。

- ▶ This book is a calender book containing 365 hand-painted herbs (2017). It can take you to appreciate the beauty of hand-painted herbal medicine, pass the magic of herbal culture and bring you the different experience of "giving up time" to "keep your initial mind".



## ● 时光本草 (2018版)

○ Calender Book of Herbs (2018 Edition)

○ 开本: 158mm × 155mm  
ISBN 978-7-5184-1584-7  
出版时间: 2017.10  
作者: 迺轻尘 主编  
人五 绘图

○ Book Size: 158mm × 155mm  
ISBN: 978-7-5184-1584-7  
Publish Date: November. 2017  
Author: Ren Wu(drawer)  
Yi Qingchen(writer)

2018版《时光本草》,以食物本草为主题,每天一幅清新纯美的手绘食物,每天一段治愈身心的本草解读,既能满足每日撕掉时光的仪式感,还能让你留下一本完整的食物本草图谱。

- ▶ Dietary herbal medicine is the theme of the 2018 version. There is a kind of fresh and beautiful hand-painted food and a passage of healing interpretation of herbal medicine every day, which can meet the sense of ceremony of tearing off time and can leave you a complete set of pictures of herbal medicine.



## ● 时光本草 (2019版)

○ Calender Book of Herbs (2019 Edition)

○ 开本: 158mm × 155mm

出版时间: 2018.8

ISBN

作者: 迺轻尘 主编

Diane 绘图

○ Book Size: 158mm × 155mm

ISBN:

Publish Date: August, 2018

Author: Ren Wu (drawer)

Yi Qingchen (writer)

● 一日一花一世界。

这是一本2019版的手绘日历书,以每日一幅手绘水彩图的形式,介绍一种花类中药材,在光阴的流转中感受中华本草的魅力。365幅手绘花朵,365段有趣文字,还有每日“割舍时光”的体验,让你的每一天充满香气。

- ▶ This is a hand-drawn calendar book of 2019. It introduces one kind of Chinese herbal medicines in the form of a hand-drawn watercolor painting and feel the charm of Chinese herbal medicine in the flow of time. 365 hand-painted flowers and 365 paragraphs of interesting text as well as daily experience of "tearing off the time" make your days full of aroma.



## ● 轻手帐: 与手帐一起的美好时光

○ A good time with handbook

○ 开本: 185mm × 260mm

ISBN 暂缺

出版时间: 2018.9

作者: Susie宝

○ Book Size: 185mm × 260mm

ISBN:

Publish Date: August, 2018

Author: Susie Bao

● 本书以手帐使用功能为主线。作者通过分享写手帐的心路历程,将手帐的意义与哲思进行剖析,让手帐er选出最适合自己的记录方式。部分内容配视频,扫二维码即可观看视频。

- ▶ With the scene of schedule book (such as reading, traveling, foods and work) as the main line, this book highlights the planning and recording functions of schedule book. It integrates various of techniques into the book in the form of drawing, collage and techniques conceiving. Aiming at the benefits of schedule book to people's life and study management guiding the readers' interest in the benefits of life and study management, the book provides the author's desultory essays. The comprehension of essays by the narrators of the Chinese literary essays to make correct guidance for readers and endow the schedule book with soul and power. There are corresponding videos for some content, and you can watch them by scanning the QR code.



## ● 轻手帐：用手帐留住美而有趣的生活灵感

○ keep a Beautiful and Interesting Life with Handbook

○ 开本：185mm × 260mm  
ISBN 暂缺  
出版时间：2018.9  
作者：后姨妈

○ Book Size: 185mm × 260mm  
ISBN:  
Publish Date: August, 2018  
Author: Hou Yima

● 本书内容以手帐排版为主线。作者通过每一天的生活日记来分享手帐的入门技巧与感悟，帮手帐er解决无从下手、手帐丑的难题。部分内容配视频，扫二维码即可观看视频。

- ▶ With the typesetting of schedule book as the main line, this book is divided into different parts according to the difficulty, color and style, explains the skills of the typesetting of schedule book for beginners and solves the difficulties of having no idea to start and ugly typesetting. There are corresponding videos for some content, and you can watch them by scanning the QR code.



## ● 轻手帐：漫游在手帐的色彩世界

○ Roaming in the Color World of Handbook

○ 开本：185mm × 260mm  
ISBN 暂缺  
出版时间：2018.9  
作者：YitingTina

○ Book Size: 185mm × 260mm  
ISBN:  
Publish Date: September, 2018  
Author: YitingTina

● 本书以手帐配色为主线。作者通过分享与手帐有关的成长故事，辅以基础手绘的手帐技能，带你一同漫游在手帐的色彩世界。部分内容配视频，扫二维码即可观看视频。

- ▶ With the color matching of schedule book (such as monochrome system and compound color system) as the main line, this book highlights the color matching of writing and is attached with introduction of basic hand-painting. There are corresponding videos for some content, and you can watch them by scanning the QR code.





## ● 轮瑜伽从入门到精通

○ Wheel Yoga from Initiation to Mastery

○ 开本: 210mm × 230mm  
 ISBN 978-7-5184-1679-0  
 出版时间: 2018.1  
 作者: 江铭 洪安琪 编著

○ Book Size: 210mm × 230mm  
 ISBN: 978-7-5184-1679-0  
 Publish Date: January, 2018  
 Author: Jiang Ming, Hong Anqi  
 (the editor)

● 本书包含了轮瑜伽方方面面的内容。如果你是健身小白，可以先从健康理疗、舒压静心、美容养颜、纤体瘦身的部分开始练起，动作易学，健身效果明显；如果你是瑜伽高手，可以直接练习高手进阶部分，经历一场对身体的探险；如果您是四个月以上的孕妇，也欢迎您阅读，本书给出了一整套孕期瑜伽。

本书对每一个重要的体式都进行了详细讲解和清晰图示，可以使每一个没有接触过轮瑜伽的人轻松地掌握；每一序列都配了人体肌肉图，即使没有医学背景，也完全能读懂。相信本书是您健身历程中的一位良师益友。上市两个月重印3次

- ▶ This book contains all the knowledge about yoga. If you are a beginner, you can learn from the physiotherapy, relaxation, meditation, beauty and slimming because the movement is easy to learn and the fitness effect of then is obvious. If you are a master of yoga, you can directly practice the advanced part for masters and experience the adventure of your body. If you are pregnant for more than four months, you are welcome to read it because there is a complete set of yoga for pregnant moms.
- ▶ The book provides detailed explanations and clear illustrations for each asana, which can help the readers to learn. Human muscle diagrams are attached in each sequence, so that those people without medical background can completely understand it. I believe this book will be a good teacher and friend in your fitness process.



## ● 狗狗的健康吃出来

○ Food cares for Dogs

○ 开本: 170mm × 240mm  
 ISBN 978-7-5184-1666-0  
 出版时间: 2018.2  
 作者: 蓝炯 编著

○ Book Size: 170mm × 240mm  
 ISBN: 978-7-5184-1666-0  
 Publish Date: February, 2018  
 Author: Lan Jiong(the editor)

● 如果你爱你的狗狗，一定要给它吃天然、营养、健康的食物！

《狗狗的健康吃出来》一书从营养健康、方便性以及经济成本的角度出发，全面分析了用商业狗粮、自制狗粮、生骨肉以及剩菜剩饭作为狗狗饮食的利弊，详细讲解了如何选择优质的商业狗粮、怎样快速自制狗粮、如何用生骨肉喂养以及怎么利用剩菜剩饭。既考虑狗狗的健康和营养，又兼顾主人所需要花费的时间、精力和金钱，让主人可以根据自己以及狗狗的实际情况，综合前面各种方式来喂养狗狗。书中对狗狗饮水和服用营养保健品也做出了总结，并附有大量实际案例。

- ▶ If you love your dog, please give it natural, nutritious and healthy food!
- ▶ This book provides a comprehensive analysis of the pros and cons of dog's foods like commercial dog food, homemade dog food, raw bone meat and leftovers, explains how to choose high-quality commercial dog food, how to quickly make homemade dog food, how to feed it with raw bone meat and how to use leftovers in terms of nutrition, health, convenience and economic cost. Taking the dog's health and nutrition into consideration and the owner's time, energy and money, this book can help the owners to feed their dogs by the ways described ahead according to their own and the dog's actual situation. The book also summarizes the dog's drinking water and dietary supplements with a large number of actual cases.





# 科教类图书

Science and Technology

## 图说凤翔泥塑

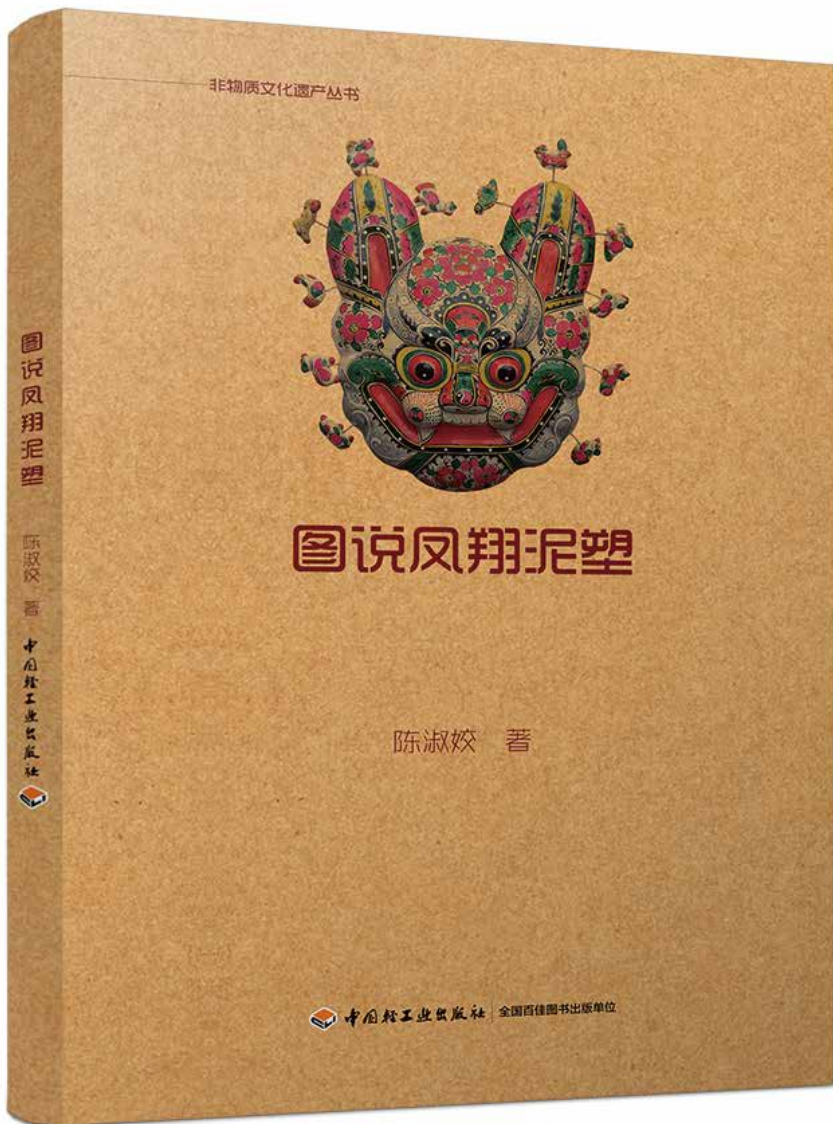
Illustration of Fengxiang Clay Sculpture

开本: 170mm × 240mm  
ISBN 978-7-5184-1628-8  
出版时间: 2017.10  
作者: 陈淑姣

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1628-8  
Publish Date: October, 2017  
Author: Chen Shujiao

本书介绍了陕西凤翔泥塑的历史沿革、品类、意义内涵、艺术特征以及制作工艺等内容, 精选近百件典型泥塑作品, 分彩绘与白描类、装饰壁挂类、玩具类、供奉神造像类等几大类型, 并对部分作品进行充分解释说明, 清晰展现了凤翔泥塑的民俗艺术和美学价值。本书图片资料尤为丰富, 具有很强的视觉冲击力和资料性、收藏价值, 对于读者进一步了解和研究中国泥塑艺术大有裨益。

This book introduces the history, categories, meaning, art features and craftsmanship of Shanxi Fengxiang Clay Sculpture. It meticulously selects over 100 classical works including the major types of colored drawing and line drawing, decoration hanging, plaything and statues for enshrined and illustrate some works in detail, which shows the folk art and aesthetic value of Fengxiang Clay Sculpture. In addition, the quite abundant pictures in this book are visually stunning and of great collection value, which are helpful for readers to further know and study Chinese art of clay sculpture.



## ● 手绘创意家具图库

○ Hand-drawn Creative Furniture Map storage

○ 开本: 210mm × 285mm  
ISBN 978-7-5184-1836-7

出版时间: 2018.4

作者: 伍兆国 著

○ Book Size: 210mm × 285mm  
ISBN: 978-7-5184-1836-7

Publish Date: April, 2018

Author: Wu Zhaoguo

● 全书有近千幅手绘设计原稿, 作者多年心血积累。很多产品荣获多项设计奖, 为多家知名企业的主打产品。更有大量原创设计作品于本书中首度公开。全书上下两册, 中式、欧式分别呈现, 床、沙发、柜类、桌、几等品类齐全, 款式多样, 有单体, 也有套系。

本书作品中多有西方设计、手绘技法的影子, 融汇中西, 作品多元。

- ▶ The book has nearly one thousand hand-painted original manuscripts, which are years of accumulation of the author. Lots of original design works will publicized for the first time in this book. It is divided into two volumes, which presents many types of beds, sofas, cabinets, tables and tea tables in both Chinese and European styles. There are both single items and sets of items.
- ▶ Many of works in this book have the shadow of western design and hand-painted techniques. The works are multicomponent which integrate Chinese and Western characteristics.



## ● 台湾休闲农场发展与典型案例

○ The Development and Classic Cases of Leisure Farms in Taiwan

○ 开本: 170mm × 240mm  
ISBN 978-7-5184-1793-3

出版时间: 2018.3

作者: 张天柱 主编

○ Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1793-3

Publish Date: March, 2018

Author: Zhang Tianzhu (the editor)

● 本书以客观的角度展现台湾休闲农场发展的背景、历史、现状, 重点围绕目前大陆休闲农业发展的需求解读台湾休闲农场的精髓, 结合大量案例, 以专业的视角针对具体做法具体剖析。

本书理论联系实际, 条理清晰, 可为政府、科研院校、农业休闲企业、农场主等广大涉农从业者提供参考。

- ▶ This book will present the background, history and current situation of the development of leisure farms in Taiwan from an objective perspective. Focusing on the current needs of leisure agriculture development in mainland, it analyses the essence of leisure farms in Taiwan. Combining a large number of cases, the book makes concrete analysis of specific practice from a professional perspective, which is suitable for agriculture practitioners like government, enterprises, farm owners and students, and help them in actual operation.
- ▶ Objective readers:
- ▶ This book links theory with practice and is organized clearly. It can provide reference for agriculture practitioners like government, colleges, enterprises and farm owners.



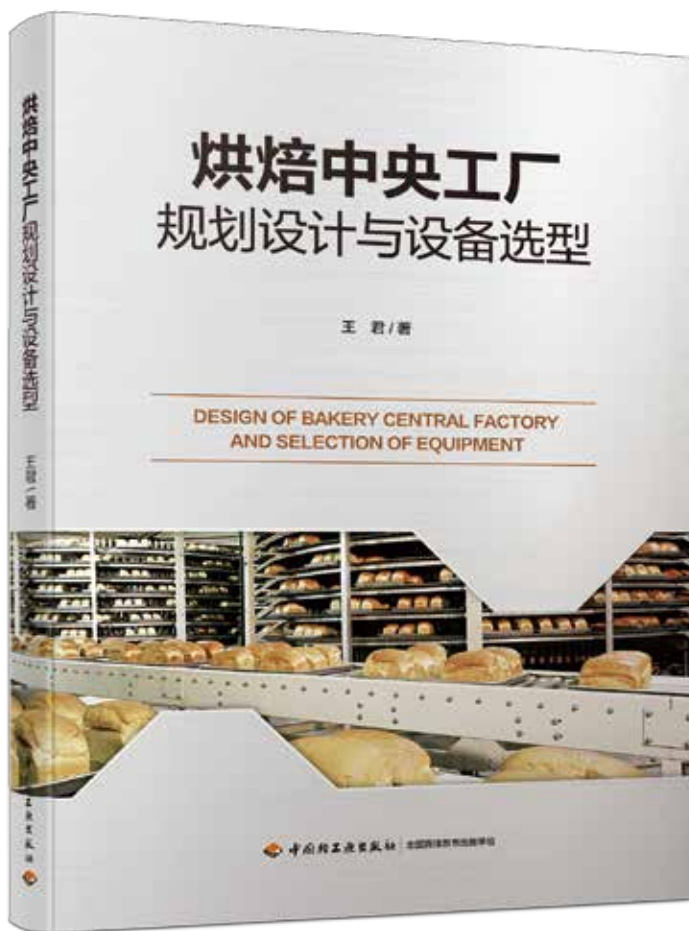
## 烘焙中央工厂规划设计与设备选型

Design of Bakery Central Factory and Selection of Equipment

开本: 185mm × 260mm  
ISBN 978-7-5184-1774-2  
出版时间: 2018.4  
作者: 王君

Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1774-2  
Publish Date: April, 2018  
Author: Wang Jun

本书从全球烘焙业发展史、欧洲烘焙业现状和亚洲烘焙业现状的介绍作为开端,引入到中国烘焙业发展历程,对烘焙产品生产设备进行了全面的分类,并给出了每个设备的专业定义、应用与优缺点,指出了现代烘焙中央工厂的规划设计理念,以产能衡算的方式有理有据介绍了40家、120家和200家全自动产线规划设计,以及面包,冷冻面团,冷藏冷冻甜点,饼干,月饼和汉堡专业工厂的自动化产线设计,最难能可贵的是,每一个厂房都还给出了人员配置建议与设备布局图。而且,不同规模的厂房规划设计并不是作者天马星空想出来的,而是综合行业连锁饼店发展规律总结出来的,因而认真阅读专研此书,无论是大型中央工厂,还是中、小型,当中的很多疑难问题能够豁然开朗。



Beginning with the introduction of the history of the global baking industry, the status of the European baking industry and the current situation of the Asian baking industry, this book represents the development of the baking industry in China, comprehensively classifies the equipments of baking products as well as gives definition and presents the application, advantages and disadvantages of them. And it also point out the planning and design concept of the modern bakery central factory. It well-foundedly introduces the design of 40, 120, and 200 fully automated production lines in terms of capacity calculation as well as the designs of automation lines of bread, frozen pasta, frozen desserts, biscuits, moon cakes and hamburger factories. What's more, it provides each plant with advice for staffing and equipment layout. Moreover, the designs are not groundless but are concluded from the development law of chain cake stores. Therefore, many problems about large, medium or small central factories can be figured out by reading this book earnestly.

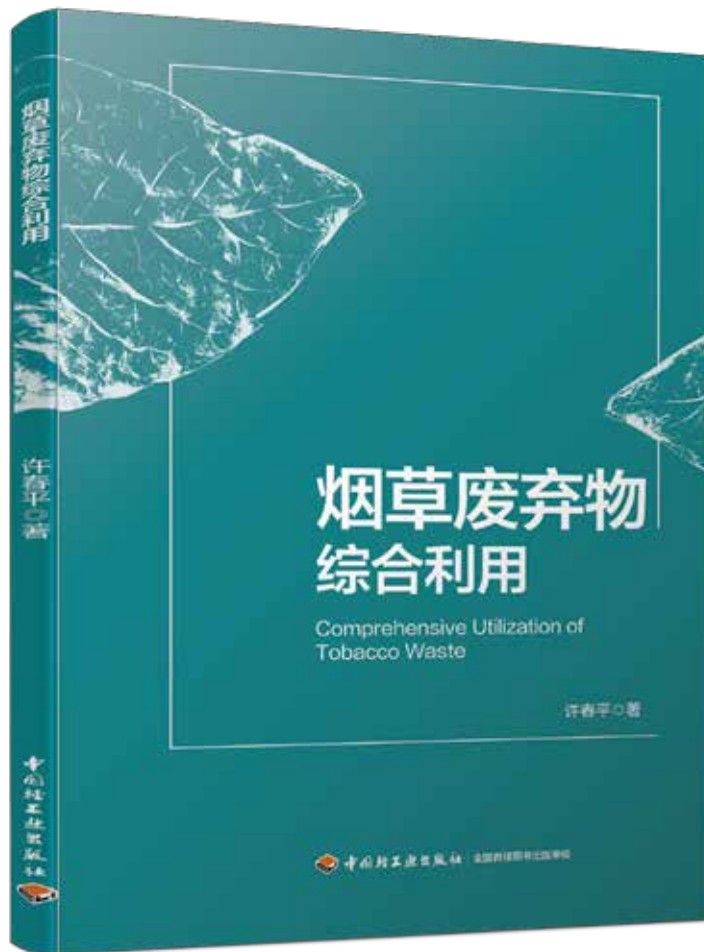
## ● 烟草废弃物综合利用

○ Comprehensive Utilization of Tobacco Waste

○ 开本: 170mm × 240mm  
ISBN 978-7-5184-1576-2  
出版时间: 2017.11  
作者: 许春平

○ Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1576-2  
Publish Date: November, 2017  
Author: Xu Chunping

● 本书对从烟草废弃物中活性成分的提取及利用、烟草废弃物香味成分的提取及利用以及废弃烟叶的提质与利用三方面的研究情况做了详细的介绍, 得出从烟草废弃物的叶片和烟秆等材料中, 使用不同的提取方法, 总结出提取蛋白质、多糖和浸膏等产品的最佳工艺, 并分析不同类型废弃物蛋白质、多糖、浸膏的组成及应用。



► This book makes a detailed introduction to the research on the extraction and utilization of active ingredients from tobacco waste and aroma components from tobacco waste as well as the upgrading and utilization of waste tobacco. It provides the optimum technology for the extraction of proteins, polysaccharides and extract from leaves and tobacco stalks of tobacco waste with different methods and analyzes the composition and application of different types of waste proteins, polysaccharides and extracts.

## 茶叶生物技术

Tea Biotechnology

开本: 185mm × 260mm  
ISBN 978-7-5184-1369-0  
出版时间: 2017.6  
作者: 李远华 主编

Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1369-0  
Publish Date: June, 2017  
Author: Li Yuanhua (the Editor)

本书共分为9章, 分别是绪论、茶树细胞工程、茶叶酶工程、茶叶发酵工程、茶树基因工程、茶树基因组学、茶树蛋白质组学、茶叶生物信息学和茶叶生物技术安全性评价。内容包括概念、动态、原理和应用, 体现了国内外茶叶生物技术发展的最新进展和成果。

本书适合高等院校茶学专业本科生、研究生学习使用, 也可供茶叶生产与科研相关技术人员参考。

- ▶ This book are divided into 9 chapters: introduction, tea trees cell engineering, tea enzyme engineering, tea fermentation engineering, tea tree genetic engineering, tea tree genomics, tea tree proteomics, tea bioinformatics and safety evaluation of tea biotechnology. It concludes the concepts, dynamics, theory and application, which shows the newest development and achievement of Tea biotechnology in China and abroad.
- ▶ This book is suitable for Tea majors in colleges, including undergraduates and postgraduates as well as technician of tea production and study.



## 茶叶营养与功能

Tea Nutrition and Function

开本: 185mm × 260mm  
ISBN 978-7-5184-1442-0  
出版时间: 2017.7  
作者: 杨晓萍 主编

Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1442-0  
Publish Date: July, 2017  
Author: Yang Xiaoping (the Editor)

本教材内容共分为8章, 系统阐述了我国茶的起源与饮茶历史、茶叶的化学成分、茶叶的营养功能及保健功能、茶对常见疾病的防治及作用机理、茶对精神健康的作用、茶与美容、古今茶疗及养生方剂, 介绍科学饮茶的新理论和实践, 全面、科学、系统地讲述茶叶的营养与功能。每章附有思考题。

本教材适合普通高等院校茶学专业学生, 也可作为高等院校医学、食品、农学类专业学生的通识课教材及广大茶爱好者的阅读资料。

- ▶ This book is divided into 8 chapters, which systematically introduces the origin of Chinese tea, the history of drinking tea, the chemical components of tea, the nutritional and healthy function of tea, the prevention and function mechanism of tea to common disease, the function of tea to mental health, tea and beauty, tea therapy in the past and present and prescription for health. It also concludes the new theory and practice of scientific tea-drinking and thoroughly, scientifically and systematically introduces the nutrition and function of tea. All chapters have questions.
- ▶ This book is suitable for Tea majors in colleges. It can be used as text books for general course and reading materials for tea-lovers.



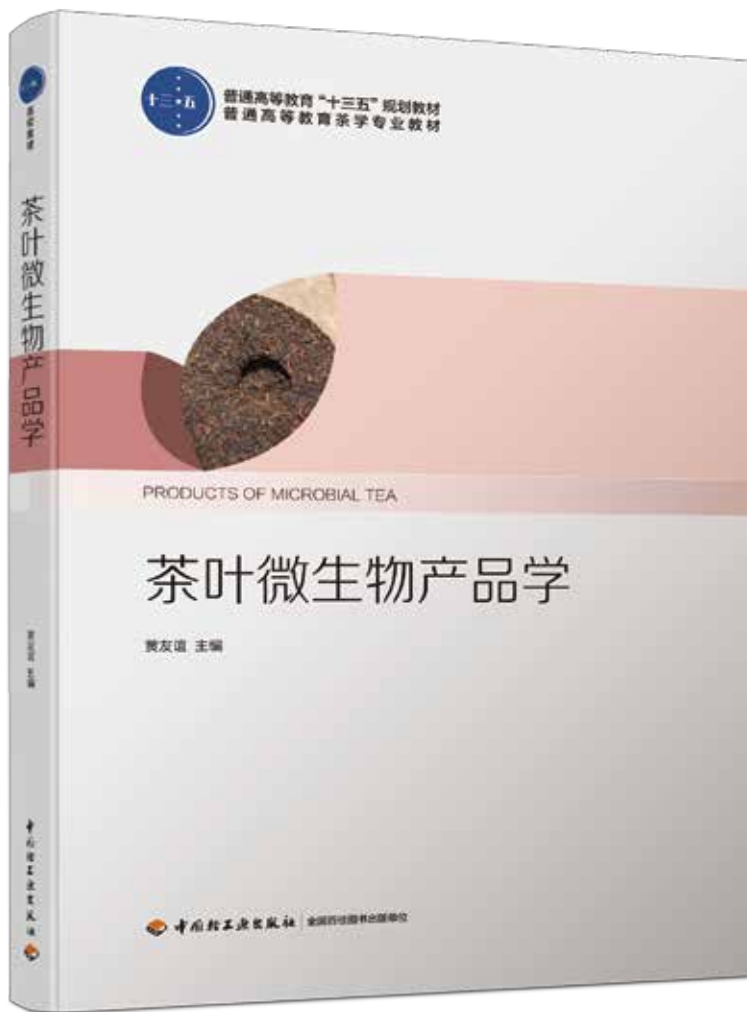


## 茶叶微生物产品学

Product of Microbial Tea

开本: 185mm × 260mm  
ISBN 978-7-5184-1522-9  
出版时间: 2017.8  
作者: 黄友谊 主编

Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1522-9  
Publish Date: August, 2017  
Author: Huang Youyi (the Editor)



本教材综合介绍了当前具有代表性的茶叶微生物产品发酵生产技术, 对开展微生物发酵生产茶产品具有指导意义或参考价值。内容共分为15章, 分别是绪论、黑茶产品、红茶菌产品、金花菌产品、酸茶产品、茶酒产品、茶醋产品、乳酸菌茶产品、灵芝菌茶产品、虫草菌茶产品、高香茶产品、冷泡茶产品、功能性普洱茶、茶源活性成分发酵生产、其他茶叶微生物产品。

本教材除可用于普通高等院校茶学专业本科生和研究生教学外, 还可供茶叶生产与科研相关技术人员及茶文化爱好者参阅。

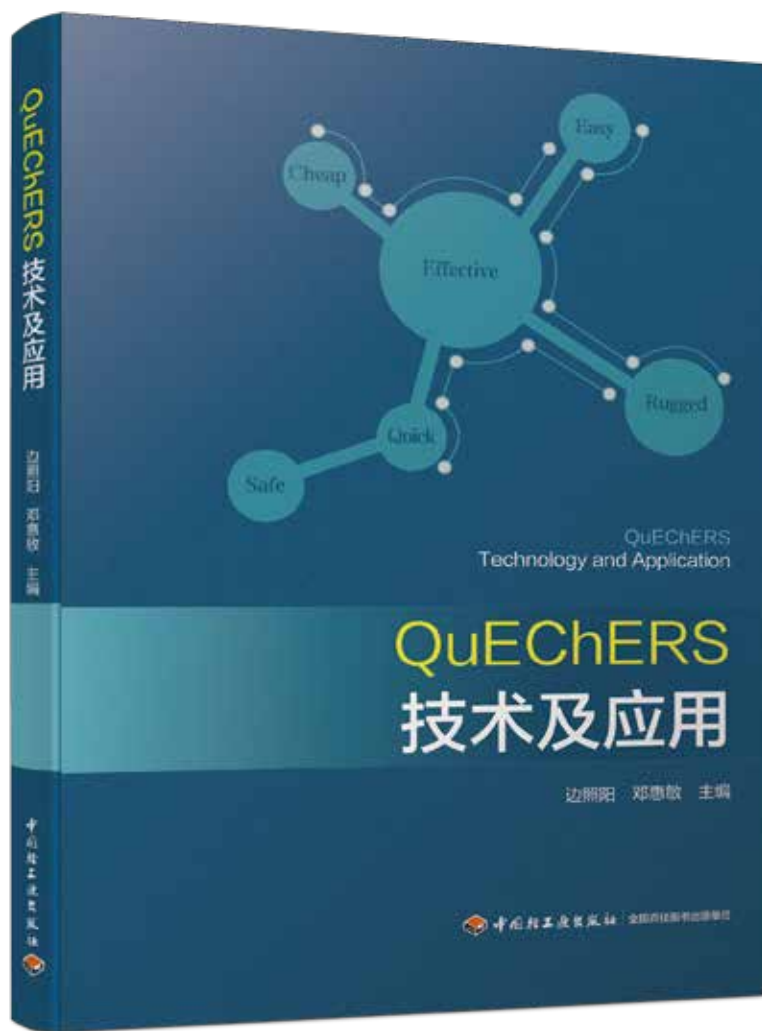
- ▶ This text book comprehensively introduces the typical fermentation technology of tea microbial product, which is of great value for the guidance and reference of microbial fermentation tea products. The book has 15 chapters: introduction, black tea products, kombucha products, golden flower products, sour tea products, tea wine products, vinegar tea products, lactobacilli tea products, ganoderma lucidum tea products, cordyceps taishanensis tea products, high fragrant tea products, cold-brewing tea products, functional Pu'er tea, fermentation production of active ingredients of tea and other tea microbiological products.
- ▶ This book is suitable for Tea majors in colleges, including undergraduates and postgraduates. And It can be used as reference book for technician of tea production and study as well as tea lovers.

## QuEChERS 技术及应用

QuEChERS Technology and  
Application

开本: 170mm × 240mm  
ISBN 978-7-5184-1494-9  
出版时间: 2017.11  
作者: 边照阳 邓惠敏

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1494-9  
Publish Date: November, 2017  
Author: Bian Zhaoyang Deng Huimin



QuEChERS是Quick（快速）、Easy（简单）、Cheap（便宜）、Effective（有效）、Rugged（可靠/耐用）和Safe（安全）的缩写，是一种被广泛应用的样品前处理技术，其实质是振荡法萃取、液液萃取法初步净化、基质分散固相萃取净化相组合所形成的一种样品前处理方法。QuEChERS自2003年公开发布以来，很快受到广泛的认可和应用，目前该方法已经发展成一系列针对各种农作物、农产品、土壤等基质的方法，是一种发展潜力巨大的样品前处理技术。

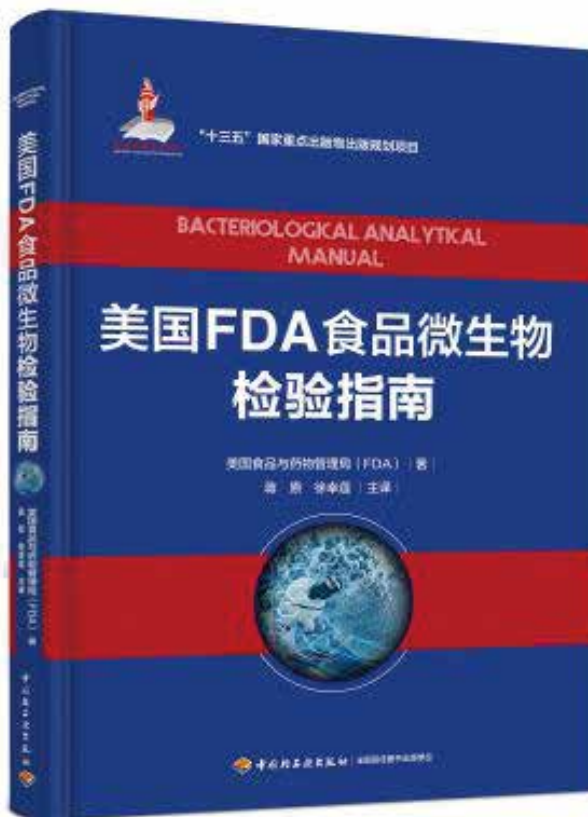
QuEChERS is the abbreviation for Quick, Easy, Cheap, Effective, Rugged, and Safe, which is a widely used sample pre-treatment technology. The substance of it is a sample pre-treatment method composed of shock extraction, preliminary purification by liquid-liquid extraction and purification by matrix solid phase dispersion-extraction. Since its public release in 2003, QuEChERS has been widely recognized and applied very quickly. At present, this method has been developed into a series of methods for various crops, agricultural products as well as matrix like soil. It is a sample pre-treatment technology with huge potential.

## 美国FDA食品 微生物检验指南

Bacteriological Analytical Manual

开本: 210mm × 285mm  
ISBN 978-7-5184-1317-1  
出版时间: 2018.8  
作者: 美国食品与药物管理局  
(FDA) 著, 徐幸莲 蒋原 译

Book Size: 210mm × 285mm  
ISBN: 978-7-5184-1317-1  
Publish Date: August, 2018  
Author: FDA Xu Xinglian Jiang  
Yuan (the translator)



食品微生物学检验指南 (Bacteriological Analytical Manual, BAM) 是美国食品与药物管理局官方检测方法, 适用美国对进出口食品和国内食品的安全检测与监督。全书共分29章, 包括一般性指导方针规程、特殊病原菌方法、微生物毒素检测方法、附加方法, 并附有连续稀释中的最大可能数、食源性致病菌检测方法验证指南、当前与FDA相关食品 (饲料) 微生物检测方法的确认目录、培养基目录及配置、试剂目录及配置。可作为食品安全检验监管部门和食品企业质量保证部门制定或实施微生物检测的工作指南。

### 本书特点

- 涵盖美国FDA实验室检测食品中病原菌 (细菌、病毒、寄生虫、霉菌和酵母) 及微生物毒素的首选方法, 所有检测方法都经过了美国FDA内外专家的评审。
- 反映了上述检测方法的发展历史。

- ▶ The Bacteriological Analytical Manual (BAM) is the official testing method of the U.S. Food and Drug Administration. It applies to the safety inspection and supervision of imported and exported foods and domestic foods in the United States. The book is divided into 29 chapters, including the regulation of general guidelines, the methods of special pathogens, the detection methods of microbial toxin, additional methods, together with the maximum probable number of serial dilutions, validation guide of the detection methods of food-borne pathogen bacteria, current checklist, medium catalog, reagent catalog and configuration of microbiological test methods of food (feedstuff) related to FDA. It can be a work guideline for food safety inspection and supervision agency and quality assurance unit in food company to formulate or implement microbiological testing.



## 畜禽骨肉提取物生产工艺与技术

Production Process and Technology of Animal and Poultry Extract

开本: 170mm×240mm  
ISBN 978-7-5184-1845-9  
出版时间: 2018.4  
作者: 赵修念 编著

Book Size: 170mm×240mm  
ISBN: 978-7-5184-1845-9  
Publish Date: April, 2018  
Author: Zhao Xiunian (the editor)

本书共分九章, 分别介绍了畜禽骨肉抽提物的种类(包括清汤、白汤、酶解产品)和营养、生产原料和辅料、生产工艺、生产设备、生产过程控制、产品质量检验与质量控制及在食品工业中的应用, 并以范例的形式介绍了中小型生产工厂的初步设计。

本书实用性强, 可供调味品行业、食品添加剂行业企业研究人员、技术人员以及相关高等院校师生参考。

- ▶ The book is divided into nine chapters which respectively introduces the types of animal and poultry extracts(including broth, white soup, enzymolysis products), nutrition, raw materials and ingredients, production processes, production equipment, production process control, product quality inspection, quality control and the application in food industry. And it also introduces the preliminary design of small and medium-sized plants as examples.
- ▶ Objective Readers:
- ▶ This book is practicable and useful for researchers and technicians of condiment industry and food additive industry as well as teachers and students in colleges.

## 食物蛋白质控制酶解技术

Food Protein Control Enzymatic Hydrolysis Technology

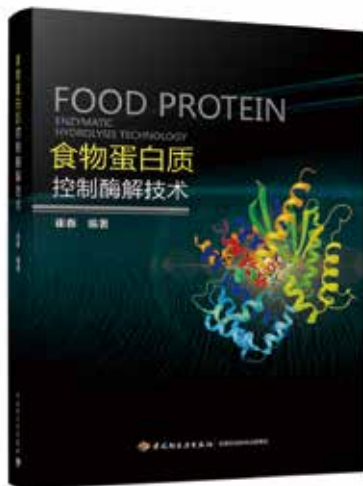
开本: 170mm×240mm  
ISBN 978-7-5184-1724-7  
出版时间: 2018.6  
作者: 崔春 编著

Book Size: 170mm×240mm  
ISBN: 978-7-5184-1724-7  
Publish Date: June, 2018  
Author: Cui Chun

本书从蛋白酶的酶学特性和催化特性出发, 针对不同食物蛋白资源的组成和结构特征, 沿着蛋白控制酶解技术应用的脉络, 从原理、技术、工艺、应用和设备等多方面系统论述了我国大宗重要食物蛋白质资源控制酶解技术的研究进展。

本书内容全面、详实, 可作为蛋白质深加工相关科研工作者的的重要参考书, 也可作为大专院校的教科书。

- ▶ Starting from the enzymatic and catalytic characteristics of protease, focusing on the composition and structural characteristics of different food protein resources and according to the context of the application of protein control enzymatic hydrolysis technology, the book systematically discusses the research progress on the control of enzymatic hydrolysis of important food protein resources in China from many respects like principles, technologies, processes.
- ▶ Objective Readers:
- ▶ This book is comprehensive and detailed, it can be used as an important reference for researchers involved in deep processing of proteins as well as a textbook for colleges.



## 传统白酒酿造技术（第二版）

Traditional Liquor Brewing Technique(The second edition)

开本：185mm×260mm  
ISBN 978-7-5184-1113-9

出版时间：2017.3  
作者：余乾伟 编著

Book Size: 185mm×260mm  
ISBN: 978-7-5184-1113-9

Publish Date: March, 2017  
Author: Yu Qianwei (the Editor)

第二版秉承原书风格，重点在传统白酒工艺总结、经验集成，先进成果评述，兼顾教材使用原则。在保留原书精华基础上，推陈出新。第二版中适当增加图片、表格；对部分专业术语，在该页下面注释；技术讲解中力求精炼，突出要点，纠正个别错误；增加实例及其计算方法；尝评章节中增加评分标准；培训中增加白酒大奖赛；增加白酒检验、包装（成品酒生产）章节；并在第一篇中增加中国白酒金三角内容，相应增加其他版块（如江淮派，酿酒大省），以及少数民族酿酒内容。

- ▶ The second edition follows the style of the original, which focuses on the craftsmanship, experience, review of advanced achievements of traditional liquor as well as the principle of this book. On the basis of the essence of the original, it makes some progress like adding some pictures and tables appropriately, providing the annotation of some terms at the bottom of pages, introducing technique refinedly and highlighting the main points and correcting the errors; adding examples and calculation methods; adding scoring standards in the chapter of tasting; adding the Liquor Award Competition during training; increasing chapters of liquor inspection and packaging (Liquor production), adding the content about golden triangle of Chinese liquor in the first article and correspondingly increasing other sections (such as the JAC and other liquor brewing provinces) as well as the contents of the liquor brewing of minority.



## 中国白酒产业发展报告（2017—2018）

The Development Report of China Liquor Industry

开本：185mm×260mm  
ISBN 978-7-5184-1897-8

出版时间：2018.5  
作者：王延才 主编

Book Size: 185mm×260mm  
ISBN: 978-7-5184-1897-8

Publish Date: May, 2018  
Author: Wang Yancai (the Editor)

本书主要分析了中国白酒产能和结构的问题；中国白酒市场结构的问题；中国白酒集中度的问题；中国白酒产业消费者沟通的问题；中国白酒国际化、时尚化、年轻化的问题；名酒复苏后中国白酒知识产权保护的问题；培育中国白酒“国家名片”的问题。

- ▶ This book mainly analyzes the production capacity and structure of Chinese liquor, the structure of Chinese liquor market, the concentration of Chinese liquor, communication to Chinese liquor consumers, internationalization, fashion and youthfulness of Chinese liquor, the intellectual property protection of Chinese liquors after resuscitation and the problem of cultivating Chinese Liquor as "National Cards".



## 白酒酿造与技术创新

Liquor Brewing and Technical Innovation

开本: 185mm × 260mm  
ISBN 978-7-5184-1323-2  
出版时间: 2017.9  
作者: 李大和 编著

Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1323-2  
Publish Date: september, 2017  
Author: Li Dahe (the Editor)

本书的主要内容包括绪论; 三大基本香型传统工艺; 不同香型酒生产工艺; 传统工艺的传承与发展; 12种香型白酒的风味物质及风格特点。本书作者终身投身酿酒事业, 对于白酒酿造技艺的传承与发展有很多心得, 因此著书成书, 给行业的同行一些建议和指引。

- ▶ This book includes the introduction, the traditional craftsmanship of three basic flavors; production technology of liquor with different aroma, the inheritance and development of the traditional craftsmanship and the flavor and characteristics of 12 liquor with different flavor. The author devoted his whole life in liquor brewing and has a lot of attainments of the inheritance and development of liquor brewing techniques. This book is written to give some advice and guidelines to his colleagues.



## 生态酿酒新技术

New Technology of Ecological Brewing

开本: 185mm × 260mm  
ISBN: 978-7-5184-1221-1  
出版时间: 2017.5  
作者: 余有贵 编著

Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1221-1  
Publish Date: May, 2017  
Author: Yu Yougui (the Editor)

由于环境污染越来越严重, 目前酿酒行业越来越重视生态酿酒, 本书主要内容包括生态酿酒概述; 生态化酒曲生产技术; 窖泥微生物技术; 酿酒原料预处理新技术; 生态化发酵技术; 贮存与勾兑新技术; 酒质检测新技术; 生态化资源利用技术; 生态化包装技术。

- » Due to more and more serious environmental pollution, the brewing industry is paying more and more attention to ecological brewing. This book includes the overview of ecological brewing, technology of ecological distiller's yeast, pit soil micro-ecological technology, new pretreatment technology of raw material, ecological fermentation technology, new technology of storage and blending, new technology of liquor quality testing, ecological resource utilization technology and ecological packaging technology.





## 走近酿酒师（第一卷）

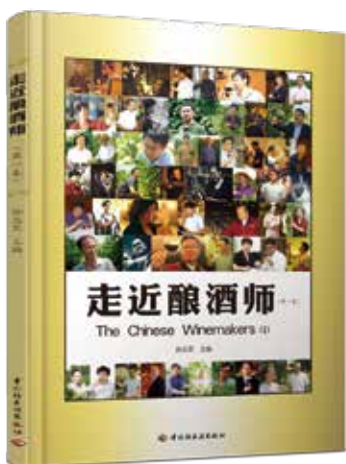
The Chinese Winemaker(Volume I)

开本：185mm×260mm  
ISBN 978-7-5184-0516-9  
出版时间：2016.1  
作者：孙志军 主编

Book Size: 185mm×260mm  
ISBN: 978-7-5184-0516-9  
Publish Date: January, 2016  
Author: Sun Zhijun (the Editor)

《走近酿酒师》（第一卷）通过采访60位活跃在国内各葡萄酒企业的技术和管理岗位上酿酒师，展现辛勤地付出、默默地奉献让他们成为中国葡萄酒行业的脊梁的真实故事，来展示中国酿酒师群体的整体风貌，记录中国葡萄酒业的崭新历程，引起中国葡萄酒行业对酿酒师的重视和尊敬。经历岁月的洗礼，踏过曲折的历程，他们已经成为葡萄酒行业的中流砥柱，支撑起一片责任的天空。

► The Chinese Winemaker(Volume I) interviewed 60 winemakers who were working on the technical and managerial positions of wine companies in China, and describes their stories of becoming the backbone of the Chinese wine industry through hard efforts and silent dedication. This book shows the overall outlook of the Chinese winemakers, records the new course of the Chinese wine industry and arouses the attention and respect to winemakers in China. After a tortuous journey in such a long time, they have become the mainstay of wine industry and can shoulder their responsibility.



## 走近酿酒师（第二卷）

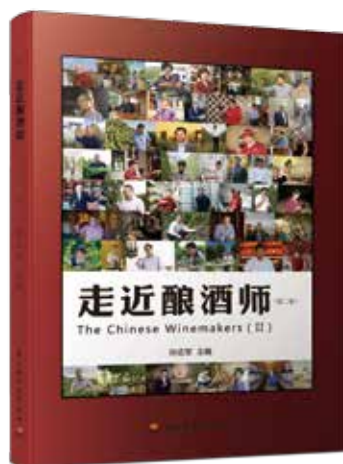
The Chinese Winemaker(Volume II)

开本：185mm×260mm  
ISBN 978-7-5019-8629-3  
出版时间：2017.1  
作者：孙志军 主编

Book Size: 185mm×260mm  
ISBN: 978-7-5019-8629-3  
Publish Date: January, 2017  
Author: Sun Zhijun (the Editor)

《走近酿酒师》（第二卷）共收录酿酒师 58 人，三十位 70 后与十多位 80 后构成了本卷的主体，他们从不同侧面展现出青年酿酒师的风采；十几位 60 后与导师级“酿酒师”李华老师的加入，增加了本书的厚重感；热拉尔·高林（Gerard Colin）等四位多年在国内做酒店外国酿酒师的加盟，更是丰富了本书的色彩。本卷是第一卷的自然延续，也反映出中国酿酒师梯队的更替。通过 114 位优秀酿酒师的人生旅程，不仅让我们看到了葡萄酒文明的光辉，也让我们感受到这个伟大时代的脉搏。

► The Chinese Winemakers (Volume II) concludes 58 winemakers, among which 30 post-70s and more than 10 post-80s are the main characters in this volume, who show the elegance of young winemakers from different perspective. A dozen post-60s and Li Hua, a master of winemaking increased the profundity of this book. Four foreign winemakers who have long been hotel winemakers including Gérard Colin make the book more colorful. This volume is a natural continuation of volume I, which reflects the replacement of Chinese winemakers. Through the life journey of 114 outstanding winemakers, we can not only see the glory of wine culture, but also feel the pulse of this great era.



## 啤酒发酵与酯的形成

Beer Fermentation and Ester Formation



- 开本: 170mm × 240mm  
ISBN 978-7-5184-1527-4  
出版时间: 2017.11  
作者: 杨东升 编著

● 本书主要的研究内容涉及以酵母代谢为中心的啤酒发酵操作如麦汁生产、发酵、后熟的环节; 涉及参数如浸出物浓度、氨基氮、微量元素、氧和rH值(氧化还原势)、酯类、高级醇、双乙酰等; 参与细胞基本生化活动重要的辅因子乙酰辅酶A在酯生成过程以底物形式介入的生理作用; 醇乙酰基转移酶(AATase)的乙酸酯合成中关键因子作用及中链脂肪酸乙酯的合成过程; 乙酸酯合成及中链脂肪酸乙酯的合成的基因调控及酯生成对酵母本身的生理作用; 新型啤酒酿造如高浓发酵和大型发酵罐技术应用对酯生成的影响及工业调控; 现代啤酒发酵新工艺和大型酿造设备介绍。

- Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1527-4  
Publish Date: November, 2017  
Author: Yang Dongsheng (the Editor)

▶ This book mainly concludes the fermentation process of beer focusing on yeast metabolism like wort production, fermentation and post-maturation, parameters such as extract density, amino nitrogen, trace elements, oxygen, rH (redox potential), Esters, higher alcohols and diacetyl, the physiological role of acetyl-CoA, an important cofactor involved in basic biochemical activities of cells, in the process of ester formation as a substrate, acetate synthesis of alcohol acetyltransferase (AATase) role of key factors and synthesis of medium-chain fatty acid ethyl esters, gene regulation of acetate synthesis and synthesis of medium-chain fatty acid ethyl esters and physiological effects of ester formation on yeast itself, new types of beer brewing such as high-concentration fermentation and large-scale fermentation tank technology The influence of application on ester formation and industrial regulation; introduction of new modern beer fermentation technology and large brewing equipment.

## 发酵工程专业英语

Specialized English for Fermentation Engineering



- 开本: 185mm × 260mm  
ISBN 978-7-5184-1756-8  
出版时间: 2018.5  
作者: 陈忠军 主编

● 本教材讲解了发酵工程科技论文的特点与结构、食品微生物与酶、发酵机制、酒精发酵、乳酸发酵、发酵工程下游技术、发酵食品质量与安全、发酵工程新趋势等内容。各章节均选自国外原版资料, 并有单词、注释、阅读材料和相应练习。在编排上注重涵盖发酵工程的相关内容, 结合实际及保证系统性的同时, 尽量反映发酵工程科技领域发展的新趋势、新技术, 具有广泛的适用性。

- Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1756-8  
Publish Date: May, 2018  
Author: Chen Zhongjun (the Editor)

▶ This textbook introduces the characteristics and structure of fermentation engineering scientific papers, food microorganisms and enzymes, fermentation mechanism, alcohol fermentation, lactic acid fermentation, downstream technology of fermentation engineering, quality and safety of fermented foods and new trends of fermentation engineering. All chapters are selected from foreign original materials and are attached with words, notes, reading materials and corresponding exercises. As for arrangement, we focus on covering the relevant contents of fermentation project and reflecting the new trends and new technologies in the field of fermentation engineering science and technology while combining with reality and ensuring systematisation, which is feasible.

## 葡萄酒产业经济学

Economics of the Wine Industry

开本: 185mm × 260mm  
ISBN 978-7-5184-1511-3  
出版时间: 2017.9  
作者: 刘世松 卜建华 主编

Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1511-3  
Publish Date: September, 2017  
Author: Liu Shisong, Bu Jianhua (the Editor)



本书充分吸收了现代经济学理论和中外产业经济学的最新研究成果, 紧密结合新常态下的我国国情和葡萄酒产业发展的现实背景, 从葡萄酒产业的理论基础、产业组织、市场结构、市场竞争、产业结构、产业关联、产业要素、政府规制和产业政策等方面进行了全面系统的阐述, 从理论高度上诠释葡萄酒产业经济发展问题, 在内容体系的构建上力求系统和完整, 既重视理论基础知识的掌握, 又强化对实践操作的指导。本书结合国内外葡萄酒产业实际, 在产业组织、产业结构、产业政策、政府规制和产业发展中的问题及对策选择等方面进行了很好的涉及, 既可以作为普通高等学校葡萄酒及相关专业本科生、研究生学习掌握葡萄酒产业经济的教科书, 也可以作为从事葡萄酒行业管理的相关人员深入了解葡萄酒产业经济发展的工具书。

Fully absorbing the latest research results of modern economic theory and Chinese and foreign industrial economics and closely integrating the national conditions under the new normal and the actual background of wine industry development, this book systematically elaborates the theoretical basis, industrial organization, market structure, market competition, industrial structure, industrial linkages, industrial factors, government regulations and industrial policies of the wine industry. It reflects the economic development of the wine industry from a theoretical perspective. The book has a systematic and complete contents, which pays attention to the theoretical basis and the guidance of practical operation. Combining the situation of domestic and international wine industry, the content of this book covers issues like industrial organization, industrial structure, industrial policy, government regulation, industrial development and policy choice. It can be used as an textbook for undergraduates and postgraduates whose major is wine in colleges to learn the economy of wine industry and can be used as a reference book for people in wine industry to understand the economic development of wine industry.

## 葡萄酒营养学

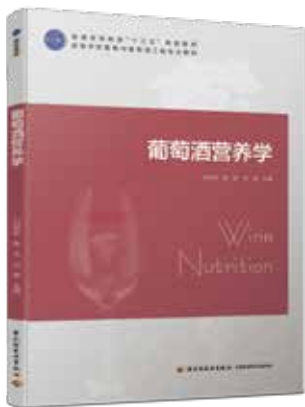
Wine Nutrition

开本: 185mm × 260mm  
ISBN 978-7-5184-1810-7  
出版时间: 2018.2  
作者: 刘世松 练武 刘爽 主编

Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1810-7  
Publish Date: February, 2018  
Author: Liu Shisong, Lian Wu,  
Liu Shuang (the Editor)

该书是以葡萄酒、营养与人体健康关系为主线,以葡萄酒营养学的基础理论及相关实用知识为基础的理论教学体系,将葡萄酒、营养与健康的前沿科学知识进行整合凝练。该书以现代营养学知识为依托,汇总葡萄酒营养的最新研究成果,紧密结合葡萄酒文化,旨在引导读者通过学习能够运用所学知识为实际生产、生活中与葡萄酒营养相关的问题进行分析、评价和正确的指导引导大众葡萄酒餐饮的科学消费,指导大众如何健康的饮用葡萄酒。

- With the relationship among wine, nutrition and human health its main line and the basic theory of wine nutrition and related knowledge as its theory of teaching system, the book integrates the frontier scientific knowledge about wine, nutrition and health. Basing on modern knowledge of nutrition, the book summarizes the latest research results of wine nutrition. It aims at guiding readers to analyze and evaluate the problems related to wine nutrition in real production and life, to consume scientifically and drink wine healthily by the knowledge in this book .



## 固态发酵生物反应器-设计和操作的基本原理 ( “十三五” 国家重点出版物出版规划项目)

Solid-state Fermentation Bioreactors-Fundamental of Design and Operation (the major publication to be published during the 13th Five-Year Plan)

开本: 185mm × 260mm  
ISBN 978-7-5184-1146-7  
出版时间: 2017.6

Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1146-7  
Publish Date: June, 2017  
Author: D.A Mitchell, N. Kreager,  
(Slovenia) M. Berovich(Brazilian)  
Li Zhanyong(the translator)

作者: (巴西) D.A.米切尔,  
(巴西) N.克里格, (斯洛文尼亚)  
M.贝罗维奇 著, 李占勇 译

本书聚焦于实现固体发酵过程的生物反应器,具体介绍了固态发酵及其过程中发生的传递现象和生长动力学,阐述了各种类型的固态发酵生物反应器以及过程监测、控制等相关问题,尤其是针对商业化应用所面临的放大挑战,提供了数学建模基础,并通过案例研究分析了数学模型对于固态发酵生物反应器设计、性能优化以及过程控制的重要作用。

- Focusing on the bio-reactors that realize solid-state fermentation processes, this book detailedly describes solid-state fermentation as well as the transfer phenomena and growth dynamics during the process, introduces various types of bio-reactors of solid-state fermentation and relevant issues like the monitoring and controlling of it. In particular, aiming at the magnified challenge of commercial applications, the book provides the foundation of mathematical modelling and analyzes the important role of mathematical models for the design, performance optimization and process monitoring of solid-state fermentation bio-reactor through case studies.



## 中国三叶青资源研究与利用

Germplasm Research and Utilization of *Tetrastigma Hemsleyanum*, A Chinese-specific Medical Plant



● 开本: 170mm × 240mm  
ISBN 978-7-5184-1853-4  
出版时间: 2018.5  
作者: 彭昕 主编

● 三叶青是葡萄科崖爬藤属多年生珍稀药用植物, 在民间被广泛药用, 是多种中成药(如华佗风痛宝、结石康胶囊、金丝地甲胶囊、金芪片等)的主要原料, 本书主要内容包括三叶青植物资源概况、生物学特性及种质鉴别、种驯化及人工栽培技术、化学成分、药理作用等。

○ Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1853-4  
Publish Date: May, 2018  
Author: Peng Xi (the Editor)

▶ *Tetrastigma hemsleyanum* is a rare medicinal plant of the vitaceae *tetrastigma*, which is widely used as medicine in the folk and is a main raw material for many Chinese patent medicines (such as *HuaTuo Fengtongbao*, *Qishikang Capsule*, *Jinsidijia Capsul* and *Jinqi Tablet*). The main content of this book includes the general situation, biological characteristics and germplasm identification, domestication and artificial cultivation techniques, chemical composition and pharmacological effects of *tetrastigma hemsleyanum*.

## 酱和酱油发展简史

The Brief History of Sauce and Soy Sauce



○ 开本: 140mm × 203mm  
ISBN 978-7-5184-1882-4  
出版时间: 2018.6  
作者: 谢韩 编著

● 本书介绍了从有史以来到二十世纪八十年代末这一历史阶段酱和酱油的发展脉络, 并客观地分析了发展史上三个兴盛期的存在及其产生的原因。作者用文献论证的方式阐述了从用肉类发酵的醢, 到以大豆为主发酵的酱和酱油、豆豉与豉油等类似产品产生的原因和工艺的发展变化。

○ Book Size: 140mm × 203mm  
ISBN: 978-7-5184-1882-4  
Publish Date: June, 2018  
Author: Xie Han (the Editor)

▶ This book introduces the development of sauce and soy sauce to the late 1980s, which objectively analyzes three prosperous periods and corresponding reasons. The authors expounds the reason why those similar products like sauce, soy sauce, soybeans and bean oil mainly fermented by beans would appear and the development of their technology.

## 基因操作技术基础 (高职教材)

The Technical basis of Genetic Manipulation ( Higher Vocational Textbook)

开本: 170mm × 240mm  
ISBN 978-7-5184-1234-1  
出版时间: 2017.3  
作者: 王玉亭 主编

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1234-1  
Publish Date: March, 2017  
Author: Wang Yuting (the Editor)

本教材从高职人才培养的角度,以掌握基因工程的操作技能、理解和熟悉相关的理论与技术为目的,按照一般的基因操作流程和知识结构特点,讲授基因操作技术的基本技能,理解和熟悉相关的理论与技术,适度加入反映最新进展的技术与设备等,目的在于培养能够从事基因药物等基因工程产品开发、生产、检验的高级技能型人才。

- From the view of higher vocational talents training, this textbook aims at helping them to master the operating skills of genetic engineering, understand and know relevant theories and techniques. According to general genetic operation process and knowledge structural characteristics, the book teaches the basic skills of genetic manipulation techniques, lead readers learn relevant theories and technologies and introduces the newest technology and equipment. The objective of this book is to cultivate higher skilled talents who are capable to engage in the development, production and inspection of genetic engineering products like gene medicines.



## 分子微生物学实验指导

Guide to Experiments of Molecular Microbiology

开本: 185mm × 260mm  
ISBN 978-7-5184-1453-6  
出版时间: 2017.9  
作者: 柳志强 主编

Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1453-6  
Publish Date: September, 2017  
Author: Liu Zhiqiang (the Editor)

本书共包括十四章,包括微生物核酸提取,聚合酶链反应,载体连接转化,大肠杆菌表达,分子杂交, DNA和蛋白质相互作用等目前分子微生物学领域常用的实验技术,章节顺序安排基本参照常规实验的流程。每个章节在概述部分对实验原理进行了详细阐述,便于读者对实验步骤的理解;在实验步骤中,结合前人经验总结了部分注意事项,可供广大读者进行参考;每章结尾均有思考题,可用于实验的复习和加深理解;书末还附录有本书所涉及的质粒图谱及微生物常用培养基配方,可供读者参考。

- The book has 14 chapters, including microbial nucleic acid extraction, polymerase chain reaction, vector ligation transformation, expression in Escherichia coli, molecular hybridization, experimental techniques often used in the field of molecular microbiology like the interactions between DNA and protein. The routine experiment process. In each chapter, the principle of the experiment is elaborated in the overview section to help readers to understanding the process. During the experiment, the book concludes some precautions according to previous experiences, which can be used by the readers for reference. At the end of each chapter, there are questions for review of the experiment and deepening understanding. At the end of the book, there is an appendix of the plasmid maps and microbial media commonly used, which can provide reference for readers.





## 高级微生物学

Advanced Microbiology

开本: 185mm × 260mm  
ISBN 978-7-5184-1526-7  
出版时间: 2017.9  
作者: 何培新 主编

Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1526-7  
Publish Date: September, 2017  
Author: He Xinpei (the Editor)



本书主要介绍了细菌、古生菌等原核生物，酵母菌、霉菌、蕈菌等真核微生物，以及无细胞结构生物病毒的系统进化和主要类群，叙述了微生物的代谢、遗传育种、生态和分类鉴定等的最近研究成果，并介绍了微生物在食品、医药、环保、能源和农业等领域中的应用，反映了组学时代微生物学研究与应用的新进展。在本科普通微生物学的基础上，进一步就微生物学基础理论、研究技术等方面进行强化和拓展。本书有20个专题，既有比较基础的显微技术、古生菌等，也有组学技术应用、噬病毒体、病毒生态学、细菌物种形成等较新内容，微生物在烟草工业中的应用等内容为国内首先成为专题。

This book mainly introduces the prokaryote like bacteria and archaea, eucaryotic microbes like yeasts, molds and fungi, as well as the phyletic evolution and major taxa of cell-free biological viruses. It also describes the newest research results of metabolism, genetic breeding, ecology and classification of microorganisms. It introduces the application of microorganisms in the fields of food, medicine, environmental protection, energy and agriculture and reflects the new progress in the study and application of microbiology. Based on the general microbiology in the courses of undergraduates, the book further develops the basic theories and research techniques of microbiology. This book has 20 subjects, including basic knowledge like microtechnic and archaea and some new contents such as the use of omics technology, virophage, virus ecology and bacterial speciation. The book also includes a subject of the application of microbes in the tobacco industry, which is the first one in China.

## ● 细菌分子遗传学（第三版）（国家出版基金项目、“十三五”国家重点出版物出版规划项目）

○ Molecular Genetics of Bacteria(third Edition)( the project of National Press Fund and major publication to be published during the 13th Five-Year Plan)

○ 开本: 185mm×260mm  
ISBN 978-7-5184-0553-4  
出版时间: 2016.8

作者: (美) 拉里·斯奈德 (Larry Snyder), (美) 温蒂·钱普尼斯 (Wendy Champne) 主编, 杨勇 译

○ Book Size: 185mm×260mm  
ISBN: 978-7-5184-0553-4  
Publish Date: June, 2016  
Author: Larry Snyder, Wendy Champne(American) Yang Yong(the translator)

● 本书系统阐述了细菌分子遗传学方面的基础理论依据研究的教材方法, 反映了细菌分子遗传学领域的最新进展, 对设计该领域的实验方法进行了较为详尽的解释, 强调了原核和真核生物之间的关系及发育, 尤其是在细菌染色体分离和细菌分裂方面。

- ▶ This book systematically elaborates the teaching methods of the basic theoretical basis of bacterial molecular genetics, which reflects the latest progress in the field of bacterial molecular genetics. And it provides more detailed explanations for the design of experimental methods in this field and emphasizes the relationship and development between prokaryotic and eukaryotic organisms, especially in bacterial chromosome separation and bacterial division.



## ● 工业循环冷却水处理（本科教材）

○ Industrial Circulating Cooling Water Treatment (undergraduate teaching material)

○ 开本: 185mm×260mm  
ISBN 978-7-5184-1334-8  
出版时间: 2017.9

作者: 刘智安 赵巨东  
刘建国 主编

○ Book Size: 185mm×260mm  
ISBN: 978-7-5184-1334-8  
Publish Date: September, 2017  
Author: Liu Zhian, Zhao Judong,  
Liu Jianguo

● 本书以火力发电厂循环冷却水为研究对象, 系统介绍了工业循环冷却水处理技术的基本原理, 主要包括: 天然水的物理化学性质、工业循环冷却水、水的冷却原理、循环冷却水的结垢及控制、循环冷却水系统的腐蚀及控制、循环冷却水系统微生物的危害及控制、循环冷却水的电磁处理、循环冷却水系统的清洗与预膜、循环冷却水的实验室测试。

- ▶ This book takes the circulating cooling water of thermal power plants as the research object and systematically introduces the basic principles of industrial circulating cooling water treatment technologies, including the physical and chemical properties of natural water, industrial circulating cooling water, the cooling principle of water, the scaling and control of cooling water, the corrosion and control of circulating cooling water system, the harm and control of microorganisms in circulating cooling water system, electromagnetic treatment of circulating cooling water, the cleaning and pre-membrane of circulating cooling water system and laboratory testing of circulating cooling water.

## 生物统计学 (第四版)

Statistics for the Life Sciences( Fourth Edition)



- 开本: 185mm × 260mm  
ISBN 978-7-5184-1268-6  
出版时间: 2017.12  
作者: (美) 迈拉L. 塞缪尔斯 杰弗里A. 威特默  
安德鲁 A. 沙夫纳 著 李春喜 姜丽娜  
邵云 张黛静 马建辉 译

- 本书涵盖了全部应用到生命科学中的统计学的核心内容, 主要有以下章节: 样本与群体描述、概率与二项分布、正态分布、样本分布、置信区间、两个独立样本的比较、成对样本的比较、分类数据—一个样本分布、分类数据—关系、多个独立样本平均数的比较、直线回归与相关、推断方法概述等。

- Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1268-6  
Publish Date: December, 2017  
Author: Myra L. samuels, Jeffrey A. whitmore, Andrew A. schaffner(American) Li Chunxi, Jiang Lina, Shao Yun, Zhang Daijing, Ma Jianhui(the translators)

- ▶ This book covers all of the core content of statistics applied to the life sciences, including the following chapters: sample and group description, probability and binomial distribution, normal distribution, sample distribution, confidence interval, the comparison of two independent samples, the comparison of paired samples, the relationship of categorical data - a sample distribution and categorical data, the comparison of the average of several independent samples, linear regression and correlation and the summary of inference methods.

## 生物工程分析与检验

Analysis of Bioengineering(2nd Edition)



- 开本: 185mm × 260mm  
ISBN 978-7-5184-1759-9  
出版时间: 2018.2  
作者: 王福荣 主编

- 本书介绍了工业发酵专业中广泛应用的比色分析与分光光度分析、色谱分析(气相色谱分析、液相色谱分析、离子色谱分析)、质谱分析、色质联用分析、原子吸收分析、电感耦合等离子体质谱分析与氨基酸自动分析等。详细介绍了仪器的特点、原理、操作条件选择及定性定量分析, 并附有相应的实验实例。

- Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1759-9  
Publish Date: February, 2018  
Author: Wang Furong (the Editor)

- ▶ This book introduces colorimetric analysis, spectrophotometric analysis, chromatographic analysis (gas chromatographic analysis, liquid chromatography analysis and ion chromatography analysis), mass spectrometry analysis, color and mass spectrometry analysis, atomic absorption analysis, Coupled plasma mass spectrometry analysis and automatic amino acid analysis, which are widely used in fermentation industries. It introduces the characteristics, principle, operating conditions and qualitative and quantitative analysis with corresponding experimental examples.



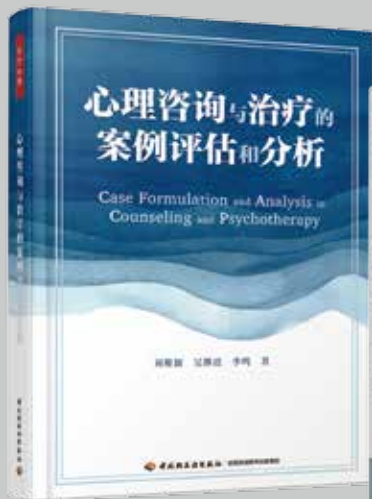
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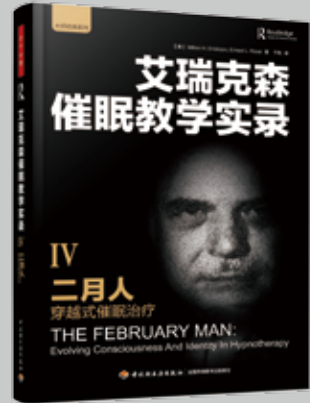














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## 瑞丽 中国领先的时尚综合媒体

### Rayli China Leading Fashion Omni media

· 瑞丽以“设计美丽，设计生活”为传播主旨，深刻影响着当今中国的都市潮流风尚。经过23年的发展历程，在“媒体整合，品牌延伸”的战略指导下，瑞丽已成为以高档期刊出版为核心，同时发展网络、图书、无线移动媒体等多种媒体，兼营广告、发行、整合营销、模特经纪、模特培训教育等多项业务的立体化期刊传媒企业。

· 瑞丽是中国时尚类期刊的民族品牌，被认定为驰名商标，两次被评选为全国“百强期刊”，同时获选“中国最美期刊”。

· 瑞丽在中国成功开创时尚杂志的实用化先河，并将“瑞丽”品牌DNA“实用的时尚”与国际化视角有机融合，使“瑞丽”品牌成为驰名中国的著名媒体品牌，形成了以《瑞丽服饰美容》、《瑞丽伊人风尚》、《瑞丽家居设计》、《男人风尚》知名杂志为代表的期刊群；并基于杂志搭建全媒体平台：ipad/手机杂志、微博/微信、微店、Wap站、微电影等；打造出用户量、影响度和创新力均大大领先的瑞丽数字媒体：瑞丽网（www.rayli.com.cn）、瑞丽电子杂志、瑞丽无线。

· 瑞丽成功实现平面媒体与数字媒体的互动整合。改变传媒传播的日格局，并集聚多元化创新资源和创新要素，带来期刊运营新成果和发展的新态势。

· Rayli has a profound impact on contemporary Chinese urban trend and fashion for its concepts of "Designing Life and Beauty". Guided by the strategy of Media Integration and Brand Extension during the 23 years, Rayli has become a three-dimensional media corporation with publishing upscale Journals its core business. At the same time, it also develops various kinds of medias including internet, books and wireless mobile media as well as many programs like advertisement, distribution, integrated marketing, model agency and model training.

· Raily is a national brand among those Chinese fashion magazines, which is regarded as well-known trademark. It has been awarded "Top 100 national Journals" and "China's Most Beautiful Journal".

· Raily has successfully pioneered the practical application of fashion magazines in China, and has developed into a well-known Chinese media brand, forming a journal group represented by "Rayli Costume And Costmetics Magazine", "RAY Li Lady", "RAY Li Home" and "Man Fashion". It also has established a omnimedia platforms based on the magazines: ipad/mobile magazines, Weibo/WeChat, micro-stations, Wap and micro-movies. It has created Raily digital media: Raily Network (www.rayli.com.cn), Raily E-Magazine and Raily Wireless, which takes the lead in users, influence and innovation.

· Raily has succeeded in realizing the interaction and integration of print media and digital media. It has changed the old pattern of communications media and aggregated diversified innovative resources and elements, which has brought new achievement and a trend of journal industry.

## 成就荣誉

### Achievement of honor

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- “网聚世界潮流，设计你的时尚”以实用特色引领消费的时尚生活垂直门户网站—瑞丽网；发行量最大的时尚媒体手机报；
- 国内出版企业中建立较早、管理完善的原创内容图片库
- 国内出版企业中规模庞大、定位精准的时尚女性用户数据库
- 独具特色的平面模特资源储备库

入选2013、2015中国“百强报刊”；

入选2014、2015“中国最美期刊”；

入选“最受读者欢迎的50种期刊”；

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第四届“中国出版政府奖”一先进出版单位奖

连续多年，“瑞丽网”因影响力大，传播力强，知名度高。在全国新闻出版业网站被入选“新闻出版业网站百强”。

- Rayli fashion media brand well-known China; China's leading fashion magazine group--Rayli Fashion & Beauty, Rayli Lady, Rayli Home and Man's Fashion; The fabric of the world trend, your fashion design,Rayli to practical features of leading consumer lifestyle vertical portal;The largest circulation of the fashion media reports;Download super large fashion electronic magazine; Rayli BOOK variety of rich series of Fashion Book; The establishment of the domestic publishing enterprises earlier, the management of the original content of the original picture library; Domestic publishing companies in a huge, accurate positioning of the fashion women's user database; Unique plane model resource reserve; 2013 and 2015 Selected China's top 100 newspapers and periodicals"; 2014 and 2015 China's most beautiful journal"; Selected the 50 most popular journals"; Second "China published" The second China published journal Award nomination; For many years, "Rayli" with great influence, strong communication, high visibility. At the national press and publication industry website was named "top 100 news publishing industry".

# 瑞丽

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· 本杂志立足时尚生活，以实用为基础，致力于推动自行车骑行文化，倡导绿色的骑行方式，展现自行车的独特魅力，全力打造国内第一本“将骑行作为一种生活方式”的核心杂志。

· Authorized by China Light Industry Association, sponsored by China Bicycle Society, China National Bicycle Industry Information Center and Shanghai Bicycle Society, and issued by China Light Industry Press, Cycling Fashion, a magazine with both fashion and daily life as its focus, tries to promote bicycle culture and green life style. It attempts to present the unique charm of cycling and initiate the idea of “cycling as a way of life.”





# 数字出版

Digital Products



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## 食课堂

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“食课堂”数字教学服务平台是在近年来教育数字化的发展趋势下，中国轻工业出版社凭借几十年来在食品类专业领域（涵盖食品、生物、烹饪等专业），对于优质教学资源、经典教材教辅、产学研成果的积累，在国内食品知名专家团队的指导下，策划开发的适合教师、学生使用的跨平台跨终端的定制化在线学习平台，带给您最新颖的学习体验，实现最佳的学习效果。

The "Food Classroom" digital teaching service platform is a cross-platform cross-terminal customized online learning platform. Under the digital trend of the development of education in recent years, China light industry press, which has the accumulation of achievements in high quality teaching resources, classical imported textbook, achievements in production and research in the food field (covering food, biological, cooking, etc), plans and develops the platform under the guidance of a well-known expert team in China, which is suitable for teachers and students, to bring you the most innovative learning experience and achieve the best learning effect.



## 轻课堂

New Media

为了适应教学数字化发展，提升相关院校数字化教学水平，中国轻工业出版社利用自身几十年来在艺术类、经管类、轻工专业领域内积累的数字教学资源、经典教材教辅、产学研成果，在国内知名专家团队的指导下，策划开发了“轻课堂”在线教学平台。“轻课堂”是一个跨终端的定制化在线学习平台，可以给教师与学生提供各种便捷的辅助教学手段，提升院校的教学水平。

"Light Class" digital teaching platform is a customized cross-platform and cross-terminal online learning platform for teachers and students developed by China Light Industry Press under the trend of education digitization in recent years. It is the result of decades of accumulation of high-quality teaching resources, classic teaching materials and the fruits of production and research in the fields of arts, business and light industry. Guided by the well-known expert team in China, it can provide you with the most innovative learning experience and acquire the best learning outcomes.



# 中国轻工业出版社网站

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· 中国轻工业出版社网站（www.chlip.com.cn）是中国轻工业出版社的门户网站。网站秉承“满足立体阅读需求，发展全媒体出版业务”的数字出版理念，不断完善网站平台的功能结构与样式设计。其扁平化的设计风格，去除了冗余、厚重和繁杂的设计效果，让“信息”本身作为重点被凸显出来，再加之简洁的层级结构与清晰的分类导航，使用户快速准确的定位到所需的内容页面。网站的购书功能将用户便捷的链接到常用的电商平台，从而提高了出版社电商平台购书者的转化率，促进了图书的销售。网站的信息分享功能将网站的图文信息从PC端快速的分享转发到移动端的微信、微博、QQ空间等平台，为出版社图书销售信息和企业宣传信息的发布传播提供了更多的途径。

· The website of China light industry press (www.chlip.com.cn) is the portal of China light industry publishing house. The website adheres to the digital publishing concept of "meet the demand of stereoscopic reading and develop the whole media publishing business", and constantly improve the functional structure and style design of the website platform. The flat design style, in addition to the effect of redundancy, massiness and multifarious design, let the "information" itself is highlighted as the key, and the classification of the hierarchy of concise and clear navigation, the user fast accurate positioning to the required content pages. The website's purchasing function will link users' convenience to the common e-commerce platform, thus improving the conversion rate of the publishers' e-commerce platform and promoting the sales of books. Website information sharing will site graphic information quickly from PC share forwarded to the mobile end WeChat, weibo, QQ space, such as platform, to press, book sales information and propaganda enterprise information broadcast offers more ways.





## 三大运营商手机阅读

Three carriers mobile reading

· 三大运营商手机阅读是我社直接与中国移动、中国联通以及中国电信运营商合作，以手机（WAP、客户端）和移动电子书为主要形态，基于用户对各类题材内容的阅读需求，整合各类阅读内容，打造全新的图书发行渠道，实现新书抢鲜看和海量书库随时读，让读者可以享受时尚、健康、环保、便捷的随身阅读新体验。

· 自2009年接入中国移动阅读基地，已上架图书1400余册。

· 自2013年接入中国联通和中国电信阅读基地，已上架图书近500余册。

· Three carriers mobile reading is we directly with China mobile, China unicom and China telecom operators, mobile phone (WAP, client) and mobile ebook as the main form, based on user demands for all kinds of subject matter content of reading, integrate all kinds of reading content, create new distribution channels, realize the book rob fresh look and read at any time, vast stacks make readers can enjoy fashion, health, environmental protection, easy to read with new experiences.

· Since 2009 access to China Mobile reading base, has shelves more than 1400 books.

· Since 2013, access to China Unicom and China Telecom reading base, has shelves more than 500 books.

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为你蜕变  
等你发现  
阅读可以如此精彩!



## 第三方平台阅读

Third-party platform reading

· B2C业务：亚马逊，掌阅，腾讯，当当，京东，小米，网易，豆瓣等。

· 畅销图书1000多个品种，销售收入逐年递增，重点图书与平台开展多种形式推广，《1987，我们的红楼梦》在腾讯视频开展直播活动，获得较好的效果。

· B2C business: amazon, palm reading,.tencent, dangdang, jd.com, xiaomi, netease, douban, etc.

· With more than 1000 kinds of books and books, the sales revenue is increasing year by year, and the key books and platforms are rolled out in various forms.

"1987, our dream of red mansions" was broadcast live on tencent video and got a better result.

· B2B业务：同方知网，中文在线，方正apabi，人天书店、武汉三新、广州购书中心等。

总品种达到3000种以上，覆盖了国内众多图书馆。

· B2B business: tongzhizhi.com, Chinese online, fang zhengapabi, people's day bookstore, wuhan sanxin, guangzhou purchase book center, etc.

The total variety reaches more than 3000, which covers many libraries in China.





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## 法国费朗迪学院 西餐烹饪宝典

Ferrandy College Western  
Cookbook Collection

开本: 185mm × 260mm  
ISBN 978-7-5184-1696-7  
出版时间: 2018.1  
作者: (法) 米歇尔·唐桂 著  
郭晓赓 杨帆 译

Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1696-7  
Publish Date: January, 2018  
Author: Michel



《法国费朗迪学院西餐烹饪宝典》是被誉为“烹饪界哈佛”的法国高级职业公立院校——法国费朗迪厨艺学院的大师高级厨艺课程教材。本书详尽介绍了从基础到精通、涵盖厨师必备的所有烹饪技术，能让你像专业厨师一样烹饪！

《法国费朗迪学院西餐烹饪宝典》的内容主要包括基础汤、汤汁、烧汁、酱汁，蛋类，鱼类、甲壳类、贝壳类、软体类，肉类、禽类、野味，蔬菜、谷物、面团及水果等137种基本烹调技法和食材加工方法分步示范，以及倾情精选、大师亲传143道食谱的详细制作方法，并配有1500多幅高清图详细演示。同时，附录有菜谱索引、烹饪技法索引、合作厨师菜品索引等，便于专业人士及美食爱好者学习、阅读和掌握。

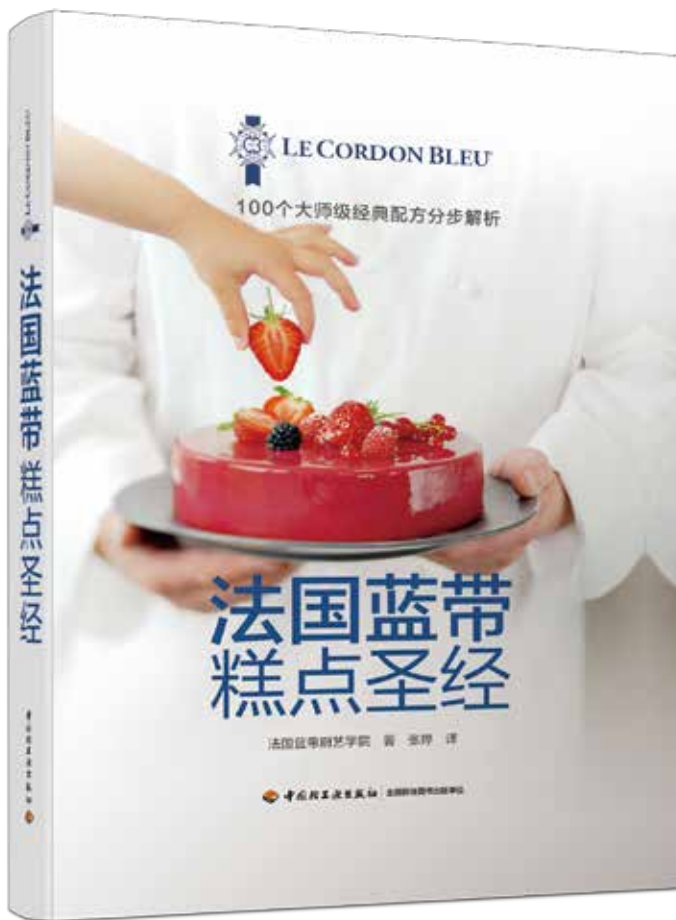
- ▶ "Ferrandy College Western Cookbook Collection" is a French advanced professional public institution - France's Ferrandy Culinary Institute's masterclass culinary arts course materials. This book covers everything from basics to mastery, covering all the cooking techniques necessary for a chef, allowing you to cook like a professional chef!
- ▶ The content of the "Ferrandy College Western Cooking Collection" mainly includes basic soups, soups, boiled sauces, sauces, eggs, fish, crustaceans, shellfish, molluscs, meats, poultry, game, vegetables, There are 137 basic cooking techniques such as cereals, dough and fruit, and step-by-step demonstrations of food processing methods, as well as a selection of portraits, master recipes, and detailed recipes for recipes for 143 recipes, as well as more than 1500 high-definition picture presentations. At the same time, the appendix has recipe index, cooking technique index, co-cooked dish index, etc. It is easy for professionals and food lovers to learn, read and master.

## 法国蓝带糕点圣经

French Le Cordon Bleu Bible

开本: 185mm × 260mm  
ISBN 978-7-5184-1524-3  
出版时间: 2018.1  
作者: 法国蓝带厨艺学院 著  
张婷 译

Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1524-3  
Publish Date: January, 2018  
Author: The French Le Cordon Bleu  
Bible



在《法国蓝带糕点圣经》中，法国蓝带厨艺学院的顶级主厨向我们独家揭秘了85个甜品配方，涵盖了蛋糕、个性糕点、挞、饼干、糖果、风味甜点等类型，其中既包括简单易操作的食谱，也有精巧又新潮的尝试。此外，书中还介绍了15种法式糕点的基本制作方法。

本书集传统糕点和现代糕点制作方法于一身，每一种糕点作品的介绍都做到图文配合、分步解析、循序渐进，每个步骤都清晰易懂，保证本书的读者能毫无困难地学习技巧并完成制作。

- ▶ In the French Le Cordon Bleu Bible, the top Chef at the Le Cordon Bleu in France revealed 85 dessert recipes exclusively to us, covering cakes, individual pastries, clams, biscuits, candies, and flavoured desserts. Including simple and easy to use recipes, there are also sophisticated and trendy attempts. In addition, the book also describes the basic production methods of 15 kinds of French cakes.
- ▶ This book is a combination of traditional cakes and modern pastry making methods. Each of the pastries' productions is combined with graphic, step-by-step, and step-by-step instructions. Each step is clear and easy to understand. Study skills and finish production.



## 轻松品鉴葡萄酒

A Little Course in Wine Tasting



○ 开本: 170mm×217mm  
ISBN 978-7-5184-1314-0  
出版时间: 2018.4  
作者: (英) 大卫·威廉姆斯 著 李锋 译

● 本书向读者展示了品鉴葡萄酒的技巧以及葡萄酒的风格,方便读者快速地习得技巧并建立信心。一系列有关有关品鉴的内容足以丰富您的认知,同时贴心地附有建议及其他要点,让您快速地成为一名富于鉴赏力的葡萄酒品尝者。

○ Book Size:170mm×217mm  
ISBN: 978-7-5184-1314-0  
Publish Date: April. 2018  
Author: David Williams(British) Li Feng (the translator)

▶ This book shows readers the wine tasting skills and styles of wine, which can help them quickly acquire the skills and build up confidence. These contents about tasting wine are enough to enrich your knowledge. Meanwhile, the suggestions and tips provided considerably can lead you an expert wine taster.

## 新鲜事物巧保存:果酱·蜜饯·泡菜·腌肉

A Little Course in Preserving



○ 开本: 170mm×217mm  
ISBN 978-7-5184-1618-9  
出版时间: 2018.4  
作者: (英) 苏珊娜·斯蒂尔 著  
(英) 阿曼达·赖特配方, 李锋 译

● 该书会成为您完美且耐心的老师,按难易程度分别详细介绍了如何保存新鲜的蔬菜、水果及肉类,如通过冷冻、油封、腌制、干燥等制作酸辣酱、开胃菜、果酱、果冻、果汁、果酒以及腌肉等,并附有一系列美味的菜谱。另外,贴心地给予建议、提醒,以防制作过程中出现纰漏。

○ Book Size:170mm×217mm  
ISBN: 978-7-5184-1618-9  
Publish Date: April. 2018  
Author: Susanna Steele(British) Amanda Wright(British)(providing recipe) Li Feng (the translator)

▶ The book will be your perfect and patient teacher. It will introduce how to preserve fresh vegetables, fruits and meat according to the difficulty, such as making chutney, appetizers, jams, jelly, fruit juice, fruit wine and salted meat by freezing, oil sealing, pickling and drying. It also provides with many delicious recipes as well as advice and reminders carefully to prevent from making mistakes.

## 在家种蔬果

A Little Course in veg & Fruit



○ 开本: 170mm×217mm  
ISBN 978-7-5184-1313-3  
出版时间: 2018.4  
作者: (英) 西蒙·阿克约德 著 刘琴博 译

● 本书详细介绍了如何在家里利用有限的空间播种、栽培以及收获蔬菜和水果等,让您快速地建立信息和习得技巧。全书共分三篇,基础篇介绍了播种、移植、灌溉等园艺基础知识以及基本的植物养护,强化篇介绍了马铃薯、辣椒、胡萝卜等的栽种方法,拓展篇介绍了如何规划一座厨房花园,以及蓝莓、李树等的栽培方法。

○ Book Size:170mm×217mm  
ISBN: 978-7-5184-1313-3  
Publish Date: April. 2018  
Author: Simon ackroyd(British) Liu Qinbo(the translator)

▶ This book can help you to quickly build information and acquire skills by introducing how to sow, grow, and gather in the vegetables and fruits in a limited space at home. The book is divided into three parts. The basic part is about the elementary knowledge of horticulture such as sowing, transplanting and irrigation as well as essential plant maintenance. The enhancement part introduces how to plant potatoes, peppers, carrots and so on. The expansion part describes how to plan a kitchen garden and the cultivation method of blueberry and plum trees.

## 疯狂烘焙：法国名店大师招牌糕点秘方

Crazy Baking

开本：185mm×260mm  
ISBN 978-7-5184-1883-1  
出版时间：2018.4  
作者：（法）拉斐尔·马夏尔 著 张婷 译

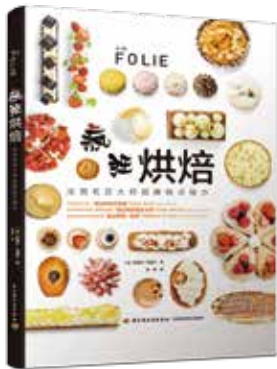
Book Size:185mm×260mm  
ISBN: 978-7-5184-1883-1  
Publish Date: April, 2018  
Author: Raphael·Martial (Franch).

本书是一本让所有烘焙爱好者为之疯狂的糕点制作秘笈。

书中收录了62道烘焙大师和知名甜品店的招牌糕点秘方。包括了蛋奶冻、莎布蕾、奶酪蛋糕、挞、车轮泡芙、马卡龙、天使蛋糕、闪电泡芙、慕斯、曲奇、千层蛋糕等糕点的制作方法。每一道糕点的从造型、口感到配方都经过大师反复斟酌与调试，即使最微小的细节也经过了千锤百炼。每一道制作工序和关键点都讲解得细致入微，呈现出来的都是趋近完美的经典之作。

有了这本糕点秘笈，相信你向着大师的方向又迈进了一步！

- ▶ This book is a pastry making recipe for all baking lovers.
- ▶ The book contains 62 signature masters of bakery masters and famous dessert shops. Including custard, sable, cheese cake, clams, wheel puffs, macarons, angel cakes, lightning puffs, mousse, cookies, cake layer cake and other production methods. Every recipe for patisserie has been carefully examined and adjusted by the master from the styling and mouth feel. Even the smallest details have been tempered. Each production process and key points are explained in detail, and all presented are classic works that are close to perfection.
- ▶ With this pastry recipe, I believe you have taken another step toward the master!



## 乐享轻食

Cook Positive

开本：170mm×240mm  
ISBN 978-7-5184-1914-2  
出版时间：2018.6  
作者：（法）朱莉·施沃布 大卫·努埃 著 张婷 译

Book Size:170mm×240mm  
ISBN: 978-7-5184-1914-2  
Publish Date: June, 2018  
Author: Julie·Schwob (Franch).

轻食不只是素食、节食和单纯地瘦身，而是提倡一种积极、健康、均衡的生活态度。

本书将享受美味和均衡营养巧妙地结合起来。不仅有专业的饮食营养学家提供的科学指导，还按照促进智力发育并提高记忆力、改善睡眠、养护肌肤、排毒、增强免疫力、减轻压力并缓解焦虑六大健康功效，分别提供了食材易得、做法极简又营养丰富的轻食食谱。每个食谱都呈现出食材的特色功效，精确的营养数据和变换口味的做法。

这本书带来的是有趣的美食体验、快乐积极的生活态度，不只是做菜那么简单。

- ▶ Light food is not just about vegetarianism, dieting and simply slimming, but it promotes an active, healthy and balanced attitude towards life.
- ▶ This book will skillfully combine delicious and balanced nutrition. Not only the scientific guidance provided by a professional dietitian, but also the six major health benefits of promoting intellectual development and memory, improving sleep, skin care, detoxification, immunity enhancement, stress reduction and anxiety relief. It is a simple and nutritious light food recipe. Each recipe presents the characteristics of the ingredients, accurate nutrition data, and taste-changing practices.
- ▶ This book brings with it an interesting culinary experience, a happy and positive attitude to life, and it's not just about cooking.





## 牛肉料理地图-55道全球牛肉料理

Beef Cooking Map

开本: 170mm × 240mm  
ISBN 978-7-5184-1654-7  
出版时间: 2017.12  
作者: 黄庆轩 著

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1654-7  
Publish Date: December, 2017  
Author: Huang Qingxuan

本书是喜爱牛肉的读者, 和想提升厨艺的厨师都适用的食谱。

书中详细介绍了不同产地的牛肉特点, 牛肉各个部位对应的烹饪技巧以及制作牛肉时所需的调味料等等, 让你知道怎么做, 更让你知道为什么要这样做。

精选55道全球各地特色牛肉料理食谱, 制作过程详尽, 每道菜搭配主厨推荐饮品, 品尝美食的同时了解各地饮食文化, 足不出户即可环游世界。

如果你喜欢吃牛肉, 又想尝试牛排以外的变化, 千万不要错过这本书带给你的极致盛宴。

- ▶ This book is intended for readers who love beef and cooks who want to enhance their cooking skills.
- ▶ The book details the characteristics of beef from different places of origin, the cooking techniques corresponding to each part of beef, and the seasonings needed to make beef, so that you know how to do it, and let you know why you should do it.
- ▶ A selection of 55 recipes for beef dishes from around the world. The production process is detailed. Each dish is paired with the chef's recommended beverages. You can enjoy food and learn about food culture at the same time. You can travel around the world without leaving home.
- ▶ If you like to eat beef and want to try something other than steak, don't miss the ultimate feast that this book brings to you.

## 牛肉诱惑: 日本名店名厨精品料理私房配方

Beef Cooking Technology

开本: 185mm × 260mm  
出版时间: 2018.11  
作者: (日) 日本旭屋出版主编;  
赵宇 译

Book Size: 185mm × 260mm  
Publish Date: November, 2018  
Author: Asahiya (Japan) (the  
Editor).

本书详细介绍日本最有人气的餐厅牛肉料理的制作方法, 内容创新, 实用性强, 内容全面而细致, 是专业厨师学习牛肉料理制作的指导书。

本书将美味的秘诀以通俗易懂和直观的方式向读者呈现, 是专业厨师及所有热爱美食的读者的实用指南。

- ▶ This book details the production method of beef dishes in Japan's most popular restaurant. It is innovative, practical, and comprehensive and meticulous in detail. It is a guidebook for professional chefs to learn beef dishes.
- ▶ This book presents the secret of delicious food to readers in an easy-to-understand and intuitive way. It is a practical guide for professional chefs and all readers who love food.



## 跟老师傅做传统点心

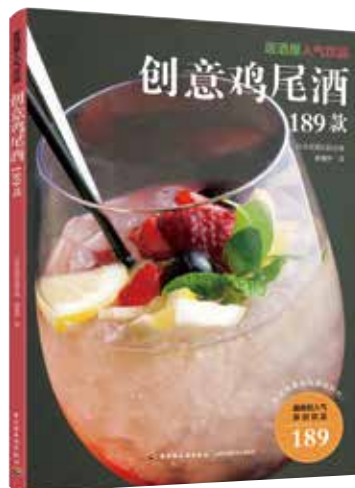
Making Traditional Snacks with Master

开本: 170mm × 240mm  
ISBN 978-7-5184-1919-7  
出版时间: 2018.5  
作者: 吕鸿禹 著

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1919-7  
Publish Date: May, 2018  
Author: Lü Hongyu

本书由50年制作点心经验的老师傅,介绍了将近100道传统点心的制作方法和技巧,按照不同的种类,共分成六个章节,包括第一章糕饼、第二章松糕、第三章酥饼、第四章茶点、第五章咸点以及第六章其他,唤起读者对传统美食的怀旧之情,以及对童年美好时光的回忆,同时也弘扬了中华民族传统饮食文化。

► In this book, 50 years of experience in making dim sum, introduces the production methods and techniques of nearly 100 traditional dim sums. According to different types, it is divided into six chapters, including the first chapter cake, the second chapter sponge cake, the third The crisp cookies, the fourth chapter of tea, the fifth chapter of the salty point, and the sixth chapter arouse the reader's nostalgia for traditional food, and memories of the good times of childhood. At the same time, it also promotes the traditional Chinese national diet culture.



## 居酒屋人气饮品: 创意鸡尾酒189款

189 Innovative Cocktails

开本: 170mm × 240mm  
出版时间: 2018.11  
作者: (日)日本旭屋出版  
主编: 谢耀伊 译

Book Size: 170mm × 240mm  
Publish Date: July, 2018  
Author: Asahiya (Japan)

本书介绍日本最有人气的21家酒吧189款创新鸡尾酒的制作方法,书中通过全彩照片和精炼准确的介绍文字,让您轻松掌握鸡尾酒的调制方法、必需器具和各种鸡尾酒的特点,只需几种原材料在家中也能调制出上百款鸡尾酒。品味鸡尾酒带来的快乐与享受!内容全面,可读性较强,还有菜肴和酒品的搭配,是酒吧、饮品店、餐厅等专业人员学习鸡尾酒制作的好教材。

► This book introduces the production methods of 189 innovative cocktails from the 21 most popular bars in Japan. Through the use of full-color photos and refined introductions, the book allows you to easily grasp the modulation methods, necessary utensils, and various cocktail characteristics of cocktails. Only a few raw materials can also brewed hundreds of cocktails at home. Enjoy the pleasure and enjoyment of cocktails! The content is comprehensive, the readability is strong, and there is a mix of dishes and wines. It is a good teaching material for bars, beverage shops, restaurants and other professionals to learn about cocktail making.



## 创意腌泡料理

Creative Fruit Cocktail

开本: 170mm × 240mm  
ISBN 978-7-5184-1937-1  
出版时间: 2018.10  
作者: 日本旭屋出版 主编  
何思议 译

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1937-1  
Publish Date: June, 2018  
Author: Maya · Barakaat Nuuk  
(Franch)

本书介绍了83款极富创意的酒饮配方, 包括鸡尾酒、利口酒、甜酒、果酒以及水果糖浆、无酒精鸡尾酒以及果汁等饮料。食材、装饰、工具介绍详尽, 制作步骤清晰易懂, 各种调制小贴士让制作更加简便。无论是餐后小酌, 还是朋友聚会, 相信您都能在本书中找到适合的美酒饮品。

- ▶ This book introduces 83 creative beverage recipes, including cocktails, liqueurs, liqueurs, fruit wines, and fruit syrups, non-alcoholic cocktails, and juices. Ingredients, decorations and tools are introduced in detail. The production steps are clear and easy to understand. Various modulation tips make production easier. Whether it is a drink after dinner or a party with friends, I believe that you can find suitable wine drinks in this book.



## 创意腌泡汁料理

Creative Marinade Cuisine

开本: 185mm × 260mm  
出版时间: 2018.8  
作者: (日) 株式会社旭屋  
出版 著何思怡 译

Book Size: 185mm × 260mm  
Publish Date: August, 2018  
Author: Asahiya (Japan)

腌泡料理技巧大全! 巧用腌泡汁, 大菜轻松做。

介绍91款最新的腌泡汁制作的日式料理, 分为蔬菜、菌菇、鱼类、肉类等章节, 是专业人员学习创新菜品的参考书。

- ▶ Marinated cooking tips! Clever marinade, easy to do with big dishes.
- ▶ Introducing 91 Japanese cuisines made with the latest marinade, divided into sections such as vegetables, mushrooms, fish, and meat. It is a reference book for professionals learning innovative dishes.



## 浓情巧克力

Chocolate

开本: 195mm × 235mm  
ISBN: 978-7-5184-1924-1  
出版时间: 2018.7  
作者: Dom Ramsey 著  
张新奇 译

Book Size: 195mm × 235mm  
ISBN: 978-7-5184-1924-1  
Publish Date: July, 2018  
Author: Dom Ramsey  
Zhang Xinqi (the translator)

本书从巧克力简介、理解、探索、选择、品鉴、制作和享受七方面全方位深入介绍巧克力，追踪从可可豆到巧克力的奇妙转变，探索巧克力生产国家，学习如何鉴赏巧克力的风味组合，跟随全书30种配方在家制作属于自己的巧克力。

本书内容全面，图片及装帧精美，可为巧克力百科，适合对巧克力文化感兴趣的大众读者。

- ▶ This book makes an all-round introduction of chocolate from brief introduction, understanding, exploring, choosing, tasting, making and enjoying of it. It traces the wonderful transformation from cocoa bean to chocolate, explores chocolate producing countries and learns how to appreciate the flavor combination of chocolate. You can make your own chocolate at home according to the 30 recipes in this book.
- ▶ Objective Readers:
- ▶ The book has comprehensive content with delicately-bound pictures. It is a chocolate encyclopedia and is suitable for those readers who are interested in chocolate culture.



## 婚礼蛋糕

Wedding Cake

开本: 210mm × 285mm  
ISBN: 978-7-5184-1886-2  
出版时间: 2018.6  
作者: Csaba dalla Zorza, Margo Schachter 著 孙晓丹 译

Book Size: 210mm × 285mm  
ISBN: 978-7-5184-1886-2  
Publish Date: June, 2018  
Author: Csaba dalla Zorza, Margo Schachter Sun Xiaodan (the translator)

本书给出了55款婚礼蛋糕设计，按不同的主题和季节分类，总有一款适合你。不管是婚礼设定在别墅，还是古堡，经典，还是奢华，好莱坞风格还是乡村，开放场地还是私密浪漫，在城市还是海滨，婚礼蛋糕都给你最时尚，最梦幻的设计。

本书每个蛋糕的主题风格对应一位具有代表性的社会名人，创意新颖，内容唯美浪漫，可供烘焙专业人员参考，也可供有婚礼蛋糕需求的人群借鉴欣赏。

- ▶ This book provides 55 designs of wedding cake. There is always one suitable for you no matter what theme and season is. The most fashionable and dreamlike designs will be showed in this book no matter that the wedding is in a villa or a castle, is classic or luxury, is Hollywood style or village style, is in an open venue or a private one, is in city or on the seashore.
- ▶ Objective Readers:
- ▶ Every theme of cake in this book corresponds to a representative social celebrity, which is innovative, beautiful and romantic. It is a reference book for the baking professionals, and also can help those people who need a wedding cake.





## 花艺设计

Floral Design

开本: 170mm×240mm  
ISBN 978-7-5184-1918-0  
出版时间: 2018.6  
作者: (日) 赫尔缇南·久美 著 李汝敏 译

Book Size: 170mm×240mm  
ISBN: 978-7-5184-1918-0  
Publish Date: June, 2018  
Author: Hertti · Hisami (Japan)

本书指导花艺爱好者从大自然中汲取灵感，尊重植物原貌，并还原植物本来状态来进行花艺设计。以四季为章节，每一章都由浅入深地详细讲解了花艺作品的制作过程，还介绍了花材的选择、保鲜、花艺工具的使用技巧和花器搭配等诀窍。

► This book guides flower lovers to draw inspiration from nature, respect the original appearance of the plant, and restore the original state of the plant for floral design. Taking the four seasons as chapters, each chapter explains the production process of the floral works in detail from shallow to deep. It also introduces the selection of flower materials, preservation, the use of flower tools, and the use of flower tools.



## 四季花艺

Floral in Four Seasons

开本: 170mm×240mm  
ISBN 978-7-5184-1905-0  
出版时间: 2018.6  
作者: (日) 相泽纪子 著 张洋 译

Book Size: 170mm×240mm  
ISBN: 978-7-5184-1905-0  
Publish Date: June, 2018  
Author: Aizawa Kiko (Japan)

如果你用心看了这本书，又付诸实践，那么接下来的生活将四季如花。原先紧张而单调的生活也会因此放慢脚步，并充满丰富的色彩和永久的活力。

本书主要收录了花环、壁饰、花束设计和发饰四类花艺设计，并根据四季的色调来选择花材，从而让花与居室环境更加协调。作品主要使用永生花、干花和人造花来进行设计。每种类型的作品都有详细的文字制作步骤，步骤图更是一目了然，让初学者也可以大胆尝试。

► If you read the book with your heart and put it into practice, then the next life will be a season. The original tense and monotonous life will also slow down and be full of rich colors and permanent vitality.

► This book mainly includes garland, wall decoration, bouquet design and hair accessories four kinds of floral design, and according to the color of the four seasons to select the flowers, so that the flowers and the living environment more coordinated. The works are mainly designed using eternal flowers, dried owers and artificial flowers. Each type of work has detailed text production steps, and the step-by-step diagram is clear enough for beginners to try boldly.

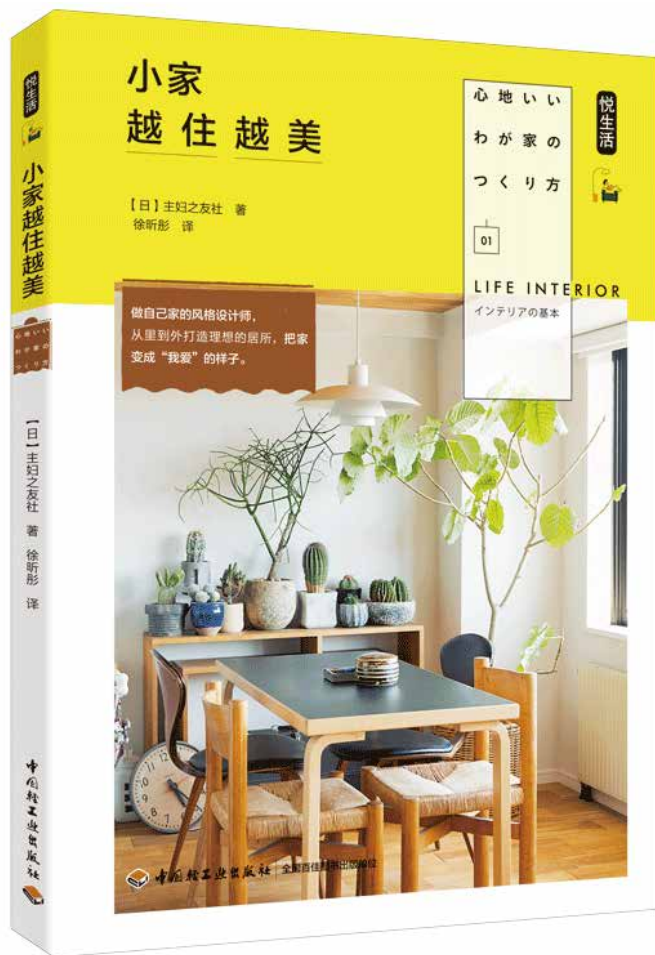


## 小家越住越美

Life Interior

开本: 170mm × 240mm  
ISBN 978-7-5184-1974-6  
出版时间: 2018.7  
作者: (日) 主妇之友社  
社子 著 徐昕彤 译

Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1974-6  
Publish Date: July, 2018  
Author: Xu Xintong (the translator)



### 家就应该是我爱的样子!

倚在客厅的沙发上看书，趴在被窝里赖床，在厨房里准备晚饭，在餐桌旁放松地坐下来，我们都希望，抬起头的时候，看到的是自己喜欢的东西，被它们包围着，就有了满满的安全感。

找到自己的所爱，再把对生活的爱在家中实现，是一件多么幸福的事!

本书不仅给你艺术的灵感启发，还带你避开家装的种种雷区，更为你呈现历代设计大师的经典作品，升级你的家装知识体系，让你的家越住越美。

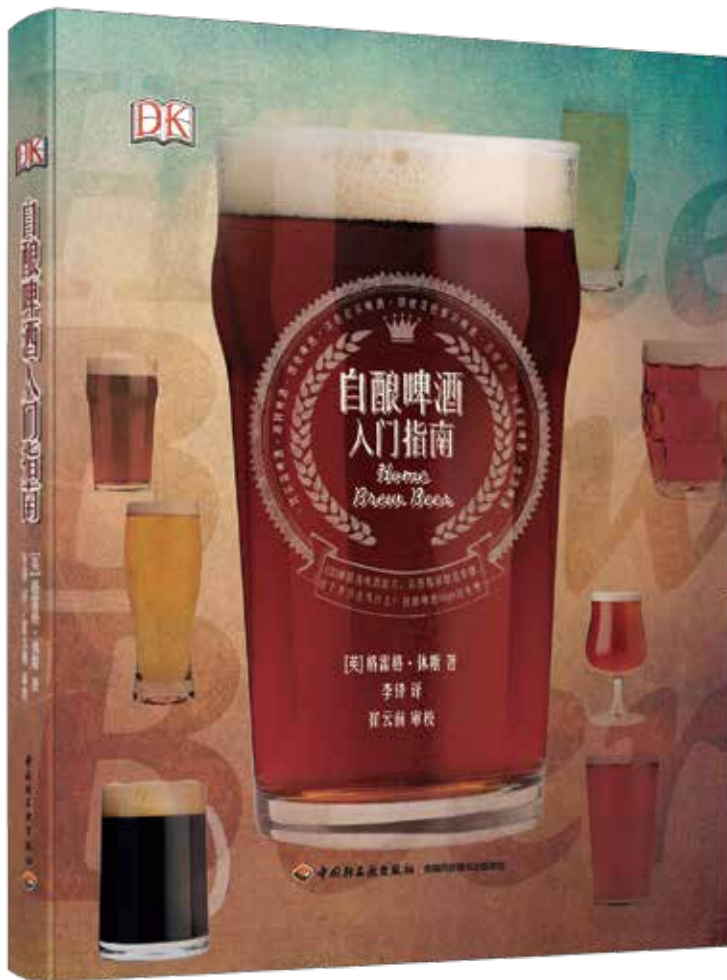
- › Home should be my love!
- › Leaning on the couch in the living room, reading, lying in bed, sleeping in the kitchen, preparing dinner in the kitchen, sitting down at the table, we all hope that when we look up, we see what we like and are surrounded by them. There is a sense of security.
- › Finding what you love, and then realizing the love of life at home, is a blessing!
- › This book not only inspired you with the inspiration of art, but also took you away from the various minefields of home improvement, and presented you with the classic works of ancient design masters, upgrading your knowledge system of home improvement, and making your home live better.

## 自酿啤酒入门指南

Home Brew Beers

开本: 195mm × 235mm  
ISBN: 978-7-5184-0302-8  
出版时间: 2016.8  
作者: [英]格雷格·休斯 著  
李锋 译

Book Size: 195mm × 235mm  
ISBN: 978-7-5184-0302-8  
Publish Date: June, 2018  
Author: Greg Hughes (British)  
Li Feng (the translator)



本书帮助你探究如何酿制各式各样美味的爱尔啤酒、拉格啤酒和小麦啤酒，同时也网罗了众多解渴的药草、香料啤酒和果蔬啤酒。本书收集了百种来自全球的啤酒酿制配方，包含酿制小提示和整版的成品照片。不论你是入门新手还是自酿爱好者，本书都会通过逐步详解图说明酿制各阶段的具体操作方法。书中的每种配方均适合全麦芽酿造法，其中许多配方还有麦芽膏酿造的版本。本书对酿制所需的设备和原料进行全面细致的介绍，读者可以依次精心准备，以酿制出完美的啤酒。

This book helps you to explore how to make a wide variety of delicious Ale, Lager and wheat beers. It also includes some herbs and spice beers which can quench thirst and fruit and vegetable beers. This book collects hundreds of kinds of beer brewing recipes around the world, including brewing tips and full page pictures of finished beers. Whether you are a beginner or a home-brewed enthusiast, this book will tell you the specific operations step-by-step through detail instructions. Each formula in the book is suitable for whole malt brewing, many of which also have versions for malt extract brewing. This book provides a comprehensive and detailed introduction of the equipment and raw materials of brewing, so that readers can make careful preparation to make perfect beers.

## 自酿啤酒完全指南

Let's Brew

开本: 195mm × 235mm  
ISBN: 978-7-5184-1624-0  
出版时间: 2017.12  
作者: 宋培弘 著

Book Size: 195mm × 235mm  
ISBN: 978-7-5184-1624-0  
Publish Date: December, 2017  
Author: Song Peihong (the Editor)

本书深入解说四大酿酒原料和特殊香料, 掌握配方开发的基础知识; 令读者认识各国经典酒款, 学会品味啤酒的方法与味道; 此外还包括当地酿酒器材选购与DIY, 使您酿酒不用花大钱; 解析新手酿酒常见问题, 降低失败率; 最后还将14款私藏配方比例完全公开。

- ▶ This book provides an profound explanation of the four major materials and special spices for brewing and can help you acquire the basic knowledge of recipes. It can help readers to know the classic wines in different countries and the taste and methods of tasting beers. In addition, it also concludes local stores for brewing equipment and DIY, so that you can avoid costing a lot of money. It analyzes the common problems of novices' and help them reduce the failure rate. And it shares 14 private recipes of brewing.



## 自酿葡萄酒入门指南

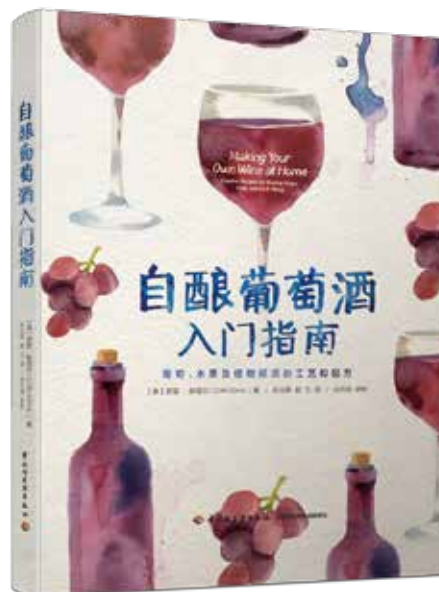
Homemade Wines

开本: 195mm × 235mm  
ISBN: 978-7-5184-1530-4  
出版时间: 2017.9  
作者: (美) 罗里·斯塔尔 著  
孙立新 赵兰 译

Book Size: 195mm × 235mm  
ISBN: 978-7-5184-1530-4  
Publish Date: September, 2017  
Author: Rory starr(American) Sun  
Lixin, Zhao Lan(the translator)

本书的主要内容包括酿酒前的准备工作, 包括设备、原料、技术、装瓶、存储和标签的准备和制作; 酿酒的步骤, 包括酿酒套装酿酒和浓缩液酿酒; 葡萄、水果和植物酿酒的工艺和配方包括葡萄酒、杏仁酒、苹果酒等; 以及如何享受美酒。

- ▶ This book concludes the preparations before brewing, including the preparation of equipment, raw materials, technology, bottles, storage and labels, the making steps, including suit wainemaking and concentrated winemaking, and the technique and recipes of grape, fruit, and plant winemaking, including wines, almonds and cider and how to enjoy the wines.





## ● 葡萄酒品鉴课堂

○ Wine Tasting Course

○ 开本: 195mm × 235mm  
ISBN: 978-7-5184-1145-0  
出版时间: 2017.4  
作者: (英) 马尼·奥尔德 著  
孙霄祎 译

○ Book Size: 195mm × 235mm  
ISBN: 978-7-5184-1145-0  
Publish Date: April. 2017  
Author: Manny Old Sun Xiaoyi (the translator)

● 本书从最基础的品酒方式到如何欣赏葡萄酒、判断葡萄酒、选择葡萄酒,以作者身为多年侍酒师的经验深入浅出、图文并茂地向读者介绍这一过程,适合喜爱葡萄酒的初级消费者,也适合帮助有一定经验的爱好者梳理知识,去更好地认识葡萄酒。

▶ According to the author's years of experience as a sommelier, this book introduces the process from the most basic wine tasting methods to how to appreciate, judge and select wines with abundant illustrations. It is suitable for primary consumers who like wine and can help wine lovers with some experience to tease out their knowledge to better understand wine.



## ● 鸡尾酒——调酒的艺术

○ Cocktails-the Art of Mixing Perfect Drinks

○ 开本: 195mm × 235mm  
ISBN: 978-7-5184-1406-2  
出版时间: 2017.9  
作者: (德) 克劳斯·圣·莱纳 著 田芙蓉 译

○ Book Size: 195mm × 235mm  
ISBN: 978-7-5184-1406-2  
Publish Date: September. 2017  
Author: Klaus st. Lerner (German) Tian Furong (the translator)

● 鸡尾酒分为三章。在第一和第二章中,您将学习到在几乎没有调酒经验的情况下如何制作鸡尾酒。在第三章中,您可以学习如何自由地在特殊的场合和重要的聚会中调制鸡尾酒,当然你应该需要一些现场实践的练习。在附录中,你可以根据你的心情或所处的场合找到完美的饮品。

▶ The book is divided into three chapters. In the first and second chapters, you will learn how to make cocktails without any experience. In the third chapter, you can learn how to make cocktails on special occasions and in important gatherings easily. Of course, you need practice. In the appendix, you can find the perfect drinks based on your mood or occasion.



## ● 不一样的折纸

○ A Different Origami

○ 开本: 210mm × 230mm  
ISBN: 978-7-5184-1697-4  
出版时间: 2018.1  
作者: 法国嘉人图书编辑部 编  
译者 崔敏 译

○ Book Size: 210mm × 230mm  
ISBN: 978-7-5184-1697-4  
Publish Date: January, 2018  
Author: Marie Claire Book Editorial  
Department

● 《不一样的折纸》融合了精细裁切和折纸的纸艺技巧,介绍了近50款实用时尚的立体折纸,包括各种贺卡、餐桌装饰摆件、节日装饰物件等。这些兼具美观和实用的纸艺作品一定会让你的朋友感到惊艳!

▶ This book combines fine cutting and origami techniques. It introduces nearly 50 kinds of practical and fashionable three-dimensional origami. These beautiful and practical paper works will surely surprise your friends.



## ● 折纸花创意设计

○ Creative Design of Origami Flower

○ 开本: 185mm × 260mm  
ISBN: 978-7-5184-1330-0  
出版时间: 2018.1  
作者: 一般社団法人日本纸艺  
协会 主编 梁铁丽 译

○ Book Size: 185mm × 260mm  
ISBN: 978-7-5184-1330-0  
Publish Date: January, 2018  
Author: Japanese Paper Art Association

● 《折纸花创意设计》不仅介绍了30款创意折纸花,还介绍了如何用纸胶带及彩色铅笔制作美丽的纸艺作品。告诉你如何用衍纸制作多肉植物以及甜点,如何利用提供的纸样、滴胶和热缩片制作花朵,如何用随手可得的纸张装饰居家环境、打造温馨瞬间、传达更动人的情感

▶ This book not only introduces 30 kinds of creative origami flowers, but also introduces how to make beautiful paper art works with paper tape and colourful pencils. This book will tell you how to make flowers by using the patterns and glue and how to decorate your home environment with readily available paper to convey a more touching feeling.





## ● 陆龟喂养指南

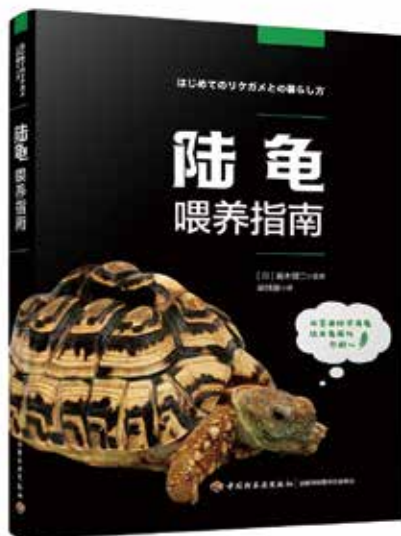
○ Tortoise Feeding Guidance

○ 开本: 145mm × 210mm  
ISBN 978-7-5184-1332-4  
出版时间: 2018.4  
作者: [日]黄木锭二 监修  
梁铁丽 译

○ Book Size: 145mm × 210mm  
ISBN: 978-7-5184-1332-4  
Publish Date: April, 2018  
Author: Liang Tieli (the translator)

● 本书主要介绍了容易上手的几种陆龟的特性、喂养环境、养龟前的准备工作、宠物龟生病的看护、宠物龟的日常活动及四季喂养指南。全书内容实用，图文并茂，零基础学养龟。

- ▶ This book mainly introduces the characteristics of several kinds of tortoise that are easy to feed, the environment for raising them, and the preparations before having turtles, the care of sick tortoise, the pet tortoise daily activities and the guidance of feeding in four seasons. This book is practical, rich in graphic literature and a good choice for beginners.



## ● 不一样的饮品 茶饮调酒咖啡蔬果汁

○ A Different Drink Tea, Mixed Drink, Coffee, Vegetable and Fruit Juice

○ 开本: 170mm × 240mm  
ISBN 978-7-5184-1866-4  
出版时间: 2018.5  
作者: 花祥育 编著

○ Book Size: 170mm × 240mm  
ISBN: 978-7-5184-1866-4  
Publish Date: May, 2018  
Author: Hua Xiangyu

● 职业饮品师教你自制146款不一样的饮品和轻食。茶饮、蔬果汁、咖啡、冰沙、调酒、多款糖浆、风味冰块，与简易轻食巧妙搭配成正餐，玩出丰富美味与多彩人生。

- ▶ Professional drink maker teaches you how to make 146 different drinks and light food. Tea, fruit and vegetable juice, coffee, flavored ice and light food are served as meals to play a rich and delicious life.



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